



FESTIVAL AT MT SI
SCHEDULE INSIDE

REGISTRATION
OPENS AUG 9

HARVEST FESTIVAL
OCTOBER 26

HOLIDAY BAZAAR
DECEMBER 7



SI VIEW METRO PARKS

ACTIVITY GUIDE

FALL 2024



WWW.SIVIEWPARK.ORG



WHAT HAPPENS EARLY IN LIFE MATTERS.

Early Learning, Pediatric Therapy, and Family Enrichment Programs to help your family *thrive*.

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SI VIEW HARVEST FESTIVAL

SAT, OCT 26

Perfect for Pre K & Elem ages

Pumpkin Decorating Contest

CARNIVAL PUMPKIN ACTIVITIES, HAUNTED HOUSE, PETTING ZOO & MORE!

PUBLIC SKATING

JOIN US FOR ICE SKATING FUN!

Public skating is designated times at our rinks that are open to the general public. During these sessions, individuals of varying skill levels and ages can access the ice for recreational skating.

TO VIEW SCHEDULES AND REGISTER GO TO: WWW.SNOINGICEARENAS.COM

SPECIAL EVENT SKATES

- OCT 5TH** **TEACHERS APPRECIATION DAY**
TEACHERS RECEIVE FREE ADMISSION AND SKATE RENTAL *ID REQUIRED
- NOV 11TH** **VETERANS DAY**
VETERANS RECEIVE FREE ADMISSION AND SKATE RENTAL *ID REQUIRED
- OCT 26TH, 27TH & 31ST** **HALLOWEEN SKATES**
WEAR A COSTUME AND RECEIVE FREE ADMISSION & SKATE RENTAL
- DEC 1ST-JAN 1ST** **HOLIDAY ICE SKATING**
FUN FOR THE WHOLE FAMILY

CELEBRATE WITH US!

BOOK AN ICE SKATING PARTY

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WELCOME

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ABOUT US

Si View Metro Parks strives to enhance the quality of life for residents in Snoqualmie Valley through recreation programs and parks. With an extensive array of activities and seasonal community events, the District connects with residents of all ages and abilities. Our main campus is located at Si View Park, in the heart of North Bend. With grand views of Mount Si, a historic Community Center, indoor pool, multiuse sports fields, picnic shelter and playgrounds, it is the only such regional recreational facility serving as the social, cultural and educational hub in the community. Through partnerships and cooperative arrangements, Si View Metro Parks actively manages, operates and schedules nearly 900 acres of parkland in the upper Snoqualmie Valley. In all, this system of parks, programs and trails supports a range of active and passive recreation experiences.

A five-member Board of Commissioners govern the Si View Metropolitan Park District serving as the legislative body responsible for adopting the annual budget and developing goals, policies and regulations which guide the District's future.

2024 BOARD OF COMMISSIONERS:

Mark Joselyn, Susan Kelly, Katie Klahn, Tim Noonan, Bud Raisio.



BOARD MEETINGS

The Park Commission holds regular meetings on the first and third Wednesday of each month at 5:00PM unless otherwise posted. Meetings are hosted in a hybrid format using Microsoft Teams platform. If you have suggestions or would like to observe how the Park District operates, we encourage your attendance. Meetings are held at the Si View Park North Annex, 219 E Park Street in North Bend. Board agendas, meeting links and minutes are posted on our website.

COVER PHOTO: Jack Lambert

PHOTOS WELCOME!

Do you have a favorite photo from a District program or a local park? We welcome submittals from our community for consideration in future publications. For more information, email mrudd@siviewpark.org.

PHOTO POLICY

The Si View Metropolitan Park District reserves the right to photograph or videotape participants in Park District programs, facilities or parks for the District's promotional materials.

BROCHURE CHANGES/ERRORS

Due to the large amount of information available in the Activity Guide, errors and changes after publication may occur. We apologize for any errors in this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding when these situations arise. Please visit our website www.siviewpark.org for program updates.

Dear Si View Community,

Parks and recreation services are essential to thriving communities. As your local parks and recreation agency, we are committed to enhancing the quality of life for residents, supporting the health of families and youth, and contributing to the economic and environmental health of our valley community.

We encourage you to explore our recreation activity options. Whether a one-time workshop, swim lessons or an ongoing skill building class, our programs build community, get you connected with neighbors and develop new friendships. We take great pride in our programs and strive to provide a variety of experiences for all ages and interests. With input from the community and stakeholders we developed a Recreation Program Plan to define strategies, services, and direction for public recreation programming to meet the needs of the growing community and advance the district's mission.

Our current workplan priorities include improving local trail connectivity, strategic acquisition of green spaces for parks, and activating current park spaces to provide more options and amenities for residents. As our community grows, trail connectivity between neighborhoods, parks and green spaces ensures residents have safe access to their favorite play spaces and points of interest. Our efforts in both building a comprehensive trail network that links greenspaces and preserving open spaces for parks is ongoing and strategic. It's a little bit like building a puzzle, where some pieces fit right away while others require more effort and a lot more time to complete. While the process may be slow, the rewards can be enjoyed by residents for years to come.

Additional focus as an organization will be updating our PROS Plan (Parks, Recreation and Open Space Plan). This is a 6-10 year comprehensive plan that provides the vision and framework for the district to prioritize our work to meet the future recreation needs of our community. We encourage all community members to participate in the process by providing input through a variety of engagement methods throughout the development of the plan. Community involvement and feedback is extremely important as it helps guide the district in allocating public resources.

What about the pool? Discussions around the need for a new pool are continuing. Ultimately, we need to ensure that we deliver a facility that meets the needs of the community and is built for the community. Si View Metro Parks has been, and will continue to be, an endeavor guided by community input. We value your trust and will continually strive to earn it by acting in ways that are fiscally responsible and sustainable. Thank you for your foresight and for supporting your Park District.

Sincerely,

Travis Stombaugh,
Executive Director



REGISTRATION

KEY DATES

Fall activity registration for most activities opens **Friday August 9th**. Early registration is recommended as many popular programs fill quickly.

PAYMENTS

Pre-registration is required for all District programs that are not considered a drop-in activity. Unless otherwise noted, full payment is due at the time of registration, or when checking in for a drop-in activity. Payment plans for programs and activities can be provided upon request. All major credit cards are accepted. Make checks payable to Si View MPD. Si View Gift Cards are accepted online or in person.

RESIDENT AND NON-RESIDENT FEES

Si View Metro Parks welcomes all Snoqualmie Valley area residents to participate in offered programs. Residents living within the boundaries of the Park District directly support the operations of District programs and services through property taxes. The tiered resident/non-resident fee structure provides equitable contribution towards District operations by all patrons. Fees listed as **R** apply to those who reside within the boundaries of the Park District. Rates listed as **NR** apply to anyone residing outside Park District boundaries. District boundary map is available in the Registration section of our website.

PRIORITY REGISTRATION

Si View Swim Lesson programs allow priority registration to District residents during three annual *open enrollment* periods before registration opens to the public. Separately, Si View Swim Lesson program *priority enrollment* sessions allow advance registration to families currently enrolled in those programs before registration opens to the public. Si View school year care program allows priority registration for currently enrolled families before registration opens to the public. See program listings for more information.

DEPOSITS

Specific programs such as full day Si View summer camps and the Si View Before & After School Care program allow the payment of a deposit at the time of registration in lieu of full season payment to hold a space for the duration of the season. Deposits are non-transferrable and non-refundable unless the program is cancelled due to low enrollment.

WITHDRAWALS/TRANSFERS

Withdrawals requested 5 or more business days prior to the first class are subject to a \$10 administrative fee. Withdrawals requested less than 5 business days prior to the first class receive a 50% refund. No refunds are issued after the first day of class. Transfers must be requested at least 5 days before the first day of class and will be granted on a space available basis. Full refunds are issued for classes cancelled due to low enrollment. If a program is cancelled mid-session, a prorated refund will be issued.

WAITLISTS

When a student is interested in registering for a class that has been filled, they can be placed on a waitlist. This does not guarantee enrollment for the student, but individuals will be contacted if space becomes available.

SCHOLARSHIPS

Scholarships are available for youth and people with disabilities. Please be prepared to provide proof of residency in Snoqualmie Valley School District and income verification. Scholarship discounts vary from 25 to 75% and are based on District resident prices. Contact us for more information and an application form. The forms are also available on our website.

OUR TEAM



ADMINISTRATION

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Scott Loos, Finance & HR Manager
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CONTACT US

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Physical Address:

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 North Bend, WA 98045

Phone: 425-831-1900

Fax: 425-831-1442

Email: info@siviewpark.org

Web: www.siviewpark.org

Office Hours:

9:00AM-5:00PM, Mon-Fri

FOLLOW US!



HOW TO REGISTER

ONLINE

24/7 with any major credit card or Si View gift card at www.siviewpark.org

PHONE

Monday-Friday 9:00AM-5:00PM with any major credit card or Si View Gift Card at 425-831-1900

WALK IN

In-person service is available in our administrative office Monday-Friday 9:00AM-5:00PM. The office is located at 400 SE Orchard Drive in North Bend.

SI VIEW GIFT CARDS

Give the gift of recreation! Purchase one online or from our office, for any amount of \$20 or more. Gift cards can be redeemed for all our programs but are not redeemable for cash.

PARK AND FACILITY RENTALS

RESERVATION FORMS AVAILABLE ONLINE

SI VIEW COMMUNITY CENTER



Book your private event at our centrally located activity hub! Whether you are planning an event or a business meeting our welcoming lobby, ample onsite parking, wi-fi access, AV equipment, tables/chairs, catering kitchen, and convenient location make Si View an ideal venue for your next event.

- Gymnasium capacity 250
- Social room capacity 49
- Classroom capacity 29
- Full center capacity 375

SI VIEW POOL



Have a splashing good time with your friends at the Si View Pool. The pool is available to reserve on Saturday and Sunday afternoons, and we provide toys, life jackets and supervision. Looking to host a party? We offer the pool party package that includes an hour in the community center after swimming.

- Pool capacity 60 swimmers

TOLLGATE FARMHOUSE



The historic Farmhouse with Mount Si as the backdrop has been fully restored and provides an intimate setting for small meetings, celebrations and events. The open floor plan includes a meeting room with flexible seating and a kitchen.

- Farmhouse capacity 24

MEADOWBROOK FARM



The Interpretive Center and adjacent field spaces at Meadowbrook Farm provide the perfect venue for weddings, retreats, banquets, and other gatherings. Take advantage of the spectacular views of Mount Si and the serenity of Snoqualmie Valley. Call us for a personal tour!

- Center capacity 125

NORTH BEND TRAIN DEPOT



The Train Depot is the ideal place for your next meeting or workshop. Centrally located in the heart of North Bend, the depot offers a meeting space, restrooms, and outside picnic area. Inquire about our nonprofit rates.

- Depot capacity 55

SOUTH FORK LANDING



South Fork Landing boasts large open spaces great for an outdoor retreat, family reunion or corporate party. The park's unique feature is the 18-hole disc golf course, reservable for tournaments or private use. Plan your next visit soon!

PICNIC SHELTER RENTALS

Looking for the perfect outdoor gathering spot? Reserve one of the picnic areas at Si View, Torguson or Tollgate Farm Park! Shelters at Si View and Torguson are covered, so you can host events rain or shine. Enjoy exclusive park space next to our playground areas and field spaces. We now offer hourly rates!

SI VIEW PARK



Are you looking to host an outdoor gathering or a sporting event? Si View Park has it all. The covered picnic shelter, and sport fields are available to reserve for your next party, practice, or game. The park also has nearby restrooms, an outdoor basketball/pickleball court and onsite parking.

TOLLGATE FARM PARK



Enjoy the natural grass fields and picnic area at Tollgate Farm Park. With fantastic views of Mount Si, playground and gravel trails connecting visitors to the farmstead area, this park offers a great setting for birthday parties and other celebrations. The natural grass fields can accommodate youth and adult cricket, or two full size soccer fields.

TORGUSON PARK



Torguson Park offers many onsite resources including ballfields, a soccer field, a skate park, pump track, climbing wall and picnic shelter. Whether it's a birthday party or sporting event, Torguson is your venue. Onsite parking for 190 vehicles.

SI VIEW NEWS

As you'll notice through the activity guide, there are many recreation programs and activities for the community to enjoy. We also continue to work on enhancing recreation facilities and amenities throughout the District. Read on for the latest news from several park projects, and check page 25 for information about Si View Pool. You can get all the latest news and updates delivered to your inbox by subscribing to Si View E-news. A sign-up form is available on our website. If you follow social media, please connect with us on Facebook, Instagram and NextDoor platforms.

RIDING CLUB GIFTS LAND FOR A FUTURE PARK

The District recently accepted a land donation from Snoqualmie Valley Riding Club. This generous gift to our community preserves a seven-acre parcel on the southside of I-90 near exit 31 in North Bend for a future community park. The donated parcel is a most welcome addition to the community's open space inventory and will enhance recreation options and access to parks for generations to come in an area of the district that has been identified as a park desert, lacking public access to developed park spaces. The site was previously used for equestrian activities and events and houses an outdoor riding arena and a clubhouse. Currently, the District is developing a timeline to complete general maintenance tasks before allowing public access to the site as the facilities have a few years of deferred maintenance. As part of the donation agreement, the site will continue to be community-focused, providing a space for recreation and educational programs, and serve as a multi-purpose facility for the local community. When the park is developed, interpretive signage will be installed to commemorate the Snoqualmie Valley Riding Club's rich history and their generous gift to the community. The District plans to begin the master planning process in 2025.



TENNANT TRAILHEAD PARK OPENS

In late April, the community and project partners celebrated the opening of Tennant Trailhead Park. Years in the making, this park has quickly become a favorite among riders from all around the region. The trail system is open to non-motorized users. The trails are closed to equestrian use. Some trails are directional to separate uphill and downhill travel, and some trails are designated 'hiker only' or 'biker only' to avoid user conflict, please adhere to all safety signs. Ride your bike with care, feel and respect the land, stay on trails, taste the wind as you descend, feel light in the air as you jump and play, let the trail animals inspire you to do your best and learn, and come back to help maintain these trails to take care of these public lands.



TOLLGATE FARMHOUSE KITCHEN

The main floor of the historic Tollgate Farmhouse has been beautifully restored for community use. With Mount Si as the backdrop and an open floor plan, it provides an intimate setting for small meetings, celebrations and events. The air-conditioned space can accommodate up to 24 guests, with seating for 18. The Farmhouse is accessed off Bendigo Boulevard by the Tollgate Barn with a parking area for 14 vehicles, shared with the adjacent Barn operations. The Tollgate Farm Park property owned by City of North Bend and managed by Si View Metro Parks, offers an array of recreational experiences to all visitors from scenic walking trails to playground, picnic areas, agricultural programs, and open fields for sports. For information about Tollgate Farm Park rentals, please see the Rentals section of our website.



SOUTH FORK LANDING PLANS

With grant funding support from the King County Parks Levy Grant program, a phased implementation of the South Fork Landing master plan launched in June. In this phase, comprehensive field studies will guide the preliminary project designs, and within available budget, prepare plans for future construction in phases. Proposed amenities include a large adventure playground, a compact gravel 4-mile trail system within the park, and a new entrance and parking area off 436th Avenue SE. You can view South Fork Landing master plan on our website.

ADMINISTRATION OFFICE CONSTRUCTION

Si View administration team has outgrown the space in the caretaker's cottage that has served as the District office for 21 years. Moving the administration office to a property across the street from Si View Park, between Orchard Drive SE and Cedar Falls Way, will make way for expanded future programming space adjacent to the community center. This project is entering the construction phase with completion in 2025.

Si View Metropolitan Park District

Plan for Future Recreation Needs

What do you love about our local parks and programs?
What is missing from our park and recreation system?
What are some opportunities for enhancing services?

Parks, Recreation and Open Space Plan (PROS Plan) is a 6–10-year strategic plan that provides the vision and framework for Si View Metro Parks to prioritize our work to meet the future recreation needs of our community. This year, we are in the process of updating the plan and encourage all community members to participate in the process by providing input through a variety of engagement methods.

Visit our website to stay engaged and provide input.
 Together we can map the best path forward!

PARKS AND TRAILS

Snoqualmie Valley has exceptional parks, recreation facilities and a connected network of multi-use trails. Si View Metro Parks is one of several agencies developing and maintaining these local park spaces in partnership with the community. Through cooperative agreements, Si View Metro Parks actively manages over 900 acres of parklands, and several community buildings.

The district actively works with the community to improve quality of life for residents by investing in park infrastructure. These improvements continue to enhance area recreation programs and parks and ensure facilities will be here for future generations.

SI VIEW PARK

400 SE Orchard Drive, North Bend

Si View Park, the home of Si View Community Center and Pool, is located in the heart of town with easy access from I-90 and bus lines, and with a picturesque backdrop of Mount Si. Parking access is from SE Orchard Drive. The park features a full-size outdoor basketball court that is also lined for pickleball, a picnic shelter, "Big Rock" playground and "Zip Line" playground, restrooms, concession stand, drinking fountains, parking plaza and a half-mile paved trail around the park. The park's multiuse sports fields consist of a baseball field with a 90' baseline and two grass youth soccer fields.



from East North Bend Way with 190 parking stalls in the main plaza.

The sports complex includes five baseball fields and a soccer field, restrooms, concessions building and a central plaza. A 35,000 square foot pump track located on the southwest side of the park, is an all-ages, all-abilities track, with features that both advanced and novice riders can enjoy together. A separate striders track offers a safe environment for young children who are still learning how to ride where parents can walk along and help. For the safety of all riders at the pump track, e-bikes are not allowed. The lights are operational from dusk to 8PM Sunday-Thursday and dusk-9PM Friday-Saturday.

The skateboard facility has gone through a major renovation that nearly doubled the footprint. The upgraded skate park includes exciting elements for all skill levels as well as a central gathering area. Nearby is another unique amenity, a 31-foot-tall climbing wall that includes some overhang areas and an arch. There are eight climbing routes of varied difficulty levels.

potential for both active and passive recreation uses. Master plan for this park has been completed and implementation is in progress. Today, the space is open as an informal park for the public to use daily from dawn to dusk and includes an 18-hole public disc golf course and lots of space to enjoy a picnic or a nature walk. A local concessionaire operates Southfork General Store on site, open daily. When visiting the park, parking is available off SE 142nd Street in a signed gravel lot, near the disc golf course. Please be respectful of a neighboring private business on 436th Ave SE where parking is very limited.

MEADOWBROOK FARM PARK

1711 Boalch Avenue, North Bend

Meadowbrook Farm is 460 acres of historic public open space, located within the cities of Snoqualmie and North Bend. Si View Metro Parks manages the site and coordinates the use of the Interpretive Center through a cooperative agreement with the cities. The park offers passive recreational opportunities, including nature appreciation, trails, environmental interpretation, and native habitat protection. The Meadowbrook Farm area is ancestral land and sacred to the Snoqualmie People, please visit respectfully and care for the land, the wildlife and the native plants that live here.



Both paved and soft surface trails are available on site for public use. The paved trail between the Interpretive Center and Centennial Fields is approximately 1.5 miles round trip. The Dike Road loop trail offers access to view Mary Louie Art Installation and connects to the regional Snoqualmie Valley Trail. The Meadow loop trail is seasonal and can be quite muddy in the winter. Meadowbrook Farm is home to an abundance of wildlife. Elk herds use many of the habitats on the site and are often seen grazing on the fields. Early morning and twilight are ideal times to see animals, and for the best viewing pets should stay at home.

TOLLGATE FARM PARK

1300 West North Bend Way, North Bend

Tollgate Farm Park is on a 410-acre historic farm property and open space, owned by the City of North Bend and managed by Si View Metro Parks. The park offers an array of recreational experiences to all visitors from scenic walking trails to a playground, picnic areas, agricultural programs, and open fields for sports. Parking access is from North Bend Way near the playground and Bendigo Boulevard North by the Farmstead area. The gravel trail system in the park includes a 1-mile exterior loop, two smaller loops, and a connection to the regional Snoqualmie Valley Trail. Please always keep pets leashed. Elk are known visitors to this park, you can enjoy wildlife from distance but please don't approach wildlife. The playfields are used for cricket, soccer and open play.

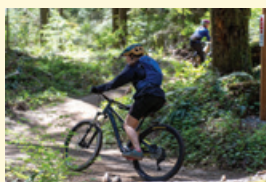


Tollgate Farm Park is a unique community asset where a working farm is part of a community park infrastructure. Farm operations include grazing, pasture raised meats, and agricultural field production with flowers and sustainably grown produce. The farmers offer valuable experimental learning opportunities to our community from family programming and u-pick opportunities to homesteading courses and workshops. Watch for farm equipment near the Barn as this area is in active use.

TENNANT TRAILHEAD PARK

12201 West Ribary Way, North Bend

Tennant Trailhead Park provides a network of family focused mountain biking and hiking trails on a 32-acre site jointly owned by the City of North Bend and Si View Metro Parks. The trails offer a range of experiences from beginner to advanced, and in the future, will connect to Rattlesnake Mountain Scenic Area and Raging River State Forest, with access to more advanced trail experiences. Thanks to a partnership with the Snoqualmie Tribe, park visitors are introduced to tribal history. All trail names are posted in the traditional Lushootseed language. The trailhead kiosk includes a pronunciation guide and an opportunity to learn about the connection tribes have to these ancestral lands.



The 2-mile trail system is open to non-motorized users. The trails are closed to equestrian use. Some trails are directional to separate uphill and downhill travel, and some trails are designated 'hiker only' or 'biker only' to avoid user conflict, please adhere to all safety signs. Ride your bike with care, feel and respect the land, stay on trails, taste the wind as you descend, feel light in the air as you jump and play, let the trail animals inspire you to do your best and learn, and come back to help maintain these trails to take care of these public lands.

CONDUCT IN OUR PARKS

PARK HOURS 7AM UNTIL DUSK DAILY. Exceptions may apply. Please contact us by phone at 425-831-1900 or email info@siviewpark.org for additional information.

PROHIBITED ACTIVITIES IN OUR PARKS:

- Littering or vandalism
- Alcohol possession
- Illegal possession of firearms
- Motor vehicles on park grounds
- Disorderly conduct
- Camping, except where allowed with a special permit
- Smoking or use of electronic cigarettes/vaping devices
- Unleashed animals
- Fireworks

Si View Metro Parks strives to enhance the quality of life for all community residents through facilitation of recreation programs and parks in the Snoqualmie Valley. All park users must adhere to park rules. Failure to comply can result in criminal trespass charges.

TORGUSON PARK

750 East North Bend Way, North Bend

Torguson Park is a 17-acre park owned by the City of North Bend and managed by Si View Metro Parks. This centrally located park offers a wide array of active recreation options as well as a picnic shelter, tot-lot playground, paved fitness trail, and a connection to the regional Snoqualmie Valley Trail. Parking access is



SOUTH FORK LANDING

42990 SE 142nd Street, North Bend

South Fork Landing is a property located on 436th Avenue SE near I-90 exit 32 in North Bend, jointly owned by Si View Metro Parks and the City of North Bend. The site previously housed a golf course and offers tremendous

36-acre open space



SPECIAL EVENTS

FARMERS MARKET & SUMMER CONCERTS

Thursdays at Si View Park

The Farmers market at Si View Park runs weekly on Thursday evenings 4-8PM through Sep 12. Note that Aug 29-Sep 12 market hours are a little earlier, 3:30-7:30PM due to shorter daylight hours. The late summer markets are excellent for stocking up on delicious seasonal produce and specialty products.

See the weekly concert schedule online: www.siviewpark.org/summer-concerts.phtml.

FESTIVAL AT MOUNT SI

Weekend of Aug 10-11 at Si View Park

We look forward to hosting this annual community celebration at Si View Park again this year! Festival at Mount Si is organized by a local nonprofit NBCEA (North Bend Educational and Cultural Association). Learn more at www.festivalatmtsi.org.

See the event schedule in the pull-out.

FOOD TRUCK AT THE PARK

Thursday evenings at Si View Park

Pair your evening walk with a meal from a food truck on Thursdays Sep 19-Oct 17. You can get your meal to go or enjoy it at the picnic tables. This is a great option for busy weeknights, especially during the Fall sports season. Our rotating truck schedule is available at www.siviewpark.org/food-trucks.phtml.

Truck hours are 4-7PM.

FARM FUN DAY

Saturday Sep 21 at Tollgate Farm Park

Join us at Tollgate Barn and Farmhouse for a Saturday morning filled with fall fun and explorations for everyone in your family! Meet our resident farm animals, engage in special activities, and explore what Tollgate has to offer!

Only one registration per family is necessary. Donations are greatly appreciated and can be made online during registration. Your donations directly support the Si View community event series.

30760 Fall Farm Day Age: All
 Location: Tollgate Barn & Farmhouse SA Sep 21
 FREE 10:30AM-1:30PM

HARVEST FESTIVAL

Saturday Oct 26 at Si View

Si View's annual Harvest Festival and Haunted House for pre-k to elementary students is an event not to be missed! Get your tickets early for this community favorite including carnival games, pumpkin decorating, petting zoo, and other fun and engaging seasonal activities! Please register each child for wristband access in one of the three sessions that best fits your schedule. Come dressed in costume and plan for the weather as some outside activities are planned. www.siviewpark.org/harvest-festival.phtml.

Harvest Festival SA Oct 26
 Location: Si View Center 12:00PM-1:15PM
 2 years and Up 1:30PM-2:45PM
 R \$12 | NR \$15 3:00PM-4:15PM

Harvest Festival SA Oct 26
 Location: Si View Center 12:00PM-1:15PM
 Under 2 years 1:30PM-2:45PM
 FREE 3:00PM-4:15PM

PUMPKIN DECORATING CONTEST

At Harvest Festival Oct 26

Get creative and enter our second annual decorating contest! Pumpkin decorating contest has categories for ages 10 and under, or for a family entry. Pumpkins must be brought to Si View Community Center on Friday October 25th and picked up at the conclusion of the Harvest Festival on Saturday October 26th.

Event participants vote for their favorites, and prizes are awarded at the festival. Register your Pumpkin entry by Sun, October 20th.

HARVEST FESTIVAL VOLUNTEERS

This annual celebration geared towards families with pre-K to elementary students is filled with fun activity stations and carnival style games and prizes. Operating all the activities takes dozens of volunteers, and we would love for you to join the fun. Volunteers will be stationed at Si View Community Center, attend a brief event training prior to assignment to an activity station, and spend the afternoon helping event goers have fun. Ages 13+ are welcome to join our volunteer team and community service hours are granted. Contact Jill Rittenhouse for information, jrittenhouse@siviewpark.org

SOMEBUDDY'S SILLY SUITCASE MAGIC SHOW

Friday Nov 15 at Si View

Join Somebuddy for a fun and engaging magic show for kids and parents alike! There will be lots of audience participation, humor, silly tricks and some amazing ones too. Prepare to laugh, cheer and be a volunteer!

Only one registration per family is necessary. Donations are greatly appreciated and can be made online during registration. Your donations directly support the Si View community event series.

Magic Show Age: All
 Location: Si View Center F Nov 15
 FREE 6:30PM-8:00PM



HOLIDAY BAZAAR

Saturday Dec 7 at Si View

Come celebrate the season at our annual Holiday Bazaar featuring a full house of talented artists with locally handmade goods, perfect for gift giving. We will also have live entertainment planned for your enjoyment as you shop around.

Holiday Bazaar Age: All
 Location: Si View Center SA Dec 07
 Free admission 9:00AM-3:00PM

Interested in vendor space at the Si View Holiday Bazaar?

Applications for vendor-made handcrafted items are open August 9-September 13. Learn more and apply at www.siviewpark.org/holiday-bazaar.phtml. Application does not guarantee acceptance.



PRESCHOOL ACTIVITIES

CHILD ONLY CLASSES

LITTLE FLIPS GYMNASTICS



Our preschool classes will help young children learn the basic skills of gymnastics in a fun and playful environment while improving their motor skills. We encourage them to try new things and build on skills they have already learned. Classes are designed to provide young boys and girls with the opportunity to develop basic gymnastic and tumbling ability through exercises focusing on coordination, balance, strength, and fun! Classes get the children running, tumbling, jumping and more!

30614 Little Flips 1 Age: 3-5
 Min: 6 Max: 12 SA Sep 07-Oct 19
 Instructor: Jet's Gymnastics 10:30AM-11:15AM
 Location: Si View Center R: \$224 | NR: \$268.80

30615 Little Flips 2 Age: 3-5
 Min: 6 Max: 12 SA Nov 02-Dec 21
 Instructor: Jet's Gymnastics 10:30AM-11:15AM
 Location: Si View Center R: \$192 | NR: \$230.40



CASCADE FC FUTURES

Cascade FC Futures Program offers young children, the perfect introduction to the world's most popular sport! Our unique games-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability in a fun, motivating, educational environment. All participants are required to wear shin guards. (Shin guards are optional, but encouraged for ages 3-4) Cascade FC is the premier youth soccer club for the Snoqualmie Valley Youth Soccer Association. Come play with us!

30489 Tuesday class Age: 3-5
 Min: 6 Max: 12 T Sep 17-Nov 05
 Instructor: Cascade FC 10:50AM-11:50AM
 Location: Si View Center R: \$220 | NR: \$264

30488 Friday class Age: 3-5
 Min: 6 Max: 12 F Sep 20-Nov 08
 Instructor: Cascade FC 11:45AM-12:45PM
 Location: Si View Center R: \$220 | NR: \$264

**See page 12
for Preschool Dance Classes!**

PARENT-CHILD CLASSES

ME & MINE DANCE

Do you AND your child love to move together? Bring them with you to connect, play, and explore music and movement in a fun and encouraging environment. Parent/care-giver to attend classes together with child.

30696 Session I Age: 2 1/2-4
 Min: 4 Max: 10 TH Sep 12-Oct 03
 Instructor: Miss Terri 11:00AM-11:45AM
 Location: Si View Center R: \$47 | NR: \$56

30697 Session II Age: 2 1/2-4
 Min: 4 Max: 10 TH Oct 10-Nov 07
 Instructor: Miss Terri 11:00AM-11:45AM
 Location: Si View Center R: \$47 | NR: \$56

30698 Me and Mine Session III Age: 2 1/2-4
 Min: 4 Max: 10 TH Nov 14-Dec 12
 Instructor: Miss Terri 11:00AM-11:45AM
 Location: Si View Center R: \$47 | NR: \$56

SOCCER STARS: PARENT AND ME

Parent and Me is a caregiver-toddler pre-soccer and movement program for toddlers. Experienced early childhood instructors along with puppet friends take caregivers and toddlers through a world of exciting physical activity. Individualized attention, positive reinforcement and engaging original music help develop pre-soccer skills that have toddlers balancing, running, kicking and playing - all while having a blast!

30513 Session 1 Age: 1-2
 Min: 6 Max: 20 F Sep 13-Oct 25
 Instructor: Soccer Stars 9:30AM-10:15AM
 Location: Si View Center R: \$196 | NR: \$235.20

30514 Session 2 Age: 1-2
 Min: 6 Max: 20 F Nov 01-Dec 20
 Instructor: Soccer Stars 9:30AM-10:15AM
 Location: Si View Center R: \$168 | NR: \$201.60

SOCCER STARS: TODDLER INTRO

Our coaches introduce toddlers to soccer using gross motor skills such as running, jumping, and kicking. Through the use of cones and squishy balls, fun imagery-based themes, and soccer activities, kids will develop basic soccer skills. Each unique weekly class expands upon skills from previous classes allowing toddlers to become familiar with the soccer ball while improving coordination, balance, and stability. This is a parent-child activity.

30515 Session 1 Age: 2-3
 Min: 6 Max: 20 F Sep 13-Oct 25
 Instructor: Soccer Stars 10:30AM-11:15AM
 Location: Si View Center R: \$28 | NR: \$33.60

30516 Session 2 Age: 2-3
 Min: 6 Max: 20 F Nov 01-Dec 20
 Instructor: Soccer Stars 10:30AM-11:15AM
 Location: Si View Center R: \$168 | NR: \$201.60

STROLLER STRIDERS

Calling all new parents! Time to lace up your walking shoes and get striding with your little ones. This walking group aims to bring together parents to socialize, encourage new friendships, and be active with their stroller bound children. Join Si View on these Stroller friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks are scheduled every other Wednesday. Be sure to pre-register for email updates on routes and meeting locations.

30641 Stroller Striders Age: 16+
 Min: 2 Max: 45 W Sep 11-Nov 20
 Instructor: Si View Staff 11:30AM-12:30PM
 Location: Local parks FREE

SKYHAWKS BASKETBALL TOTS

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately-sized basketballs are used to always provide just the right amount of challenge. Parent participation required.

30711 Basketball Tots Age: 2-3
 Min: 6 Max: 12 SA Nov 02-Dec 07
 Instructor: Skyhawks 9:30AM-10:10AM
 Location: Timber Ridge ES R: \$138 | NR: \$165.60

30712 Basketball Tots Age: 3-4
 Min: 6 Max: 12 SA Nov 02-Dec 07
 Instructor: Skyhawks 10:20AM-11:00AM
 Location: Timber Ridge ES R: \$138 | NR: \$165.60

30713 Basketball Tots Age: 4-5
 Min: 6 Max: 12 SA Nov 02-Dec 07
 Instructor: Skyhawks 11:10AM-11:50AM
 Location: Timber Ridge ES R: \$138 | NR: \$165.60

SKYHAWKS MULTI-SPORT TOTS

Introduce your little superstar to sports in our most popular program! This multi-sport class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development. Parent participation required.

30688 Multi-Sports Tots Age: 2-3
 Min: 6 Max: 12 SA Sep 21-Nov 02
 Instructor: Skyhawks 9:30AM-10:10AM
 Location: Torguson Park R: \$138 | NR: \$165.60

30689 Multi-Sport Tots Age: 3-4
 Min: 6 Max: 12 SA Sep 21-Nov 02
 Instructor: Skyhawks 10:20AM-11:00AM
 Location: Torguson Park R: \$138 | NR: \$165.60

30690 Multi-Sport Tots Age: 4-5
 Min: 6 Max: 12 SA Sep 21-Nov 02
 Instructor: Skyhawks 11:10AM-11:50AM
 Location: Torguson Park R: \$138 | NR: \$165.60

INDOOR PLAYGROUND

Ready. Set. Play! Si View Indoor Playground is a great opportunity for young kids to practice social skills while their grown-ups make connections with local families during the school year. The spacious indoor setting offers lots of room to run and jump, opportunities for imaginative play, and best of all, new friendships. Indoor Playground is open when school is in session. Pre-registration is required, registration options are for full month (all play dates) or by single day. Monthly fees vary based on number of play dates, listed below, single day cost is R\$2.50 | NR \$3. We look forward to seeing you!



30756 September Age: 0-5
 Min: Max: M,W Sep 09-Sep 30
 Instructor: NA 9:30AM-11:00AM
 Location: Si View Center R: \$14 | NR: \$16.80

30757 October Age: 0-5
 Min: Max: M,W Oct 02-Oct 30
 Instructor: NA 9:30AM-11:00AM
 Location: Si View Center R: \$16 | NR: \$19.20

30758 November Age: 0-5
 Min: Max: M,W Nov 04-Nov 20
 Instructor: NA 9:30AM-11:00AM
 Location: Si View Center R: \$10 | NR: \$12

30759 December Age: 0-5
 Min: Max: M,W Dec 02-Dec 18
 Instructor: NA 9:30AM-11:00AM
 Location: Si View Center R: \$12 | NR: \$14.40

YOUTH PROGRAMS

BEFORE & AFTER SCHOOL PROGRAM

Si View Before & After School Program offers a safe and enriching place for K-5 students attending NBE or OES. This is a great program for kids who want to be active and academically successful. Through enrichment activities and homework time, participants gain new skills, create lasting friendships, and develop healthy habits.

2024-2025 school year care general registration has closed. Please contact us for availability by phone (425) 831-1900. At the time of registration, you will need to pay an annual non-refundable registration fee of R \$50 | NR \$60. This fee holds a space in the program for your child for the school year. Monthly tuition for school care is due by the fifth business day of each month beginning in September. Financial need-based scholarships are available.

Before School Care is offered on all school days at Si View Community Center from 6:30AM to school start with school bus transportation to NBE/OES.

After School Care Afternoon care is offered on all school days at NBE and OES from school release until 6:30PM including early release days. New for Fall 2024: All after school care options have moved to school sites from Si View Community Center.

Registration Options include monthly or daily enrollment. Monthly Enrollment includes AM, PM or Combo care for all school days, regardless of attendance. School holidays are not included. Tuition is divided into 9 full month payments and 1 half-month payment (June). Daily enrollment is an option for a minimum of 2 regularly scheduled days per week. Days selected are non-transferable (between days and/or children), regardless of attendance. Additional days may be added, if space is available.

Si View School care follows SVSD inclement weather protocols. In the event of school care program cancellations / delays, information is posted on Si View Metro Parks homepage.

For more information about this program, please contact Josh Conlee at jconlee@siviewpark.org.



SCHOOL BREAKS

NO SCHOOL DAY CAMPS

School is out for the day, come to Si View and play! Our no school day camps include a full day of activities. Be sure to pack a lunch and snacks for a busy day of playing!

30674 No School Day 10/7 Grade: K-5
 Min: 12 Max: 30 M Oct 07
 Instructor: Si View Youth Staff 6:30AM-6:30PM
 Location: Si View Center R: \$87 | NR: \$104.40

30667 No School Day 11/11 Grade: K-5
 Min: 10 Max: 30 M Nov 11
 Instructor: Si View Youth Staff 6:30AM-6:30PM
 Location: Si View Center R: \$87 | NR: \$104.40

WINTER BREAK CAMP

School is out for Winter Break and we know just how to have fun! Come join us to explore all the best activities at Meadowbrook. Register for single days or all 8 days. Fees listed are for single day. Camp is not offered on Dec 25 or Jan 1.

30668 Winter Break Camp Grade: K-5
 Min: 10 Max: 40 M,T,H,F Dec 23-Jan 03
 Instructor: Si View Youth Staff 6:30AM-6:30PM
 Location: Meadowbrook Farm R: \$87 | NR: \$104.40



ENRICHMENT CLASSES

CHESS AT FCE

All skill levels welcome! A typical class begins with a relaxed practice game to warm up. We then go on to a focused lessons including basic opening strategies, tactics, and many of the major checkmate patterns. Students practice with games against their peers, play fun variant chess games, solve puzzles, their checkmate patterns. Sportsmanship is stressed throughout.

Chess Grade: K-5
 Min: 8 Max: 30 F Sep 27-Nov 15
 Instructor: The All About School 1:45PM-2:45PM
 Location: Fall City Elementary NR: \$160

YOGA/MINDFULNESS AT FCE

In this yoga/mindfulness class, children will learn valuable tools to self-regulate, calm anxiety, improve coordination & balance, and develop strength & flexibility. Each class will consist of a different theme or adventure to keep kids engaged. Growth mindset coaching will be incorporated into the class through the use of storytelling and meditation. Yoga also brings children a sense of peace and empowerment to manage their bodies and emotions in fun and creative ways!

Yoga/Mindfulness Grade: K-5
 Min: 5 Max: 20 TH Sep 26-Nov 14
 Instructor: Karen Kane 3:45PM-4:45PM
 Location: Fall City Elementary NR: \$211.20

SOCCER AT FCE

Soccer Stars uses soccer as a vehicle to help children develop self-confidence and improve gross motor skills all while introducing basic soccer skills. Our coaches help to develop teamwork in a fun, nurturing, and educational environment using specially designed, age-specific curriculum in a non-competitive environment. Our coaches use games and activities that develop soccer skills including ball control, passing, and dribbling. All experience levels are welcome. Classes focus on 3 skill building activities in each class and end with a short scrimmage.

Soccer Grade: K-5
 Min: 5 Max: 20 TH Sep 26-Nov 14
 Instructor: Soccer Stars 3:45PM-4:45PM
 Location: Fall City Elementary NR: \$220

DRAMA CLUB AT FCE

An introductory drama class, working together to put on a play adapted from your favorite fairy tales. Performance for family and friends during the final class.

Drama Club Grade: K-5
 Min: 3 Max: 30 T Sep 24-Nov 12
 Instructor: Meg Thompson 3:45PM-5:45PM
 Location: Fall City Elementary NR: \$300

JR. ROBOTICS AT FCE

Welcome to the world of Lego robotics. Students will use LEGO Education's WeDo robotics system for budding engineers to explore the different aspects of robotics and programming through several fun and easy builds. Students will be programming their robots to do numerous tasks. Spinning tops, drumming monkeys, and snapping crocodiles are just a few of our fun builds.

Jr. Robotics Grade: K-5
 Min: 6 Max: 30 W Sep 25-Nov 15
 Instructor: Robot U 3:45PM-4:45PM
 Location: Fall City Elementary NR: \$249.60

SPECIAL INTEREST CLASSES

LITTLE CODERS

This class offers young children the perfect opportunity to develop their computational thinking skills and have a blast with their friends! The course is tailored for early readers and takes into consideration their cognitive abilities and attention span. Beginners learn essential coding concepts, such as Loops and Conditions. Returning students encounter new challenges. Projects include games, stories, and even animated characters.

Little Coders Age: 5-7
 Min: 8 Max: 16 F Oct 18-Dec 13
 Instructor: Coding with Kids 4:00PM-5:00PM
 Location: Si View Center R: \$216 | NR: \$259.20

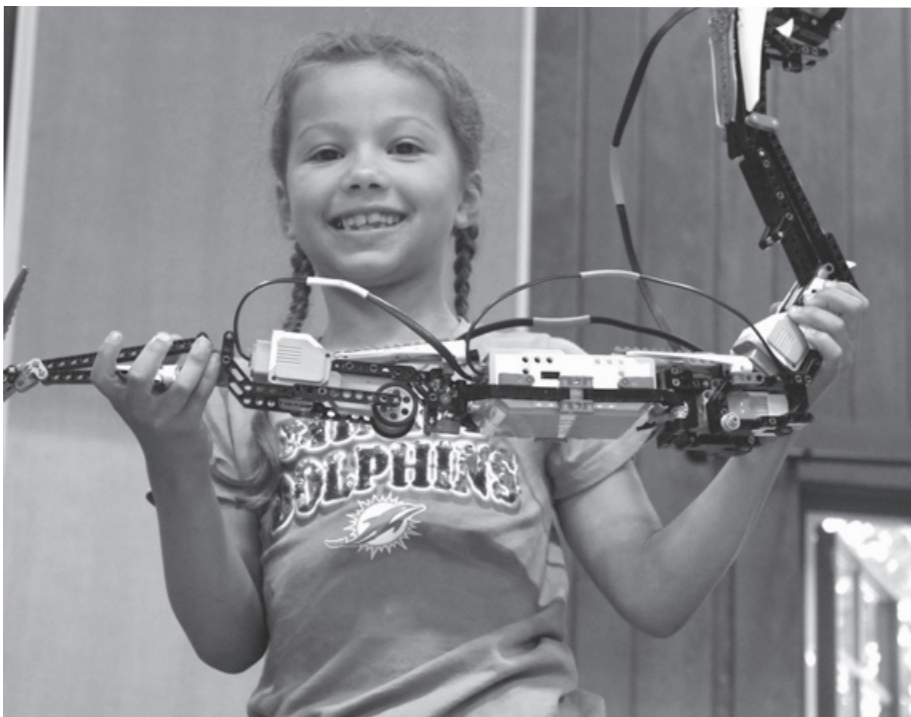
SCRATCH: GAME DEVELOPMENT

Get ready to learn how to code and express your creativity! Using Scratch, a fun drag-and-drop coding tool, you will build exciting projects like games, animations, and interactive stories. If you're just starting out, you'll code your games with basic concepts, such as loops and variables. Returning students will move on to more interesting concepts like using special conditions and functions. Advanced students will explore advanced topics like game physics! So get ready to have a blast!

Scratch: Game Development Age: 8-12
 Min: 8 Max: 16 F Oct 18-Dec 13
 Instructor: Coding with Kids 5:15PM-6:15PM
 Location: Si View Center R: \$216 | NR: \$259.20



YOUTH PROGRAMS



ROBOT U

Let Robot U and LEGO Education help your child discover their inner MAD Scientist! In a series of fun classes, your young roboticist will create moving sensing colorful LEGO robots. There will be spinning tops, drumming monkeys, snapping alligators, flying planes, giggles, laughing, and much more. Each week students will build and program a new and different robot while soaking up new STEM concepts, such as levers, belts and pulleys. Also gearing, and programming concepts such as wait, if, repeat till, and messaging. They will also learn teamwork, computer skills, and material management. What a wonderful way for a young mind to be introduced to these advanced STEM concepts in a totally approachable and engaging way through one of their favorite toys, LEGOS.

30625 Jr. Robotics 1 Age: 5-12
 Min: 8 Max: 20 T Sep 10-Oct 22
 Instructor: Robot U 4:00PM-5:00PM
 Location: Si View Center R: \$175 | NR: \$210

30626 Jr. Robotics 2 Age: 5-12
 Min: 8 Max: 20 T Oct 29-Dec 17
 Instructor: Robot U 4:00PM-5:00PM
 Location: Si View Center R: \$175 | NR: \$210

30627 LEGO MINDSTORMS Robotics Age: 5-12
 Min: 8 Max: 20 TH Sep 12-Oct 24
 Instructor: Robot U 4:00PM-5:30PM
 Location: Si View Center R: \$245 | NR: \$294

30632 LEGO Robot Wars Age: 5-12
 Min: 8 Max: 20 TH Nov 07-Dec 19
 Instructor: Robot U 4:00PM-5:30PM
 Location: Si View Center R: \$210 | NR: \$252



CREATE WITH CLAY

Designed for both new and returning students, this 2-week workshop will teach young artists about the techniques of hand building with clay, resulting in unique works of ceramic art. Artists will also learn about the science of glazing and firing clay. Projects will be kiln-fired and ready for pick up 3-4 weeks after the session ends. Fee includes firing and all child-friendly materials. Working with clay can be messy, so have your artist dress appropriately!

30766 Create with Clay Age: 6-12
 Min: 6 Max: 12 F Sep 13-20
 Instructor: Sam Sinanan 4:00PM-5:30PM
 Location: Si View Center R: \$105 | NR: \$126



PAINT THE TOWN

Join us to brush, sponge and pour our way to one-of-a-kind masterpieces. With acrylics, watercolor paints and pencils, and pastels, artists will learn about and apply various painting styles and techniques to create landscape, seascape, and still life paintings. Fee includes all child-friendly materials. Creating art can be messy, so have your artist dress appropriately!

30622 Paint the Town Age: 6-12
 Min: 6 Max: 12 F Oct 04-18
 Instructor: Sam Sinanan 4:00PM-5:30PM
 Location: Si View Center R: \$126 | NR: \$151.20

FABULOUS FIBER ARTS

In the high-tech world we live in, it's important to stay connected with our basic senses. Designed for beginner and intermediate students, this 2-week class will introduce young artists to fiber arts, including knitting, crocheting and macrame. Fee includes all child-friendly materials.

30767 Fabulous Fiber Arts Age: 6-12
 Min: 6 Max: 12 F Dec 06-13
 Instructor: Sam Sinanan 4:00PM-5:30PM
 Location: Si View Center R: \$95 | NR: \$114

HOLIDAY GIFT WORKSHOPS

Would your child like to create one-of-a-kind hand-crafted art gifts for this holiday season? Here are two opportunities to learn and apply some art concepts and skills while making gorgeous gifts for someone special. In each workshop, young artists will create two unique gifts and decorate a gift bag for each. Workshop fees include all child-friendly materials. Creating art can be messy; please have your artist dress appropriately!

30623 Workshop 1 Age: 6-12
 Min: 6 Max: 12 SA Dec 07
 Instructor: Sam Sinanan 10:00AM-12:00PM
 Location: Meadowbrook Farm R: \$55 | NR: \$66

30624 Workshop 2 Age: 6-12
 Min: 6 Max: 12 SA Dec 14
 Instructor: Sam Sinanan 10:00AM-12:00PM
 Location: Meadowbrook Farm R: \$55 | NR: \$66

SAFE KIDS 101

How will you know when your child is ready to stay home alone? What should your child know about accident prevention, first aid, choking, and fire prevention? Have you begun important conversations on stranger-danger, abduction, abuse, or digital safety, like cyberbullying or sexting? This class teaches your child how to be safer at home and in the community! All participants will receive a Safe Kids 101 book. Please bring a healthy beverage and nut-free snack.

30620 Safe Kids 101 Age: 8-12
 Min: 6 Max: 12 SA Oct 19
 Instructor: Sam Sinanan 9:00AM-12:00PM
 Location: Si View Center R: \$58 | NR: \$69.60

POLITE KIDS 101

With summer birthday parties and gatherings around the corner, would a manners class help your child stay on track with kind and respectful behavior? This class covers how to: introduce yourself and others, interrupt politely, and set informal and formal table settings. We'll also talk about table manners, being a guest in someone's home, and behaving appropriately at home and at parties. All participants will receive a Polite Kids 101 handbook. To allow your child to practice some of what they learn, a light snack of crackers & cheese, apple slices and carrot sticks will be served, so please let us know of any food allergies. Feel free to bring a healthy beverage and an additional nut-free snack.

30619 Polite Kids 101 Age: 6-10
 Min: 6 Max: 12 SA Nov 16
 Instructor: Sam Sinanan 9:00AM-11:30AM
 Location: Si View Center R: \$48 | NR: \$57.60



YOUTH DANCE

The Dance Program at Si View offers professional instruction with a strong emphasis on technique, fitness and fun. Each student receives individual attention, initiating the joy and appreciation of dance and music. We allow each student the freedom of creative expression in a nurturing and motivating environment designed to enhance self-esteem. Dance classes are taught by experienced instructors: Emmy Fansler, Tempest Chase, and Phoebe Raferty.

Check out our dance page online at siviewpark.org/dance.phtml. This page is your one stop shop for dance information: registration, schedules, season information, instructor bios, and more!

- The 12-week session begins on Tuesday, Sep 10th and will end on Friday, Dec 13th.
- Dancers enrolled in a 12-week dance course will have an opportunity to share progress with parents during watch week, October 14-18th during the regularly scheduled class times. If you have a special guest in town or want to check in on the class, please talk with the instructor, and they will do their best to accommodate you.
- A showcase will be scheduled for the end of the season on the last day of class for the Fall season. More information will be communicated as the end of the season nears.
- No classes are currently scheduled on 10/31, 11/22, 11/26, 11/28, and 11/29.
- If any classes are cancelled due to /weather/instructor illness, we work to best reschedule classes.

PRESCHOOL DANCE

CREATIVE DANCE

Come join the fun and make new friends! This class will give dancers, boys and girls, creative opportunities to enhance coordination and balance, learn dance movement and technique and explore their independence. Dancers have the option to perform in our end of season showcase, sharing all that has been learned with family and friends. This is a great confidence builder and tons of creative fun!

30693 Session I (Thu) Age: 2 1/2-4
 Min: 4 Max: 10 TH Sep 12-Oct 03
 Instructor: Miss Terri 9:30AM-10:15AM
 Location: Si View Center R: \$47 | NR: \$56

30699 Session I (Fri) Age: 2 1/2-4
 Min: 4 Max: 10 F Sep 13-Oct 04
 Instructor: Miss Emmy 9:30AM-10:15AM
 Location: Si View Center R: \$47 | NR: \$56

30694 Session II (Thu) Age: 2 1/2-4
 Min: 4 Max: 10 TH Oct 10-Nov 07
 Instructor: Miss Terri 9:30AM-10:15AM
 Location: Si View Center R: \$47 | NR: \$56

30700 Session II (Fri) Age: 2 1/2-4
 Min: 4 Max: 10 F Oct 11-Nov 01
 Instructor: Miss Emmy 9:30AM-10:15AM
 Location: Si View Center R: \$47 | NR: \$56

30695 Session III (Thu) Age: 2 1/2-4
 Min: 4 Max: 10 TH Nov 14-Dec 12
 Instructor: Miss Terri 9:30AM-10:15AM
 Location: Si View Center R: \$47 | NR: \$56

30701 Session III (Fri) Age: 2 1/2-4
 Min: 4 Max: 10 F Nov 08-Dec 13
 Instructor: Miss Emmy 9:30AM-10:15AM
 Location: Si View Center R: \$47 | NR: \$56



INTRODUCTORY DANCE

DANCE COMBO I

This introductory class provide a great opportunity to explore a diversity of dance styles. Come have fun experiencing the multiple disciplines of Ballet & Jazz. Great for the beginning dancer and continuing dancer.

30719 Ballet and Jazz (Thu) Age: 4-6
 Min: 4 Max: 10 TH Sep 12-Dec 12
 Instructor: Miss Terri 10:15AM-11:00AM
 Location: Si View Center R: \$141 | NR: \$168

30721 Ballet and Jazz (Fri) Age: 4-6
 Min: 4 Max: 10 F Sep 13-Dec 13
 Instructor: Miss Emmy 10:15AM-11:00AM
 Location: Si View Center R: \$141 | NR: \$168

BALLET

Our ballet classes focus on the basic ballet vocabulary, emphasizing correct alignment. Barre-work, adagio and petite and grand allegro build strength, and grace in a non-competitive encouraging environment. Grace, style and ballet discipline will continue to be mastered.

30725 Ballet Age: 7-10
 Min: 4 Max: 10 TH Sep 12-Dec 12
 Instructor: Miss Phoebe 5:15PM-6:00PM
 Location: Si View Center R: \$141 | NR: \$168

HIP HOP

This high-energy dance form will have you feeling the rhythm in a whole new way! With a focus on musicality, expression, and full-bodied dynamics, hip hop will challenge and engage young dancers both physically and mentally in a fun and supportive environment.

30724 Hip Hop Age: 7-10
 Min: 4 Max: 10 T Sep 10-Dec 03
 Instructor: Si View Dance 5:15PM-6:00PM
 Location: Si View Center R: \$141 | NR: \$168

INTERMEDIATE DANCE

INTERMEDIATE COMBO

This class provides a great opportunity to explore a diversity of dance styles. Come have fun experiencing the multiple disciplines of Ballet & Jazz. Great for beginning dancer and/or continuing dancers in the 4-7 age range.

30726 Int Combo Age: 7-10
 Min: 4 Max: 10 TH Sep 12-Dec 12
 Instructor: Miss Phoebe 4:30PM-5:15PM
 Location: Si View Center R: \$141 | NR: \$168

JAZZ

Learn jazz steps and across the floor movements while developing a personal sense of artistic expression. For the more advanced students they will contribute to choreography and advance their performance skills.

30723 Jazz Age: 7-10
 Min: 4 Max: 10 T Sep 10-Dec 03
 Instructor: Miss Emelia 4:30PM-5:15PM
 Location: Si View Center R: \$141 | NR: \$168



TEEN DANCE

TEEN DANCE

This program is for students ages 11 to 13 years. It provides the more mature dancer with a higher level of technical, rhythmic, spatial and strength challenges. We will focus on choreography and expression, all the while keeping an emphasis on the joy of dance. Dance styles include Contemporary, Ballet and Combo classes.

30722 Teen Dance Age: 11-13
 Min: 4 Max: 10 F Sep 13-Dec 13
 Instructor: Miss Chloe 2:00PM-3:00PM
 Location: Si View Center R: \$189 | NR: \$330



See page 9 for our parent-child class, Me & Mine!



SNO-KING ICE ARENA

35323 SE Douglas St, Snoqualmie, WA

Registration: www.SnoKingIceArenas.com

Email: office@snokingice.com

Phone: 425-821-7133



START YOUR ICE SKATING JOURNEY TODAY!

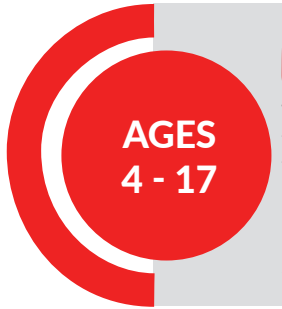
Sno-King Ice Arena in Snoqualmie is proud to serve the Snoqualmie Valley community with a state of the art, NHL size twin sheet ice sports and recreation facility. We offer a variety of season and year-round ice skating and hockey programs for all skill levels and ages.



LEARN TO SKATE

The Basic Skills curriculum is for skaters who are taking their first steps on the ice. Instructors use engaging activities to teach the FUNDamentals of ice skating. The six progressive levels introduce forward and backward skating, stops, edges, cross-overs and turns with agility, balance, coordination and speed as main focuses. Through these skills, skaters enter the first stage of skills to begin exploring the world of skating.

REGISTRATION
OPENS
AUG 19TH
CLASSES START WEEK
OF SEPT 6TH



LEARN TO HOCKEY SKATE

This class is a group skating curriculum designed to teach the basics of skating to prepare kids to transition into our Learn to Play program. Skaters progress at their own rate and advance to the next level after skill mastery is demonstrated. Weekly classes are a combination of skill acquisition and practice sessions. Skate rentals included.

REGISTRATION
OPENS
AUG 19TH
CLASSES START WEEK
OF SEPT 8TH



ADULT LEARN TO PLAY

This class is for adults who have never played hockey before or for those who have very little experience. Each week participants will progress on the basics of the forward and backward skating stride, stopping, puck control, passing and shooting. Prerequisites: No skating or hockey experience required. Skates and equipment are not included.

REGISTRATION
OPENS
AUG 19TH
CLASSES START WEEK
OF SEPT 8TH



TRY HOCKEY FREE

These events provide a free opportunity to experience playing hockey for the first time. Coaches will be on the ice to assist participants in learning the basics. Kids do not need any previous skating or hockey experience. FREE to participate. Skate rentals included. A helmet is required (e.g. bike, ski) and gloves are recommended.

WWW.TRYHOCKEYFREE.COM

UPCOMING EVENTS:
RENTON
SEPT 29TH
KIRKLAND
NOV 2ND



YOUTH SPORTS

CROSS COUNTRY

Each Fall, the Snoqualmie Valley Track Club hosts a cross-country season for youth. The program focuses on guiding participants towards their individual best efforts by working on running efficiency, pacing, and safe warm-up and cool-down routines. This Fall we look to compete with teams from Bellevue, Issaquah, Maple Valley and Auburn. Practices are held twice a week, and meets take place on weekends. We are always in need of volunteer coaches, so please reach out if running is your passion!

29806 Cross Country Team Age: 5-14
 Min: 6 Max: 40 T,TH Sep 17-Oct 31
 Instructor: SVTC Volunteers 5:00PM-6:00PM
 Location: South Fork Landing R: \$110 | NR: \$132

SNOQUALMIE VALLEY TRACK CLUB SCHOLARSHIP

The 2024 Si View Community Foundation Track Scholarship has been awarded to two outstanding students: **Ollie Ciabattari** and **Rowan Stannard**. This scholarship program has been established to reward youth who exhibit the characteristics of sportsmanship, leadership, and volunteerism, who at the same time wish to further their own personal development through higher education and training. Ollie has coached SVTC youth each summer since 2022, and Rowan since 2023. Snoqualmie Valley Track Club, the Si View Community Foundation and the Si View team appreciate your volunteerism and commitment to the community, congratulations Ollie and Rowan!



FOLK-STYLE WRESTLING

The Snoqualmie Valley Wrestling Club is dedicated to teaching the fundamentals of Folk-style Wrestling. Coaches work with wrestlers of all levels, from beginners to advanced, to help them become some of the best athletes in their age and weight classes in the state of Washington. In addition to wrestling, the club gears its efforts to teaching these young athletes and their families the importance of respect, the value of confidence in oneself and in others, and how to handle success and failure in competition. The Wrestling Club is open to boys and girls ages 7 to 18. Kids 7 years old must be in the 1st grade to participate. The SVWC is a USA sanctioned wrestling club. The SVWC also participates in the Western Washington Kids Wrestling League and also schedules dual matches with other area wrestling clubs so wrestlers can get in extra practice matches throughout the season. The Beginner division is intended for anyone with less than 2 years experience and the Novice division for those with at least 2 years of prior experience.

30609 Beginner Division Age: 7-18
 Min: 10 Max: 70 T,TH Oct 29-Jan 30
 Instructor: SVWC coaches 6:00PM-7:30PM
 Location: Mount Si HS R: \$200 | NR: \$240

30610 Novice Division Age: 7-19
 Min: 10 Max: 70 M,W,F Oct 28-Feb 21
 Instructor: SVWC coaches 6:00PM-7:30PM
 Location: Mount Si HS R: \$240 | NR: \$288



PRO BASEBALL CLINICS

Get ready to step up your game with our fun-filled baseball clinics on select no-school days. Join us for a session designed to sharpen your skills and have a blast on the field. Led by former pro player and Atlanta Braves scout, Steve Goucher, you'll receive expert instruction in fielding, throwing, pitching, base running, hitting, and games. Whether you're looking to refine your techniques or just have some baseball fun, this clinic is for you. Don't miss out, secure your spot today and get ready to elevate your game!

30506 No School Day Oct 7 Age: 8-13
 Min: 4 Max: 12 M Oct 07
 Instructor: Steve Goucher 10:00AM-1:00PM
 Location: Si View Center R: \$60 | NR: \$72

30505 Veteran's Day Age: 8-13
 Min: 4 Max: 12 M Nov 11
 Instructor: Steve Goucher 10:00AM-1:00PM
 Location: Chief Kanim MS R: \$60 | NR: \$72

30504 Black Friday Age: 8-13
 Min: 4 Max: 12 F Nov 29
 Instructor: Steve Goucher 10:00AM-1:00PM
 Location: Chief Kanim MS R: \$60 | NR: \$72

PRO BASEBALL CLASSES

Elevate your game with our Fall Ball Friday clinic. This clinic is designed to help you improve your skills in baseball. Instruction will cover hitting, fielding, pitching, and instructional scrimmages. Plus, learn from the best with instruction by former pro player and Atlanta Braves scout, Steve Goucher. Space is limited, so sign up today to secure your spot and take your game to the next level!

30502 Pro Baseball: Fall Ball Age: 8-13
 Min: 4 Max: 12 F Sep 13-Oct 11
 Instructor: Steve Goucher 2:30PM-4:30PM
 Location: Si View Park R: \$196 | NR: \$235.20

SKYHAWKS FLAG FOOTBALL

Experience the excitement of America's favorite sport with Skyhawks Flag Football. Using a curriculum developed by USA Football, coaches teach skills like passing, receiving, kicking and flag pulling while gaining confidence and learning life lessons in a fun, positive environment.

30686 Flag Football Age: 6-8
 Min: 8 Max: 20 T Sep 17-Oct 22
 Instructor: Skyhawks 4:00PM-4:50PM
 Location: Tollgate Park R: \$138 | NR: \$165.60

30687 Flag Football Age: 9-12
 Min: 8 Max: 20 T Sep 17-Oct 22
 Instructor: Skyhawks 5:00PM-5:50PM
 Location: Tollgate Park R: \$138 | NR: \$165.60

SKYHAWKS TENNIS

Whether your child is a beginner or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players.

30709 Tennis Age: 6-8
 Min: 8 Max: 20 W Sep 18-Oct 23
 Instructor: Skyhawks 4:00PM-4:50PM
 Location: EJ Roberts Park R: \$138 | NR: \$165.60

30710 Tennis Age: 9-12
 Min: 8 Max: 20 W Sep 18-Oct 23
 Instructor: Skyhawks 5:00PM-5:50PM
 Location: EJ Roberts Park R: \$138 | NR: \$165.60

SKYHAWKS GOLF

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat.

30691 Beginning Golf Age: 6-8
 Min: 8 Max: 20 T Oct 29-Dec 03
 Instructor: Skyhawks 4:00PM-4:50PM
 Location: Tollgate Park R: \$138 | NR: \$165.60

30692 Beginning Golf Age: 9-12
 Min: 8 Max: 20 T Oct 29-Dec 03
 Instructor: Skyhawks 5:00PM-5:50PM
 Location: Tollgate Park R: \$138 | NR: \$165.60

CHEER SQUAD

Be a part of our beginning-to-intermediate level cheer squad! You'll learn dances, cheers, and beginning tumbling. There will be opportunities to perform too. Eastside Dream Elite teams have performed at halftime for the Seattle Storm and University of Washington basketball games, and numerous community events. Previous experience is not required. Learn more about Eastside Dream Elite Cheer & Dance at www.EastsideDreamElite.com. Program fee does not include optional uniform and performance fees. Program sessions will continue for the school year, new participants can join any time of the year.

30511 Session 1 Age: 7-18
 Min: 8 Max: 18 W Sep 18-Oct 23
 Instructor: Eastside Dream Elite 4:00PM-5:30PM
 Location: Si View Center R: \$138 | NR: \$165.60

30512 Session 2 Age: 7-18
 Min: 7 Max: 18 W Oct 30-Dec 18
 Instructor: Eastside Dream Elite 4:00PM-5:30PM
 Location: Si View Center R: \$161 | NR: \$193.20

BIG FLIPS GYMNASTICS

This class will provide instruction for girls and boys who would like to learn beginning-intermediate skills. The teachers will teach to each individual child's particular skill level. Skills will be taught on Bars, Beam, Vaulting, and Tumbling. The great benefits of gymnastics are the increased flexibility, strength, balance, coordination, discipline and power through their training. Gymnastics is great preparation for all other sports!

30612 Big Flips 1 Age: 6-12
 Min: 6 Max: 16 SA Sep 07-Oct 19
 Instructor: Jet's Gymnastics 11:30AM-12:30PM
 Location: Si View Center R: \$224 | NR: \$268.80

30613 Big Flips 2 Age: 6-12
 Min: 6 Max: 16 SA Nov 02-Dec 21
 Instructor: Jet's Gymnastics 11:30AM-12:30PM
 Location: Si View Center R: \$192 | NR: \$230.40



YOUTH SPORTS

We appreciate all our volunteer coaches who make the recreation basketball league play possible! Their commitment to serving as role models and focus on teamwork is making a positive impact on youth players, thank you!

What families are saying:

- *Loved the coaches and the spirit of the league. Everyone just having fun and learning.*
- *Excellent coach that made sure to make it fun! Easy schedule with the practices being close to home on weeknights. We were able to request and got the coach we preferred.*

BASKETBALL SKILLS & DRILLS

Get a jump start on the upcoming Fall and Winter Basketball seasons by training with Coach Kelsey Taylor, an experienced basketball coach living here in the Valley. Coach Taylor has been coaching basketball in the community for the past two years and works well with players of all ages. These training sessions will focus on basketball fundamentals such as shooting, dribbling, footwork, passing, and defense. Beginners and experienced players are welcome! Sessions are determined by grade and will be modified according to skill level and experience.

30508 Skills & Drills Grade: 3-4
 Min: 4 Max: 15 T Sep 10-Oct 15
 Instructor: Kelsey Taylor 6:40PM-7:40PM
 Location: North Bend ES R: \$180 | NR: \$216

30509 Skills & Drills Grade: 3-4
 Min: 4 Max: 15 W Sep 11-Oct 16
 Instructor: Kelsey Taylor 5:30PM-6:30PM
 Location: North Bend ES R: \$180 | NR: \$216

30510 Skills & Drills Grade: 5-6
 Min: 4 Max: 15 W Sep 11-Oct 16
 Instructor: Kelsey Taylor 6:40PM-7:40PM
 Location: North Bend ES R: \$180 | NR: \$216

30659 Skills & Drills Grade: 7-8
 Min: 4 Max: 15 M Sep 09-Oct 14
 Instructor: Kelsey Taylor 6:00PM-7:00PM
 Location: North Bend ES R: \$180 | NR: \$216

30507 Skills & Drills Grade: K-2
 Min: 4 Max: 10 T Sep 10-Oct 15
 Instructor: Kelsey Taylor 5:30PM-6:30PM
 Location: North Bend ES R: \$180 | NR: \$216

FALL BASKETBALL

K-2 grade recreation league

Let's play basketball! This year we have separated 1st and 2nd grade players to their own divisions giving more students an opportunity to join. Each team will have one practice per week and games on Saturdays, with a total of six games in the season. Teams are formed based on the school the players attend and one buddy request per player (buddy requests are not guaranteed). Registration closes October 4. No practices or games during school breaks or holidays. The coach of your team will contact you after October 7 to update you on the season schedule.

We need coaches! All teams are coached by volunteers, please consider joining our excellent team of volunteer coaches. Practices are held at local schools. Practices are held at local schools, with the day and time determined by the coach (practice requests are not guaranteed). Contact Tyler for more information at tburnett@siviewpark.org.

K-2 Teams Grade: K-2
 Min: 6 Max: 10 Oct 21-Dec 14
 Instructor: Volunteer coaches Times vary
 Location: Local schools R: \$110 | NR: \$132

WINTER BASKETBALL

3-6 grade recreation league

The Winter Recreation Basketball League is open for both new and returning players in grades 3-6. The league is structured to include one practice per week and one game on Saturday mornings or afternoons for 10 weeks, with a total of 8 games. Participants build skills in a positive team atmosphere and get to compete with players from local schools/ community. Registration closes December 18th. We'll have divisions for 3-4 graders and 5-6 graders.

We need coaches! All teams are coached by volunteers, please consider joining our excellent team of volunteer coaches! Practices are held at local schools. The coach of the team determines the day and time of practice. Practice requests are not guaranteed. The coach of your team will contact you after registration closes to update you on the season schedule.

3-6 Grade Teams Grade: 3-6
 Min: 6 Max: 10 M Jan 06-Mar 15
 Instructor: Volunteer coaches Times vary
 Location: Local schools R: \$130 | NR: \$156

WINTER BASKETBALL

7-12 grade recreation league

We offer a recreation basketball league for students in grades 7-12 in partnership with local cities. This Middle School and High School league starts in December. Register early to secure your spot! We are seeking volunteer coaches to join our excellent team. Coaches determine the day and time of practices, which are held at local schools. After teams are formed, your team's coach will contact you with the season schedule. Don't miss this opportunity for players to continue to develop their basketball skills and enjoy team play! Additional league fee may be added after team formation for teams that join other leagues.

7-12 Grade Teams Grade: 7-12
 Min: 6 Max: 10 M Dec 09-Mar 15
 Instructor: Volunteer coaches Times vary
 Location: Local schools R: \$130 | NR: \$156

INTRO TO LACROSSE

Learn the game of Lacrosse with Mount Si High School Lacrosse players and coaches. These sessions will focus on skill building exercises along with team play. Enjoy all lacrosse has to offer in an "indoor" setting. Equipment will be provided.

Intro to Lacrosse Grade: K-4
 Min: 8 Max: 24 F Sep 20-Nov 22
 Instructor: Mt. Si Lacrosse Club 5:00PM-6:00PM
 Location: Si View Center R: \$240 | NR: \$288



VOLLEYBALL

Choose from several schedule options for Volleyball classes for boys and girls this Fall! Join instructor Cristin Richards for an hour of competitive volleyball drills. These sessions will touch on all skills while competing in game-like situations for an hour to prepare your child for any future volleyball plans! Cristin has played and coached over the years at all ages. She enjoys coaching all levels to improve their skills and knowledge of the game!

30492 Fall Session 1 Grade: 2-5
 Min: 4 Max: 16 S Oct 06-Nov 03
 Instructor: Cristin Richards 11:30AM-12:30PM
 Location: Si View Center R: \$165 | NR: \$198

30493 Fall Session 1 Grade: 6-8
 Min: 4 Max: 16 S Oct 06-Nov 03
 Instructor: Cristin Richards 12:30PM-1:30PM
 Location: Si View Center R: \$165 | NR: \$198

30494 Fall Session 2 Grade: 2-5
 Min: 4 Max: 16 S Nov 17-Dec 15
 Instructor: Cristin Richards 11:30AM-12:30PM
 Location: Si View Center R: \$165 | NR: \$198

30495 Fall Session 2 Grade: 6-8
 Min: 4 Max: 16 S Nov 17-Dec 15
 Instructor: Cristin Richards 12:30PM-1:30PM
 Location: Si View Center R: \$165 | NR: \$198

30500 September Grade: 2-5
 Min: 4 Max: 16 W Sep 04-25
 Instructor: Cristin Richards 6:00PM-7:00PM
 Location: Si View Center R: \$165 | NR: \$198

30501 September Grade: 6-8
 Min: 6 Max: 16 W Sep 04-25
 Instructor: Cristin Richards 7:00PM-8:00PM
 Location: Si View Center R: \$165 | NR: \$198

30498 October Grade: 2-5
 Min: 6 Max: 16 W Oct 02-30
 Instructor: Cristin Richards 6:00PM-7:00PM
 Location: Si View Center R: \$206.25 | NR: \$247.50

30499 October Grade: 6-8
 Min: 6 Max: 16 W Oct 02-30
 Instructor: Cristin Richards 7:00PM-8:00PM
 Location: Si View Center R: \$206.25 | NR: \$247.50

30496 November Grade: 2-5
 Min: 6 Max: 16 W Nov 06-20
 Instructor: Cristin Richards 6:00PM-7:00PM
 Location: Si View Center R: \$123.75 | NR: \$148.50

30497 November Grade: 6-8
 Min: 6 Max: 16 W Nov 06-20
 Instructor: Cristin Richards 7:00PM-8:00PM
 Location: Si View Center R: \$123.75 | NR: \$148.50

30490 December Grade: 2-5
 Min: 6 Max: 16 W Dec 04-18
 Instructor: Cristin Richards 6:00PM-7:00PM
 Location: Si View Center R: \$123.75 | NR: \$148.50

30491 December Grade: 6-8
 Min: 4 Max: 16 W Dec 04-18
 Instructor: Cristin Richards 7:00PM-8:00PM
 Location: Si View Center R: \$123.75 | NR: \$148.50



TEEN PROGRAMS

TEEN NIGHTS

Teen Nights offer fun times for 6-8 graders! Join Si View youth staff for an awesome night of games such as dodgeball, basketball, minute to win it style challenges, trivia, socializing and more. Snacks are available for purchase. Activities will vary month to month.

30655 Swimming! Grade: 6-8
 Min: 10 Max: 45 F Sep 13
 Instructor: Si View Staff 7:00PM-9:30PM
 Location: Si View Center R: \$10 | NR: \$12

30656 Spooky Halloween Party! Grade: 6-8
 Min: 10 Max: 45 F Oct 18
 Instructor: Si View Staff 7:00PM-9:30PM
 Location: Si View Center R: \$10 | NR: \$12

30657 NERF War! Grade: 6-8
 Min: 10 Max: 45 F Nov 08
 Instructor: Si View Staff 7:00PM-9:30PM
 Location: Si View Center R: \$10 | NR: \$12

NO SCHOOL DAY TRIP

No School, no problem! Join Si View for a day full of adventure similar to a summer camp day! We will meet at the Si View Community Center. These trips will allow students the chance to explore new interests, see and do activities different than the typical school experience. No need to sit at home on a screen all day. Grab your friends and let's go out on an adventure! Be sure to bring a back pack, lunch, and water bottle.

30763 No School Day Trip Grade: 6-8
 Min: 4 Max: 10 Oct 07
 Instructor: Si View staff 8:30AM-6:00PM
 Location: Si View Center R: \$95 | NR: \$114

TEEN TRIP

Teen Trips are a new Friday activity outlet for middle school students. These trips will allow students the chance to explore new interests, see and do activities different than the typical school experience. No need to sit at home on a screen all day. Grab your friends and let's go out on an adventure! We will meet at the Si View Community Center. Be sure to bring a snack and a water bottle!

30742 Escape Room! Grade: 6-8
 Min: 4 Max: 10 F Nov 22
 Instructor: Si View staff 5:00PM-9:30PM
 Location: Si View Center R: \$65 | NR: \$78



HOMESCHOOL TRIP

Lets go on a field trip! Join Si View as we get out of the classroom and go experience something new! Homeschool field trips is a new program geared to help your student learn more about the world around them, while also ture!having a day of fun! Remember to bring lunch and water bottle for this adventure.

30741 Mini Golf Grade: 5-9
 Min: 4 Max: 10 F Nov 15
 Instructor: Si View staff 2:00PM-7:00PM
 Location: Si View Center R: \$65 | NR: \$78



SNO-VALLEY YOUTH COUNCIL

Sno-Valley Youth Council is a group of local middle and high school students that plan and participate in community events and service projects. The more students that are involved, the more we will be able to do! Come meet new friends, have your voice heard, and help make a difference. Joining the group is free. Youth Council meets the second and fourth Tuesday each month during the school year. Schedule is subject to change due to school calendar and program events.

30658 Sno-Valley Youth Council Grade: 6-12
 Min: 3 Max: 25 T Sep 10-Jun 10
 Instructor: Si View staff 5:00PM-6:00PM
 Location: NB Library FREE

SUPER SITTERS

This class teaches young people important basic babysitting and home safety skills. Students completing the class will be better prepared to provide a safer and more positive childcare experience for themselves and the young children they care for. Course topics include the business of babysitting, parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, and age-appropriate ways to engage and care for babies and young children. Participants receive a Babysitting 101 handbook and a course completion certificate. Please bring a drink, a healthy nut-free snack and lunch.

30621 Super Sitters Age: 11-15
 Min: 6 Max: 12 SA Oct 05
 Instructor: Sam Sinanan 9:00AM-1:30PM
 Location: Si View Center R: \$68 | NR: \$81.60

HARVEST FESTIVAL VOLUNTEERS

This annual celebration geared towards families with pre-K to elementary students is filled with fun activity stations and carnival style games and prizes. Operating all the activities takes dozens of volunteers, and we would love for you to join the fun. Volunteers will be stationed at Si View Community Center, attend a brief event training prior to assignment to an activity station, and spend the afternoon helping event goers have fun. Ages 13+ are welcome to join our volunteer team and community service hours are granted. Contact Jill Rittenhouse for information, jrittenhouse@siviewpark.org



FALL TEEN HIKES

Join us on early release Fridays as we explore local trails in the surrounding area. Transportation provided from Twin Falls Middle School. We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Led by Wilderness first aid certified staff. Schedule may change due to weather.

30681 Denny Creek Grade: 6-9
 Min: 4 Max: 10 F Sep 27
 Instructor: Si View Staff 1:00PM-6:30PM
 Location: Si View Center R: \$55 | NR: \$66

30682 Poo Poo Point Grade: 6-9
 Min: 4 Max: 10 F Oct 25
 Instructor: Si View Staff 1:00PM-6:30PM
 Location: Si View Center R: \$55 | NR: \$66

HOMESCHOOL FALL HIKES

Is your student looking to expand their knowledge and experience with the outdoors? Come join us as we explore local trails in the surrounding area. We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Led by Wilderness first aid certified staff. Schedule may change due to weather.

30739 Rattlesnake Ledge Grade: 5-9
 Min: 4 Max: 10 F Oct 11
 Instructor: Si View Staff 2:00PM-6:30PM
 Location: Si View Center R: \$45 | NR: \$54

30740 Cedar Butte Grade: 5-9
 Min: 4 Max: 10 F Nov 01
 Instructor: Si View Staff 2:00PM-6:30PM
 Location: Si View Center R: \$45 | NR: \$54



OUTDOOR PROGRAMS

TOLLGATE FARM PARK PARKRUN, BAQWAB

Saturday at Tollgate Farm Park, 9AM

Tollgate Farm Park parkrun, baqwab is a free, volunteer organized weekly 5k walking and running event for people of all abilities. This event offers an opportunity for all members of the local community to come together on a regular basis to enjoy the outdoors and be physically active. The goal is to encourage people to walk, jog, run, or volunteer together. Visit www.parkrun.us/tollgate-farmparkbaqwab/ for more details and registration. You only need to register once, then just set your alarm for Saturday mornings (come whenever your schedule allows) and get yourself there. The event starts near the playground. Tollgate Farm is part of an area known as baqwab by the Snoqualmie people and participants are encouraged to recreate respectfully. Please carpool or arrive on foot or bike, if possible. All parkrun events are volunteer coordinated in collaboration with Si View Metro Parks.



YOUTH OUTDOOR

DISC GOLF FOR YOUTH

Calling all young Disc golfers! This NEW specialized six-week after school program is meticulously designed to provide comprehensive instruction in various facets of disc golf. The program aims to cultivate a thorough understanding and mastery of the game, emphasizing essential elements such as rules, etiquette, skill development, and holistic wellness. If you are a veteran player or new to the game, you're encouraged to join the fun!

30678 Disc Golf Age: 9-14
 Min: 5 Max: 25 TH Sep 05-Oct 10
 Instructor: Corey Gerberdolan 5:30PM-7:00PM
 Location: South Fork Landing R: \$140 | NR: \$168

DISC GOLF CLINIC

This 5-week clinic focuses on the basics of disc golf including: rules of the game, backhand, forehand, utility shots and putting! We will end the clinic with a Final Day Tournament. Taught by Coaching Professionals Max Spears and Chris Waugh right here at our beautiful South Fork Landing Disc Golf course.

Disc Golf Clinic Age: 10+
 Min: 10 Max: 30 T Aug 27-Sep 24
 Instructor: Mando's Disc Golf 6:00PM-7:30PM
 Location: South Fork Landing R: \$120 | NR: \$144



BIKE ADVENTURE DAYS

Join Si View staff for a day of adventuring on our bikes! Each event starts at the Si View Community Center. We will head out on adventures around North Bend using local trails. Students learn basic safety and bike maintenance topics. Plan on bringing a backpack to carry snacks, water and any other materials needed for the day! We will make stops at places like The Line, The South Fork General store, Rattlesnake Lake and more. If you do not have a bike, bike rentals are available at The Line Experience, in North Bend.

30679 Adventure 1 Age: 10-15
 Min: 4 Max: 10 F Sep 20
 Instructor: Si View Staff 2:00PM-6:30PM
 Location: Si View Center R: \$45 | NR: \$54

30680 Adventure 2 Age: 10-15
 Min: 4 Max: 10 F Oct 04
 Instructor: Si View Staff 2:00PM-6:30PM
 Location: Si View Center R: \$45 | NR: \$54

PUMP TRACK DIG & RIDE

North Bend Community stewardship day in partnership with Evergreen Mountain Biking

Join Si View and Evergreen MTB for an evening at the Torguson Park Pump Track. All riders welcome, from beginners to experts, and everyone in between! We'll work under guidance of professional trail builders to help get our pump track in tip top shape following a very busy summer season. We will be raking away the gravel and branches, reshaping berms and rollers, clearing drainage areas and much more. The more help we get, the more we can accomplish! Grab your gloves and let's get digging. Most tools are provided by Evergreen. Register ahead of time on our website to make sure we have enough people.

Check website for upcoming work parties!

ADULT OUTDOOR

ADULT GUIDED HIKES

Are you looking to expand on your usual walking fitness to the great outdoors? Living in North Bend gives us great access to our extended backyard! Join us on these easy to moderate hikes as we add some elevation to your normal walking route. Followed by a lunch trip to a local restaurant. Transportation provided to/from trailhead and restaurant. Please meet at Si View Community Center. *Fee does not include lunch*.

30764 Denny Creek / Rio Bravo Age: 18+
 Min: 4 Max: 8 M Sep 16
 Instructor: Si View staff 9:30AM-2:00PM
 Location: Si View Center R: \$10 | NR: \$12

30765 Cedar Butte / Los Cabos Age: 18+
 Min: 4 Max: 8 M Oct 14
 Instructor: Si View staff 9:30AM-2:00PM
 Location: Si View Center R: \$10 | NR: \$12

PLOGGING GROUP

Plogging is a new sustainable initiative invented in Sweden which combines sports like jogging with caring for the environment. The idea of this sustainable initiative is simplicity itself: the participants, 'ploggers', take to the streets with rubbish bags to pick up any litter they come across while exercising. The word 'plogging' comes from Swedish 'plocka upp' (pick up) and the English word jogging. Join this new Si View group as we aim to get in some exercise while also cleaning up our community! Walkers and joggers of all skill levels welcome. Organized meet ups every 1st and 3rd Tuesday of the month.

30654 Plogging Club Age: 14+
 Min: 2 Max: 50 T Sep 03-Oct 29
 Instructor: Si View Staff 5:30PM-6:30PM
 Location: Local parks FREE

SI VIEW WALKING CLUB

We are excited to continue getting out and stepping with the Si View Walking Club! Walks take place at local parks and trails throughout North Bend. Participants will have the opportunity to socialize while getting their steps in! Walks will be a blend of Si View and volunteer led events. Be sure to pre-register for route maps and meeting locations.

30677 Fall Walking Club Age: 16+
 Min: 1 Max: 50 T Sep 03-Nov 26
 Instructor: Si View Staff 11:30AM-12:30PM
 Location: Local parks FREE

STROLLER STRIDERS

Calling all new parents! Time to lace up your walking shoes and get striding with your little ones. This walking group aims to bring together parents to socialize, encourage new friendships, and be active with their stroller bound children. Join Si View on these Stroller friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks are scheduled every other Wednesday. Be sure to pre-register for email updates on routes and meeting locations.

30641 Stroller Striders Age: 16+
 Min: 2 Max: 25 W Sep 11-Nov 20
 Instructor: Si View Staff 11:30AM-12:30PM
 Location: Local parks FREE



MARTIAL ARTS

SPECIALIZED RECREATION



MT SI SCHOOL OF KARATE

Welcome to our martial arts training for youth and adults! We believe and teach the concept that our students need to be well-rounded, educated, competent individuals. We believe that encouragement works better than threats in motivating students to work harder and to push themselves through mental plateaus encountered in their training. We are systematic in acknowledging our students' achievements, whether in the martial arts or in their outside lives. Life skills are incorporated to our curriculum throughout the year, for application at home, in school, and in their martial arts training including focus, determination, courage, teamwork, compassion, balance, effort, self-discipline, technique, responsibility, accuracy, gratitude, patience, respect, perseverance, and loyalty.

All students will need a karate uniform. Uniforms can be purchased from the instructor; the cost is \$40, payable to the instructor in cash or check. Students have opportunities for belt testing in the Fall and Spring. Tournaments are held several times a year, participation is optional.

Our classes are open to students ages 6 to adult, and all skill levels. This class structure allows families to train together, and a supportive setting where younger students gain knowledge from older, more experienced students. Group size is limited to 12 students per class.



FALL CLASS SCHEDULE

September 3-December 21

Early Fall classes may be held outdoors at Si View Park, weather permitting, and indoors at the community center the rest of the season. Students can register for classes on a month-to-month basis, or pre-pay for the full 4-month semester.



Month to month registration and payment is required by the first class day of each new month to stay active in the program. 4-month enrollment registration and payment for the Fall session is due by September 9. The 4-month rate includes a 20% discount. No classes are scheduled for Sep 2, Oct 26, Nov 11, Nov 28, Dec 7, Dec 14, and Dec 23-31.

Monthly Tuition

Due by first class day of each month
R \$132 | NR \$158.40

4-Month Enrollment

Due by September 9
R \$422.40 | NR \$506.88

Class Options

We offer several options for class times to meet the needs of families. It is important that students attend the days and times that they are registered for. Choose from these options:

Mon & Wed	4:30PM-5:30PM
Mon & Wed	5:45PM-6:45PM
Mon & Wed	7:00PM-8:00PM
Tue & Thu	4:30PM-5:30PM
Tue & Thu	5:45PM-6:45PM
Tue & Thu	7:00PM-8:00PM
Sat	9:00AM-11:00AM

We are pleased to offer Specialized Recreation programs for community members with disabilities. Our goal is to provide an inclusive environment for specialized programming, and we encourage participation from all. Parents & caregivers are welcome to join at no cost. For more information about our specialized recreation program, please contact Zach Todd at 425-414-0672.

FALL SERIES

Come join us for fun activities, each week includes a different activity. See schedule below.

Fall Series Age: 18+
 Min: 4 Max: 10 M Sep 23-Nov 18
 Instructor: Si View Staff 5:00PM-7:00PM
 Location: Si View Center R: \$112 | NR: \$134.40

FALL SCHEDULE

Sep 23.....	Fall Crafts
Sep 30.....	Games Night
Oct 7.....	Movie & Treats
Oct 14.....	Build a Pizza Party
Oct 21.....	Tie-Dye
Oct 28.....	Halloween Party
Nov 4.....	Spaghetti Feast
Nov 11.....	No Program - Holiday
Nov 18.....	Paint Night

Fall Crafts

Purple, Pink, Orange or Blue, we want to make some art with you! Join us for an evening of Fall-themed arts & crafts projects and take home your masterpiece. This night is sure to be full of great company, laughs, and fun!

Games Night

Calling all competitors! Come join us for a few rounds of Bingo and then time to play your favorite board games from the past and present. You won't want to miss out on this fun! The first Bingo game starts at 5:15PM.

Movie & Treats

Join us for a movie and popcorn! Dress comfortably and bring some snacks to enjoy while we watch. The movie starts at 5pm. We will have some baked treats to enjoy.

Build a Pizza Party

Bring your favorite toppings! We are supplying crust and sauce. We will be making our pizzas to enjoy with our friends. And we will have a short activity.

Tie Dye

Bring your white clothes - t-shirts, socks, or bandanas all make a great material to tie dye! You bring the clothes, and we will bring the color.

Halloween Party

Time for a spooky Halloween party! Dress up if you scare. We will have Halloween activities and sweet treats!

Spaghetti Feast

It's a Dinner Party. We will be cooking up some yummy pasta, French bread, and salad! Join us for a great family style dinner and help by bringing your things to add to your spaghetti or the dinner overall like a dessert.

Paint night

We close out the season with a paint party! Time to bring out your creative side while we put paint to canvas! Remember to bring dinner to enjoy before we start.

ADULT SPORTS

OPEN GYM

DROP-IN ACTIVITIES

Joining open gym sessions is easy. You can either pay a single day drop-in fee at the time of check-in or purchase a 10-visit pass that is valid for all open gym sports at Si View Community Center. Passes are valid for one year from the date of purchase.

PICKLEBALL OPEN GYM

Come have fun with friends and fellow community members playing pickleball. Open gym times allow attendees to freely play games and compete with others onsite. This is a self-organized activity. Three courts are available on most days to maximize your opportunity to play each day. Nets are set up by staff, please bring a paddle if you have one, limited number of paddles available.

BASKETBALL AND VOLLEYBALL OPEN GYM

Open gym basketball and volleyball are times for pick-up games with other community members on site. These are self-organized activities where attendees coordinate games and include all attendees in rotations. Si View Gym can be set up for full court play or half court play.

Please note that the open gym schedule is subject to change during league play, school breaks and special events.

SUMMER SCHEDULE

Through Aug 31
Closures: Aug 10, Aug 17

MondayBasketball ..6:30PM-8:00PM.... Full court
TuesdayPickleball7:00PM-8:30PM..... 3 courts
Wednesday....Basketball ..6:30PM-8:00PM.... Full court
Thursday Volleyball....7:00PM-8:30PM.... Full court
Saturday.....Volleyball....9:00AM-11:00AM Full court

FALL SCHEDULE

September 1-December 21
Closures: Sep 2, Oct 7, Oct 25-26, Nov 11, Nov 28-29, Dec 6-7, Dec 14

MondayPickleball12:30PM-3:30PM 3 courts
MondayBasketball ..8:30PM-9:45PM.... Full court
TuesdayPickleball12:30PM-3:30PM 3 courts
ThursdayPickleball8:15PM-9:45PM..... 3 courts
FridayPickleball1:00PM-4:00PM 3 courts
Saturday.....Basketball ..9:00AM-10:00AM Full court

OPEN GYM RATES

Drop-in, valid for pickleball, basketball or volleyball.
Adults 18-54 \$5
Youth/Senior \$4

10-visit punch pass, valid for 12 months from date of purchase

Adults 18-54 R \$40 | NR \$48
Youth/Senior R \$32 | NR \$38.40

SPORT LEAGUES

CORNHOLE LEAGUE

Join us at South Fork Landing Park for our second annual Fall Cornhole League. Gather your friends, family, and neighbors for a season full of fun and friendly competition! Our league format includes 6 regular season games followed by 2 weeks of playoffs. One registration per team. A team consists of a team captain, a primary partner, and two subs, ensuring flexibility throughout the season. Don't miss out on this chance to join the Cornhole League and make some lasting memories this Fall! Food and beverage from the restaurant may not be brought out to the park. Please enjoy dinner before and after the games. Thank you!

30618 Cornhole League Age: 18+
Min: 6 Max: 10 TH Sep 05-Oct 24
Instructor: NA 5:30PM-7:30PM
Location: South Fork Landing R: \$80 | NR: \$96

PICKLEBALL LEAGUE

Get ready for an exhilarating season of indoor pickleball at Si View Community Center. Our Recreation League is perfect for players rated between 1.0 and 2.5, offering a relaxed and enjoyable atmosphere for friendly matches. If you're looking for a more competitive edge, our Competitive League is designed for those rated between 3.0 and 5, where the intensity and excitement of the game are at their peak. Both leagues feature a doubles format. Each team consists of a team captain, primary partner, and two substitutes, ensuring flexibility throughout the season. Team captains are responsible for registration of their team, 1 registration per team. Single players, please reach out to Tyler Burnett at tburnett@siviewpark.org for team placement. Team placement is not guaranteed. Join us for a season filled with excitement, camaraderie, and thrilling competition at Si View.

30616 Recreational Age: 18+
Min: 6 Max: 24 M Sep 09-Oct 28
Instructor: NA 5:00PM-8:00PM
Location: Si View Center R: \$100 | NR: \$120

30617 Competitive Age: 18+
Min: 4 Max: 24 M Nov 04-Dec 17
Instructor: NA 5:00PM-8:00PM
Location: Si View Center R: \$100 | NR: \$120



FRIDAY NIGHT PICKLEBALL

Welcome to Si View Metro Parks' newest offering - Friday Night Pickleball! It's the ideal chance to unwind with some casual, social pickleball action. Whether you're an experienced player or just aiming to shake off the stress of the week, this is the spot to be. Games are standard Open Play Format. Please note that pre-registration is mandatory, and registration is open to the first 8-16 customers. We need to hit the minimum number of participants two days in advance to ensure we can carry on with the games. So, don't wait - secure your spot early! Get ready for an evening of fun and some fantastic pickleball action at Si View Metro Parks' Friday Night Pickleball. * No Oct 18, 25, Nov 8, 15, 29, Dec 6.

Friday Night Pickleball Age: 16+
Min: 8 Max: 16 F Oct 04-Dec 20*
Instructor: NA 7:00PM-9:00PM
Location: Si View Center R: \$10 | NR: \$12 per day



CLASSES AND CLINICS

INTRO TO PICKLEBALL

Interested in learning to play pickleball, the fastest growing sport in the country? Join this 3-hour clinic to learn all of the basics you'll need to play. We'll cover pickleball rules and court positioning, and practice basic paddle strokes (dink, volley, serve, return). You'll leave with confidence to start playing pickleball. This clinic is designed for brand new players. Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPR certified pickleball coach Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball.

30702 Intro Clinic 1 Age: 16+
Min: 4 Max: 12 SA Sep 14
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Center R: \$40 | NR: \$48

30703 Intro Clinic 2 Age: 16+
Min: 4 Max: 12 SA Sep 28
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Center R: \$40 | NR: \$48

30704 Intro Clinic 3 Age: 16+
Min: 6 Max: 12 SA Nov 09
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Center R: \$40 | NR: \$48

30705 Intro Clinic 4 Age: 16+
Min: 4 Max: 12 SA Nov 23
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Center R: \$40 | NR: \$48

30702 Intro Clinic 5 Age: 16+
Min: 4 Max: 12 SA Dec 21
Instructor: Chris Fagan 1:00PM-4:00PM
Location: Si View Center R: \$40 | NR: \$48

PICKLEBALL SKILLS - UP YOUR GAME!

Are you an advanced beginner to intermediate pickleball player who wants to improve your skills? Join this 5-week clinic to up your game. We use fun and effective drills, live ball scenarios, and mini-games to help each player improve. Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPR certified pickleball coach Chris Fagan and her husband Marty Fagan. Learn more at chrisfagan.net/pickleball.

- * Dinking (form, strategy) and volleys (punch volley, block volley).
- * Third shot drop, third shot drive, and approaching the kitchen.
- * Serve and return technique and strategies.
- * Lob and overhead technique and strategies.
- * Advanced offensive and defensive play.

30707 Skills 1 Age: 16+
Min: 4 Max: 12 W Sep 04-Oct 02
Instructor: Chris Fagan 11:30AM-1:00PM
Location: Si View Center R: \$100 | NR: \$120

30708 Skills 2 Age: 16+
Min: 4 Max: 12 W Oct 30-Dec 04
Instructor: Chris Fagan 11:30AM-1:00PM
Location: Si View Center R: \$100 | NR: \$120

ADULT PROGRAMS

ASHTANGA YOGA


Ashtanga Yoga, the "Eight Limbs of Yoga" is a slow flow, meditative physical practice (3rd limb) infused with breath work (4th limb), yoga philosophy (limbs 1 and 2) and the various levels of meditation (limbs 5-8). Yoga is a way of life which complements your belief system whether you are atheist, agnostic, spiritual or religious. The goals of this practice are to feel more relaxed and centered, flexible and strong and better able to take on all that your life entails. Practicing yoga together builds a strong support system and sense of belonging. The class levels are adapted to suit your experience with yoga, general health and conditioning. The instructor is happy to assist you with deciding on the particular practice to join. Yoga mat required; other props recommended but not necessary.

Instructor: Judy Baldwin

Age: 16+

Location: Meadowbrook Farm

Min: 5 Max:20



ASHTANGA YOGA CLASS SCHEDULE					
Class	Day	Dates	Time	Cost R	NR
Gentle yoga	M	Sep 9-30	4:30PM-5:30PM	\$40	\$48
Gentle yoga	M	Oct 7-28	4:30PM-5:30PM	\$40	\$48
Gentle yoga	M	Nov 4-25	4:30PM-5:30PM	\$30	\$36
Gentle yoga	M	Dec 2-16	4:30PM-5:30PM	\$30	\$36
Gentle yoga	TH	Sep 5-26	4:30PM-5:30PM	\$40	\$48
Gentle yoga	TH	Oct 3-24	4:30PM-5:30PM	\$40	\$48
Gentle yoga	TH	Nov 7-21	4:30PM-5:30PM	\$30	\$36
Gentle yoga	TH	Dec 5-19	4:30PM-5:30PM	\$30	\$36
Intermediate yoga	TH	Sep 5-26	6:00PM-7:00PM	\$40	\$48
Intermediate yoga	TH	Oct 3-24	6:00PM-7:00PM	\$40	\$48
Intermediate yoga	TH	Nov 7-21	6:00PM-7:00PM	\$30	\$36
Intermediate yoga	TH	Dec 5-19	6:00PM-7:00PM	\$30	\$36
All level yoga	M	Sep 9-30	7:15PM-8:15PM	\$40	\$48
All level yoga	M	Oct 7-28	7:15PM-8:15PM	\$40	\$48
All level yoga	M	Nov 4-25	7:15PM-8:15PM	\$30	\$36
All level yoga	M	Dec 2-16	7:15PM-8:15PM	\$30	\$36
Beginner yoga	M	Sep 9-30	6:00PM-7:00PM	\$40	\$48
Beginner yoga	M	Oct 7-28	6:00PM-7:00PM	\$40	\$48
Beginner yoga	M	Nov 4-25	6:00PM-7:00PM	\$30	\$36
Beginner yoga	M	Dec 2-16	6:00PM-7:00PM	\$30	\$36

RELAX AND REPLENISH YOGA

Restorative yoga offers a simple way to practice relax, relieve discomfort, and re-energize. This restorative yoga class is suitable for all levels. We use props like blankets, towels, or pillows to support the body in poses and allow muscles and connective tissue to relax. Classes include guided meditations and gentle breathwork. Bring a yoga mat and any props you have available, like a blanket or large towel, a bolster or pillow.

Relax and Replenish (1)

Age: 16+

Min: 4 Max: 12

M Oct 07- Nov 04

Instructor: Alexandra Howson

10:00AM-11:00AM

Location: Si View Center

R: \$50 | NR: \$60

Relax and Replenish (2)

Age: 16+

Min: 4 Max: 12

M Nov 18-Dec 16

Instructor: Alexandra Howson

10:00AM-11:00AM

Location: Si View Center

R: \$50 | NR: \$60

FITMATES

Are you game for a challenge? Come workout with the Fitmates group! We will be torching calories, toning muscles, and building endurance; all in an energetic setting with a challenge by choice approach. Fitmates will keep you motivated and coming back for more!

Min: 3 Max: 10

Age: 18+

Instructor: Michael Gaudio

T/TH Sep 03-Dec 19

Location: Si View Center

6:00PM-7:00PM

10 class pass, valid for 6 months

R \$67.50 | NR \$92



HIPS, CORE, AND PELVIC FLOOR

Updated format! A weekly, progressive 45-minute total body HIIT and strength workout with a focus on optimal pelvic floor and core function. Each session is paired with a brief but empowering 15 minute chat covering various pelvic and women's health topics. Whether you have pelvic floor goals (be they jumping on the trampoline again or chasing toddlers without leakage), or just want to gain some general strength for maintenance and prevention, this class is for you! We will foster camaraderie and a positive environment while we work. A complimentary print-out of each week's exercises is provided for reference. Taught by a local doctor of physical therapy, exercises can be modified to accommodate various fitness levels. For those postpartum, it is recommended not to start until around 10 weeks after birth.

30546 Hips, Core, and Pelvic Floor

Age: 18+

Min: 3 Max: 15

W Sep 18-Oct 30

Instructor: Linsey Tracy

10:00AM-11:00AM

Location: Meadowbrook Farm

R: \$200 | NR: \$240

STRENGTH TRAINING FOR RECREATIONAL RUNNERS

This weekly, progressive class will focus on total body strength and stability to support runners who want to work toward running goals of any size with cross training. We will use body weight, resistance bands, and HIIT-style exercises to enhance performance and reduce the risk for running-related injuries. Participants should expect a supportive environment for runners of all levels.

30683 Strength Training

Age: 18+

Min: 4 Max: 15

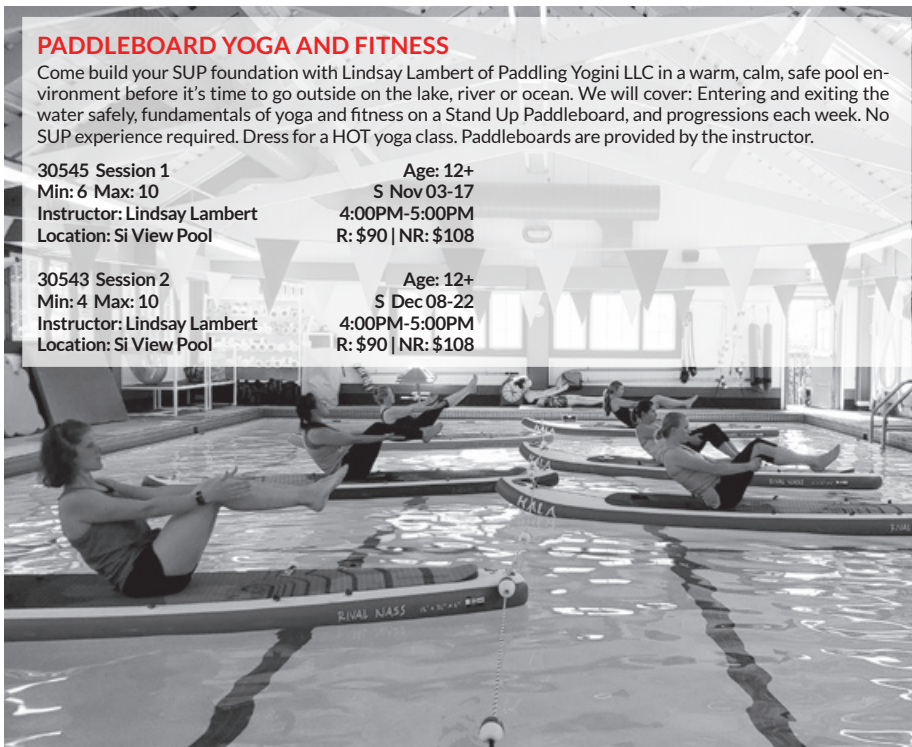
W Sep 18-Nov 06

Instructor: Linsey Tracy

4:30PM-5:30PM

Location: Meadowbrook Farm

R: \$200 | NR: \$240



PADDLEBOARD YOGA AND FITNESS

Come build your SUP foundation with Lindsay Lambert of Paddling Yogini LLC in a warm, calm, safe pool environment before it's time to go outside on the lake, river or ocean. We will cover: Entering and exiting the water safely, fundamentals of yoga and fitness on a Stand Up Paddleboard, and progressions each week. No SUP experience required. Dress for a HOT yoga class. Paddleboards are provided by the instructor.

30545 Session 1
Min: 6 Max: 10
Instructor: Lindsay Lambert
Location: Si View Pool

Age: 12+
S Nov 03-17
4:00PM-5:00PM
R: \$90 | NR: \$108

30543 Session 2
Min: 4 Max: 10
Instructor: Lindsay Lambert
Location: Si View Pool

Age: 12+
S Dec 08-22
4:00PM-5:00PM
R: \$90 | NR: \$108

ADULT PROGRAMS



LINE DANCE

Line dance class is a blast and you don't need a partner to participate! Learn 1-2 new dances each week, with time for practice and review. Whether you want to wow people on the dance floor or are looking for a fun way to burn some calories, this class is for you! This class accepts single day sign-ups if the course has not sold out. Cost for single day visit is R \$12/NR \$14.40, payable prior to participation.*No class Oct 16.

- 30519 September Age: 18+
Min: 6 Max: 24 W Sep 04-25
Instructor: Amanda Johnson 8:00PM-9:00PM
Location: Si View Center R: \$40 | NR: \$48
- 30518 October Age: 18+
Min: 6 Max: 24 W Oct 02-30*
Instructor: Amanda Johnson 8:00PM-9:00PM
Location: Si View Center R: \$40 | NR: \$48
- 30517 November Age: 18+
Min: 6 Max: 24 W Nov 06-27
Instructor: Amanda Johnson 8:00PM-9:00PM
Location: Si View Center R: \$40 | NR: \$48

INTERMEDIATE LINE DANCE

The dances taught in this class will be intermediate level, but no experience is required! We will break down each new dance so that anyone can learn and will also leave time for review.

- 30631 Intermediate Line Dance Age: 18+
Min: 4 Max: 24 M Sep 09-30
Instructor: Amanda Johnson 8:00PM-9:00PM
Location: Si View Center R: \$40 | NR: \$48

MEMOIR WRITING GROUP

A guided and structured environment for developing a writing practice. Using prompts and some relaxation techniques, we will explore the process of letting ourselves write about that which has personal meaning. We will also have opportunities for sharing with each other. Led by Bonnie Novakov Lawlor, M.A., author of Safe To Fall; Memoir of A Mind-Body Healer.

- 30642 Memoir Writing Group Age: 18+
Min: 4 Max: 15 T Sep 03-Oct 22
Instructor: Bonnie Lawlor 1:00PM-2:30PM
Location: Si View Center R: \$104 | NR: \$124.80

TAP: INTRO/BEGINNER

Come join the fun in adult tap and let yourself go in this beginning class welcome to all ages. Learn the basic steps and rhythm, travelling steps and shuffles. Wear comfortable clothing and bring your tap shoes. Valid class pass required. Class passes are interchangeable for Tap and Ballet.

- Intro/Beginner Tap Age: 18+
Min: 4 Max: 10 T Sep 17- 02-Dec 17
Instructor: Cristie Coffing 1:15PM-2:00PM
Location: Si View Center Pass options:
6 Class pass, valid for 120 Days R \$78 | NR \$93.60
10 Class pass, valid for 120 Days R \$130 | NR \$156

TAP: INTERMEDIATE/ADVANCED

Come join the fun in adult tap and let yourself go in this intermediate class welcome to all ages. Learn the basic steps and rhythm, travelling steps and shuffles. Wear comfortable clothing and bring your tap shoes. Valid class pass required. Class passes are interchangeable for Tap and Ballet.

- Intermediate/Advanced Tap Age: 18+
Min: 4 Max: 10 W Sep 18- 02-Dec 18
Instructor: Cristie Coffing 1:00PM-1:45PM
Location: Si View Center Pass options:
6 Class pass, valid for 120 Days R \$78 | NR \$93.60
10 Class pass, valid for 120 Days R \$130 | NR \$156



BALLET

Explore the art of Ballet in this class for new or beginning students! Develop an understanding of terminology, alignment, balance, and artistry through barre, center and traveling exercises. A fun and non-competitive way to immerse yourself in the beauty of dance. Wear comfortable clothes and ballet slippers or socks. Valid class pass required. Class passes are interchangeable for Tap and Ballet.

- Ballet Age: 18+
Min: 4 Max: 10 T Sep 17- 02-Dec 17
Instructor: Cristie Coffing 12:00PM-1:00PM
Location: Si View Center Pass options:
6 Class pass, valid for 120 Days R \$78 | NR \$93.60
10 Class pass, valid for 120 Days R \$130 | NR \$156



SOUND HEALING SESSIONS

Make way in your life for transformation through the healing power of sound while surrounded by the beautiful forests and meadows of Meadowbrook Farm Preserve. The sound healing is facilitated by Aimee Arendsee of Indivara Sound and Healing Arts. Relax into deep meditation through the sounds of crystal singing bowls, planetary tuned gongs, ocean drums, Koshi chimes and more. Please bring a water bottle, yoga mat/sleeping pad, blanket and pillow (if desired). Doors open at 6:15 pm. Doors close at 6:30 pm for the start of the event. The event runs from 6:30 pm to 7:45 pm and the building will remain open until 8:15 pm. Sound healing can aid in bringing your mind, body and spirit into vibrational energetic balance. It has been shown to reduce stress, anxiety, depression and blood pressure while creating a deeper state of relaxation and meditation. It cleanses and balances the chakras and promotes mental and emotional balance. Studies have shown sound healing also stimulates and balances the immune, glandular, and nervous systems. For more information, please visit <https://indivarasoundhealing.square.site>

- 30548 Session 1 Age: 18+
Min: 2 Max: 20 T Sep 10
Instructor: Aimee Arendsee 6:30PM-8:00PM
Location: Meadowbrook Farm R: \$30 | NR: \$36

- 30549 Session 2..... T Sep 24
- 30550 Session 3..... T Oct 08
- 30551 Session 4..... T Oct 22
- 30552 Session 5..... T Oct 29
- 30553 Session 6..... T Nov 12
- 30554 Session 7..... T Nov 26
- 30557 Session 8..... T Dec 10

TAI QI AND QI GONG

Tai Qi and Qi Gong are mind-body forms of movement that have grown out of the Taoist ancient Chinese culture, and worked with the Meridians and points used in Chinese Medicine. They are practiced for flexibility, grounding, increased strength and balance, coordination, more mindful breathing, and enhanced energy flow. The Qi Gong includes many movements based on The Animals which are delightful as they train the body as well as the imagination. All of the movements will be standing and can be modified according to the needs of each individual. These forms are famous for cultivating a fluidity of movement that grows out of increasing our core strength.

- 30555 Tai Qi and Qi Gong Age: 18+
Min: 6 Max: 15 W Sep 04-Oct 30
Instructor: Bonnie Lawlor 10:00AM-11:00AM
Location: Si View Center R: \$80 | NR: \$96

**See page 17 for
Adult Outdoor Programs**

SI VIEW POOL

Si View Pool is at the Si View Community Center, 400 SE Orchard Drive. The pool dimensions are 17 yards in length; 8 yards in width with 5 yards of 3 ½ feet depth, and 12 yards of varying depth 5 feet to 9 feet. We currently offer both group and private swim lessons for all ages, water safety courses, aquatic fitness programs, facility rentals and open drop-in activity times.

For questions about Si View aquatic programs, please email us at poolstaff@siviewpark.org or call 425-414-0765.

POOL CLOSURES

September 2 Labor Day
 November 11 Veterans Day
 November 27 Closing at 1:00PM
 Nov 28 - Dec 1 Maintenance closure

MODIFIED SCHEDULE

August 31 Due to holiday weekend
 Lap swim 11:00AM-1:00PM
 Public swim 1:15PM-2:30PM
December 23 - January 5
 Holiday schedule (will be posted online in November)

LAP SWIM

Lap swimming is a great way to workout at your own pace, towards your individual goals. Si View pool is 17 yards in length varying in depth from 3 ½ feet to 9 feet. Drop-in rates, punch passes, and one to six month passes available.

M/W/F 5:45AM-7:30AM
 Tu/Th 5:45AM-9:00AM
 M-Th 11:45AM-12:45PM
 M-Th 7:45PM-8:45PM
 F 11:15AM-12:15PM
 SA 7:00AM-8:00AM

*Check www.siviewpark.org/pool-schedule.phtml for schedule updates.

WATER AEROBICS

This class is a great cardiovascular workout for ages 12 and up. A no impact water exercise class, using buoyant and resistant equipment. The emphasis is on strength, range of motion and flexibility. It is a workout that can be adjusted to any participant level. Routines are diverse to hold participant interest. Drop-in rates or punch passes available.

M/W/F 7:35AM-8:35AM

GENTLE WATER EXERCISE

This class is geared for people with mobility and joint issues, but open to anyone interested in participating. The Gentle Water Exercise Program is designed to help ease the pain associated with joint and mobility issues through stretching, flexibility and warming movement while providing a fun and social opportunity. No swimming skills required. Drop-in rates.

M/T/W/Th 10:30AM-11:30AM

PUBLIC SWIM

Public swimming is a flexible time to come get in the water for exercise or play. Children under the age of 6 must have a parent in the water, within arm's reach, and little ones under the age of 3 and non-potty trained must wear a swim diaper. Drop-in rates, punch passes, and one to six month passes available.

F 5:15PM-6:30PM
 SA 1:15PM-2:30PM

PRIVATE POOL RENTALS

Si View Pool can be rented for private parties. Please visit www.siviewpark.org/si-view-pool-rental.phtml or contact Travis James at tjames@siviewpark.org for information and to book your party.

Saturdays Starting at 2:45PM
 Sundays Starting at 12:45PM

FALL SHOWER HOURS

Drop-in rates, punch passes, and one to six month passes available.

M/F 7:30AM-8:35AM
 M-Th 12:15PM-12:45PM
 M-Th 7:40PM-8:40PM
 F 5:15PM-6:15PM
 SA 7:00AM-8:00AM
 SA 1:15PM-2:15PM

POOL RULES

- Showering is required prior to entering pool.
- Swim test for anyone wanting to go into the deep water required; swim width of pool on front with face in the water and swim width of the pool on back.
- Children under the age of 6 must have an adult guardian in water, within arm's reach.
- Children under the age of 3 and non-potty trained must wear a swim diaper.



STEPS FOR HEALTHY SWIMMING

Protection Against Recreational Water Illnesses (RWIs). RWIs are illnesses caused by germs that can contaminate water in pools. Practice the following steps to protect yourself and others from getting sick. For additional information, please contact the pool staff.



- PLEASE don't swallow pool water. Blow bubbles instead.
- PLEASE wait at least 45 minutes after eating before entering the pool.
- PLEASE practice good hygiene. Shower with soap before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.
- PLEASE don't bring children to class if they have been vomiting in the last 24 hours.
- PLEASE take your kids on bathroom breaks or check diapers often. Waiting to hear "I have to go" may mean that it's too late.
- PLEASE change diapers in a bathroom or a diaper-changing area and not at poolside. Germs can spread in and around the pool.
- PLEASE wash your child thoroughly (especially the rear end) with soap and water before they go swimming. Invisible amounts of fecal matter can end up in the pool.
- PLEASE don't swim when you have diarrhea. You can spread germs in the water and make other people sick.

PROGRAM TYPE	ADULT (18-54)	FAMILY	YOUTH (3-17), SENIOR (55+), DISABILITY
Drop in Fee Lap/Public/Family Swim/Shower	\$5.25	\$12.75	\$4.25
Drop in Water Aerobics	\$7		\$6
10 Punch Pass* Water Aerobics	R \$63 NR \$75.60		R \$53.50 NR \$64.20
1 month Water Aerobics	R \$70 NR \$84.00		R \$60 NR \$72.00
10 Punch Pass* Lap Swim or Shower Public or Family Swim	R \$ 47.25 NR \$56.70	R \$114.75 NR \$137.70	R \$38.25 NR \$45.90
1 Month Pass Lap Swim or Shower Public or Family Swim	R \$52.50 NR \$63	R \$127.50 NR \$153	R \$42.50 NR \$51
3 Month Pass Lap Swim or Shower Public or Family Swim	R \$141.75 NR \$170.10		R \$114.75 NR \$137.70
6 Month Pass Lap Swim or Shower Public or Family Swim	R \$255.15 NR \$306.80		R \$206.55 NR \$247.86

*Punch passes expire one year from date of purchase.

SI VIEW POOL

LEARN TO SWIM PROGRAMS

For questions about Si View aquatic programs, please contact us at poolstaff@siviewpark.org or call 425-414-0765.

Open enrollment for Session G begins on Friday, August 9, 7AM for district residents and 12PM for nonresidents.

For Sessions H & I, please see the priority registration information listed below.

Si View Pool is an American Red Cross learn to swim facility. Our instructors are trained and certified to follow ARC learn to swim program course curriculum and criteria for each level. We encourage all new students to review skills covered at each level and the skills needed to pass a level prior to registering for a program. This information can be found online at www.siviewpark.org/aquatics.phtml. Our ability to make changes or transfer students when a session is in progress is very limited.

LESSON OPTIONS

Group lessons are available for ages 6 months to adults. The infant-toddler programs require parent participation in the water, but not for students in puddle jumpers II (although sometimes parent assistance is necessary at this age), preschool and youth programs.

Adult lessons are offered for adults who already have comfort in shallow water. Three levels are available: beginner, intermediate and advanced. Adult lessons are offered when there is minimal programming scheduled at the pool.

Private lessons are an option. Sometimes group setting is not the best option for student success. We offer a limited number of private lessons throughout the year for students ages 3 and older. Please check the website for availability by session.

We also offer a **developmental swim team** that helps students get ready for USA Swimming Association teams. It is recommended that before joining the swim team, students have completed Youth 5. All group and private lessons, and the swim team follow the same registration cycles and session dates.

SELECTING A COURSE LEVEL

Course level objectives and entry requirements are available on our website in the Swim Lessons section. After reviewing the skills covered for the course level, select a class on the conservative side of the student's skills. It is preferable that they succeed in the appropriate class rather than struggle in one that is difficult. Students will progress through levels at different speeds depending on age, physical coordination, practice outside of class, etc. In most cases, **completing a swim level takes 10 hours of lesson time**. For students enrolling for lessons for the first time, also check the minimum age requirements for the level. Please do not register for more than one day a week per session, as it limits opportunities for other students to enroll in lessons. If your child has taken time off from lessons, enroll them in a level where they will be comfortable and successful. If you are unsure of where to start, we encourage you to schedule an assessment. Swim assessments are free and take about 10 minutes. E-mail Bridget Verhei, bverhei@siviewpark.org.

Students enrolled in courses beyond their skill level may be withdrawn by staff.

REGISTRATION PERIODS

During open enrollment, lessons fill up quickly. We encourage you to register as soon as possible and use the waitlist option if a class has already filled. In the event of a cancellation, we will contact the waitlisted students. Each open enrollment period has a priority window for District residents before registration opens to the general public.

Open enrollment sessions:

- In December everyone can register for session A.
- In May everyone can register for sessions E, F, and the weeklong summer lessons.
- In August everyone can register for session G.

The next open enrollment is Friday August 9. Priority window for district residents will begin at 7AM and open enrollment for general public opens at 12PM.

How can residency status be verified? The Park District boundary map can be viewed on our website. Si View registration system assigns residency status based on the physical address associated with the customer account. District residents must have a physical address on file to access resident priority registration. If a PO Box was previously provided, physical address must be added to access resident priority registration. Updating address information is the customer's responsibility. Please contact us at (425) 414-0765 or email poolstaff@siviewpark.org to update your address information on file. Proof of residency such as a driver's license or utility bill, may be required. Account holders may also update their address online by logging in to the Si View registration platform.

Priority enrollment sessions:

Certain sessions allow priority enrollment for students already enrolled in the previous session. The purpose of this priority enrollment is to allow students to complete a swim level which typically takes 10 hours of instructional time per level. This applies to both group and private lessons.

Priority enrollment sessions include:

- Session B: For students enrolled in session A
- Session C: For students enrolled in session B
- Session D: For students enrolled in session C
- Session H: For students enrolled in session G
- Session I: For students enrolled in session H

Priority registration is available a day prior to general registration. Opening dates are announced at the beginning of each session. New students can join if space is available.

Session	Priority for students in previous session	General registration
H	Monday, October 14, 7:00AM	Tuesday, October 15, 7:00AM
I	Monday, November 25, 7:00AM	Tuesday, November 26, 7:00AM

HOW TO REGISTER

Swim lesson registration is available through our online portal. You can select the appropriate level to view all available courses. Visit www.siviewpark.org/aquatics.phtml to get started with registration. If you are new to Si View programs, you will need to create an online account prior to registration. You can also register by phone (425) 831-1900 or in-person at the pool or at our admin office. Be sure your account information is up to date and that you only have one account.

MISSED CLASSES OR WITHDRAWALS

We do not offer make-up days for any class days that a student misses, but we do encourage attendance for the rest of the session. Sometimes we must cancel a class day due to inclement weather or contamination, in those cases we credit students for the cancelled class. If you need to withdraw from a course that is in progress, **please see our refund policy on page 4 for details**. We are not able to transfer students from one class to another mid-session due to the large number of students enrolled in our programs.

SCHOLARSHIPS

Learning to swim is a critical life skill. Our goal is that everyone in our community can learn to swim. Financial need-based scholarships are available year-round. Please contact us for information and application before registering for a class. Scholarship applications take a week for approval.



HOW TO PREPARE FOR LESSONS

For first time students, it is a good idea to visit the pool prior to session starting. The Public Swim times are perfect for familiarizing students with the facility, the locker rooms, and the pool deck. For your lessons, please arrive at least 5 minutes before the start of your swimwear and bring a towel. If your child is not fully potty trained, please have them wear a swim diaper with snug fitting legs. It is best not to bring your child to a class with a full stomach, save snacks for the way home. Parents are welcome to stay on the bleachers during the lessons. It is helpful for parents to learn your child's instructor's name, and the swim class level (such as Pre 1 or Youth 1) prior to arrival. We have just a few minutes in between lessons for communication with parents, if you anticipate a longer conversation, please call 425-414-0765 or email bverhei@siviewpark.org to schedule a time to meet.

Should your child wear goggles during swimming lessons?

Our recommendation is to first try having a child start lessons without goggles. If they are confident and successful without goggles, they will never develop a dependence. Use of goggles is best begun in Preschool 2 and Youth 2. Though we are certainly thrilled at the progress kids make while using goggles, we also want to be sure that children can develop and use skills they may need in an emergency (where they most likely do not have goggles) or if they are wearing goggles, and they suddenly fill with water. The use of goggles in swimming lessons can be both beneficial and challenging.

Goggles can be a game changer for getting hesitant or scared swimmers in the water. Goggles offer kids the ability to see clearly and help them overcome initial fears as they learn to float and swim. They can better focus on the lesson without the discomfort and distraction that comes with getting water in their eyes. However, while goggles can boost confidence in the early days of swimming lessons, excessive reliance on goggles can hinder a child's ability to learn and grow. They may later protest that they just can't do it without their goggles. Goggles can become a distraction during lessons. If goggles are ill-fitting, uncomfortable, or a child just doesn't know how to wear and tighten them, they can spend a significant amount of the lesson paying attention to their goggles rather than on the skills.



SI VIEW POOL

SWIM LESSON FEES			
Parent-Tot	Session length*	Resident	Non-resident
	4 lessons	\$44	\$52.80
	5 lessons	\$55	\$66
	6 lessons	\$66	\$79.20
Preschool, Youth 1-4, Adult	Session length*	Resident	Non-resident
	4 lessons	\$48.40	\$58
	5 lessons	\$60.50	\$72.50
	6 lessons	\$72.60	\$87
Swim Team & Youth 5, Youth 6 (Youth 5 and Youth 6 are 45-minute lessons)	Session length*	Resident	Non-resident
	4 lessons	\$57.40	\$68.80
	5 lessons	\$71.75	\$86
	6 lessons	\$86.10	\$103.20
Private Lessons	Session length*	Resident	Non-resident
	Cost per lesson	\$55	\$66

Must register for the full length of the session

AMERICAN RED CROSS PROGRAMS

WHALE TALES

American Red Cross WHALE Tales: Water Habits Are Learned Early

FREE Resources for Parents!
Teach your children about water safety.

SCAN ME

Water Habits Are Learned Early

The American Red Cross provides a free resource for parents, caregivers and educators to teach children important water safety topics. The Longfellow's WHALE Tales program content is designed for K-5 grade students with short, engaging and age-appropriate videos, worksheets and activities that teach important water safety topics. Each lesson centers on a memorable rhyming phrase to help children retain what they've learned. Drowning is a leading cause of death for children in the United States. Prevention is the key to saving lives. The Red Cross believes that one way to prevent drowning is to teach children about being safer in, on and around the water in a fun and entertaining way. Use the QR code to learn more and download free materials from the American Red Cross website.

LIFEGUARD CLASS

The purpose of the American Red Cross Lifeguarding course is to provide entry level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and illnesses until emergency medical services personnel take over. Upon successful completion of the course participants will be certified in Lifeguarding, CPR for the Professional Rescuer, Automated External Defibrillator and First Aid. Students will be e-mailed a link to do the book & video work at home (approx. 6 hours). Blended learning work should be completed before the start of each corresponding class session and MUST be done by the end of the course.

Course Prerequisites Must be 15 years old by last scheduled day of the class; swim 150 yards of front crawl and/or breast-stroke continuously demonstrating breath control and rhythmic breathing, tread water for two minutes with no hands, swim 50 yards (all without stopping) and swim 20 yards, retrieve a 10-pound brick from 9-foot depth and swim 20 yards with the brick. Both hands must be on the brick. The course fee includes Red Cross certification fees, a librarian lifeguard training book and pocket mask. Please bring each day: swimsuit, towel, water & snacks and participant manual.

Lifeguard Course

Min: 3 Max: 9
Instructor: Si View Staff
Location: Si View Pool
R \$52.50 | NR \$72

Age: 15+
Sep 03- 07
T-Th 3PM-8PM
F 1PM-5PM
SA 9AM-2PM

NOW HIRING LIFEGUARDS!

Si View Pool has immediate openings for qualified candidates for Lifeguard positions. Lifeguarding is an excellent opportunity to build leadership skills and gain experience working in a busy setting. Training is provided, see Lifeguard Training course for details. ARC certification fee of R \$50| NR \$60 is the responsibility of the student.

Open enrollment for Session G swim lessons begins online at 7:00AM on Friday, August 9, 7:00AM for District residents, 12:00PM for non-residents.

See page 23 for registration information.

Please note that we do not offer refunds, credits or make-up classes for missed days. See page 4 for our refund policy.

For questions about Si View aquatic programs, please contact us at poolstaff@siviewpark.org or call 425-414-0765.



OPEN WATER SAFETY TIPS

Our community has many options for open water outdoor recreation. Swimming in a natural environment is different from swimming in a pool, with risks including currents, waves, and underwater obstructions. The water in our area is also cold, always watch for signs of hyperthermia.

- Designate one person in your group to be always on active watch of swimmers in the water. Accidents can happen quickly.
- Always enter unknown or shallow water feet first.
- It is important for everyone to learn how to swim to have skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely.
- Employ layers of protection including barriers to prevent access to water, life jackets, and close supervision of children to prevent drowning.
- Know what to do in a water emergency - including how to help someone in trouble in the water safely, call for emergency help and CPR.

MONTHLY SESSIONS

Month long sessions include lessons for levels Parent-Tot - Youth 5, Swim team & Adult once per week. See class schedules on our website.

Once a week	Days	Dates (lessons)
Session G	M	Sept 9-30 (4) (No lesson 10/7)
Session G	T	Sept 10-Oct 8 (5)
Session G	W	Sept 11-Oct 9 (5)
Session G	Th	Sept 12-Oct 10 (5)
Session G	F	Sept 13-Oct 11 (5)
Session G	SA	Sept 14-Oct 12 (5)
Session H	M	Oct 21-Nov 18 (4) (No lesson 11/11)
Session H	T	Oct 22-Nov 19 (5)
Session H	W	Oct 23-Nov 20 (5)
Session H	Th	Oct 24-Nov 21 (5)
Session H	F	Oct 25-Nov 22 (5)
Session H	SA	Oct 26-Nov 23 (5)
Session I	M	Dec 2-16 (3)
Session I	T	Dec 3-17 (3)
Session I	W	Dec 4-18 (3)
Session I	Th	Dec 5-9 (3)
Session I	F	Dec 6-20 (3)*
Session I	SA	Dec 7-21 (3)*

*Limited offerings



SI VIEW POOL UPDATE



We remain committed to providing public aquatic services for our community. Si View Pool serves as the only public pool in Snoqualmie Valley, and is heavily programmed. In addition to ongoing efforts for a larger public facility, several steps have been taken over the last two years to maximize access to learn to swim programming at the current pool. We have modified the course structure from twice per week lessons to once per week lessons. This may seem counterintuitive, but it improves student learning and consistent staffing. We've changed registration policies, implementing priority sessions certain times of the year, where students who were enrolled in a previous session have priority. This allows a student to master skills and complete a learning level rather than missing a session and starting over later on. We've also added resident priority registration times for open enrollment sessions to ensure District residents have access to learn to swim programming. We continue to recruit, hire and train new part-time aquatic staff, providing a little more flexibility in operational hours. But even with all these modifications, the pool is simply not designed to accommodate all needed programming today.

Current Priority: The Si View Pool has some critical mechanical systems that need immediate repairs. These include the pool pump, and retrofitting of the pool drains to meet new federal requirements. Completing these repairs ensures that Si View Pool can continue to operate for now. This necessary work will be completed in the coming months. While every effort will be taken to minimize the impact to programming, there will likely be some interruptions. Any schedule changes will be promptly shared as information becomes available. We appreciate your patience and understanding.

Navigating a Path Forward: As our residents have strongly stated, a permanent solution is needed to adequately serve our community's aquatic needs. Providing an option for an appropriately sized public aquatic center with spaces for both recreation and competitive swimming continues to be a high priority for the District. While we don't have the answers or a proposal today, we actively continue to seek partnerships and funding sources. The District and City of North Bend are exploring a potential partnership. The City of Snoqualmie's plan for a smaller membership-based YMCA facility on Snoqualmie Ridge is paused due to lack of funding. The School District does not have an aquatic facility plan for students at this time. It is true that construction costs only increase over time, but it is important not to rush to conclusions, an investment in a community aquatic center that will last 50 years or more. Careful consideration of all potential options is in the community's best interest as the facility will need to meet the needs of not only today but those of future generations.

Swimming is a life skill that all residents should have opportunities to practice, whether in a learn to swim program, for fitness, aquatic therapy, enjoyment or competition. A public aquatic center concept plan developed in 2019 is a community driven proposal that still checks all these boxes with space and activities for all ages and abilities.

How Did We Get Here: If you have not visited Si View Pool, you should. It is difficult to understand from photos how undersized the pool is for the community. Snoqualmie Valley was a small, rural community of less than 1,000 residents in 1930s, when the pool was built. Today, the service area population is nearing 40,000, and Si View Pool can't keep up with the demand. While staff is doing all that is possible to maximize the use of the available space, and developing custom solutions to keep the aging mechanical systems running, Si View Pool is operating on borrowed time.



The community has voiced a need for a public aquatic center in every District survey for the last 10 years. Actions have been taken, with a feasibility study that produced a concept plan based on community input and market analysis, and an operations plan to ensure the future center's sustainability. Capital proposals have been brought to vote by District residents three times, in 2020, 2022 and 2023. Each time, a clear majority has voted in favor, but the required 60% super-majority has been missed by a small margin. This has been frustrating and confusing to many. Si View Commission has considered and determined that renovation of the current Si View Pool would not meet the needs of our community due to the site's footprint, and continues discussions of what is a fair short-term level of investment in an 86-year-old facility.

Based on all the work completed to-date, an aquatic center with separated spaces for recreation and competition activities on a centrally located site that is large enough to accommodate the level of use provides the best long-term solution for the full community. We continue to navigate this path with the goal of bringing an option for our residents to consider. We encourage you to stay informed as the dialogue continues. Visit our website for the latest updates or contact us directly with questions.

CITY OF NORTH BEND



The City of North Bend offers a wide array of outstanding outdoor recreation opportunities. Team sports, hiking, fishing, bicycling, climbing, river sports, wildlife observation, and the presence of scenic areas abound, and all within city limits, not to mention the vast recreational playground immediately surrounding the City. The City's system of parks and trails provides numerous places for enjoying these opportunities, all within a short walk or bike ride from residents' front doors, truly making North Bend the premiere outdoor adventure destination in the Puget Sound region.

Learn more about your local government, see taxpayers' investments at work, and find opportunities to get more involved!

The North Bend Citizens Academy is a free, eight-week interactive course that provides an in-depth look into how North Bend's local municipal government operates.

Enjoy an interactive, guided tour through various aspects of city operations, including administration and city history, legal, public records and information, finance, fire, police, parks, public works and infrastructure, and community and economic development.

Please stay tuned for future sessions by following updates on www.northbendwa.gov. Have questions? Email Communications Manager Bre Keveren, at bkeveren@northbendwa.gov.



UPCOMING COMMUNITY EVENTS

Here is a sneak peek of North Bend 2024 fall and winter community events. Please check out www.DiscoverNorthBend.com for the most up-to-date information.

COMING THIS FALL

Sip Suds & Si

Sip Suds & Si is the North Bend Downtown Foundation's popular beer and wine walk throughout our historic downtown. Featuring Washington wineries, breweries, art, and live music hosted in downtown shops throughout beautiful North Bend. <https://www.northbend-downtown.org/events>

SATURDAY, OCTOBER 26

Trick-Or-Treat Street

Enjoy free live music and trick-or-treating in downtown North Bend with your local merchants, friends, and neighbors! Make a day out of it and hop over to the ever-popular Si View Harvest Festival for more spooky fun. <https://www.northbend-downtown.org/events>



SATURDAY, OCTOBER 26

Si View Harvest Festival

Si View's annual Harvest Festival and Haunted House is an event not to be missed! Get your tickets early for this community favorite including carnival games, pumpkin decorating, petting zoo, and other fun and engaging seasonal activities! Pre-registration required. Come dressed in costumes and plan for the weather as some outside activities are planned. Learn more at <https://www.siviewpark.org/harvest-festival.phtml>.

SATURDAY, DECEMBER 7

Holly Days Downtown Community Celebration

Join the North Bend Downtown Foundation for a jolly ol' evening of heartwarming community activities this holiday season, right in the center of historic downtown North Bend! Celebrate alongside neighbors, friends, and Mayor Mary Miller as we light the Community Tree, roast marsh-



mallows, and visit a local array of organizations hosting old-fashioned crafts for children. Shop and dine with our downtown businesses during this free, outdoor event. <https://www.northbenddowntown.org/events>

SATURDAY, DECEMBER 7

Si View Holiday Bazaar

Come celebrate the season with the annual Si View Holiday Bazaar featuring a full house of talented artists with locally handmade goods, perfect for gift giving. Si View will also have live entertainment planned for your enjoyment as you shop around. Event hours are 9 a.m. to 3 p.m. Learn more at <https://www.siviewpark.org/holiday-bazaar.phtml>.

CITY UPDATES

Looking for a simple way to stay up to date on local city news? **Notify Me** is a free, online subscription tool featured on the City of North Bend's website, www.northbendwa.gov. The opt-in service allows you to subscribe to a range of topics, so that you can pick and choose subjects for notification that you care about most.

Meadowbrook Farm

Meadowbrook Farm is 460 acres of historic public open space on the Snoqualmie Valley floor, located within the cities of Snoqualmie and North Bend. The birthplace of the Snoqualmie tribe, this land was maintained for thousands of years by the Snoqualmies as a hunting and food-growing prairie. Early white settlers homesteaded the land for farms, and these were consolidated during the late 1800s to form the world's largest hop ranch. Subsequent farmers raised crops, dairy herds, green chop and hay.

The land was acquired as jointly owned public open space by the cities of Snoqualmie and North Bend in 1996 for wildlife habitat, historic and cultural interpretation, ongoing agriculture, and public recreation; today much of Meadowbrook Farm remains open field and wetland forest, as it has been for centuries. Come walk across the meadow and through the woods, come for a class or just admire the view of this beautiful place. Remember, Meadowbrook Farm area is ancestral land and sacred to the Snoqualmie People: please visit respectfully and care for the land, the wildlife and the native plants that live here.



OAKTOBERFEST!

October 19, 9AM-1PM
Meadowbrook Interpretive Center
Free

Celebrating fall planting season, native plants, oak trees, and Tremendous Trees in the valley! Kids crafts and games, native plant sales, pollinator sales, Washington Native Plant Society booth, Snoqualmie Tribe Ancestral Land Movement display, North Bend Arbor Day planting.

WILDLIFE WATCHING TIPS

Wildlife are dangerous; please also recognize the danger your presence can pose to wildlife.

- Watch from designated pull-outs or trails: the meadows belong to the elk.
- Pets should stay home.
- Talk and move quietly; minimize sharp sounds.
- Recognize that elk may be more aggressive during the fall mating season.
- Use binoculars or spotting scopes.
- Early morning and twilight are ideal times to see animals.
- Respect wildlife by always observing from a distance.

Meadowbrook Farm is located at 1711 Boalch Avenue in North Bend.

- For additional information about classes, please contact Mary Norton by email maryjoe4813@gmail.com
- To learn more about the Meadowbrook Farm Preserve, please visit www.meadowbrookfarmpreserve.org or email info@meadowbrookfarmpreserve.org
- For facility rental information, please contact Si View Metro Parks, 425-831-1900.

NORTH BEND 101

August 30, 7:00PM
Meadowbrook Interpretive Center
Free

Join the Snoqualmie Valley Historical Museum's director Cristy Lake to find out about the history of North Bend. Beginning with the last ice age, discover why this valley has been important to people for thousands of years. See special photos from the Museum's collection. Families welcome!

SNOQUALMIE 101

September 27, 7:00PM
Meadowbrook Interpretive Center
Free

Join the Snoqualmie Valley Museum's Cristy Lake to explore the history of Snoqualmie, from the last ice age through the thousands of years of human habitation in this valley. See fascinating photos from the Museum's collection and learn about the interesting personalities involved. Families welcome.

FALL BIRD WALK

September 14, 9:00AM
Meadowbrook Interpretive Center
Free

Join biologist/birdwatcher Harold Erland for a fall walk on Meadowbrook. Bring binoculars and dress for the weather. Who has arrived for the winter? Who is still here? Expect to learn some new bird calls! Families welcome.

HIKE TO THE BIG CEDAR

September 28, 9:00AM
Meet at Meadowbrook Interpretive Center
Free

Walk through Meadowbrook's woodlands and cross seasonal stream channels to see an old growth cedar tree over 500 years old. Dress for the weather, may be muddy! Heavy rain or wind will cancel. Families welcome, but not suitable for strollers.

PRAIRIE RESTORATION BEGINS!

October 11, 7:00PM
Meadowbrook Interpretive Center
Free

Learn about plans and progress for prairie restoration on Meadowbrook and other sites in the valley. Test plots are growing at Three Forks Natural Area, and work will begin on Meadowbrook test sites soon. Ryan Lewis, of the Snoqualmie Tribe's Environmental and Natural Resources department, will discuss results from the past year, and plans for the next year. Families welcome!

Guided Hikes on Meadowbrook! Would you like a personalized hike or walk on Meadowbrook for your family, friends or troop? Have any areas you would like to explore further? We will work with you to plan a unique hiking experience just for you! Email info@meadowbrookfarmpreserve.org to learn more.

Meadowbrook Farm

Visit www.siviewpark.org for rental information

LOCATIONS

Rattlesnake Lake Recreation Area
Open Daylight Hours

Watershed Education Center
Thursdays and Fridays, 12-5pm
Saturdays, 10am-5pm

17905 Cedar Falls Rd SE
North Bend, WA 98045

From I-90 east, take exit 32. Go south on Cedar Falls Road for about 3 miles. Parking for Lake on right. Parking for Center about 3/4 mile ahead on right.

Cedar River Watershed Education Programs



Connecting people to the source of Seattle's water supply. It's closer than you think – come and see!

Connect with Us: 206-733-9421

crwprograms@seattle.gov

Seattle.gov/utilities/crwec

Facebook: @CRWprograms



Scan with your smartphone camera



CEDAR RIVER WATERSHED EDUCATION CENTER

The Cedar River Watershed Education Center is a regional education facility connecting people with the source of their water. Nestled above the shores of Rattlesnake Lake in the Cascade foothills, the Center is a gateway to the Cedar River Municipal Watershed, which provides drinking water for 70% of the 1.5 million people in the greater Seattle area.

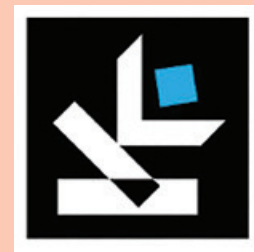


RATTLESNAKE LAKE RECREATION AREA

The Rattlesnake Lake Recreation Area is a day-use area located outside of the Cedar River Municipal Watershed. The recreation area includes the 111-acre lake, picnic areas, the Rattlesnake Ledge Trail, and parking access to miles of State Park and King County hiking, biking, and horse trails.

SNOQUALMIE VALLEY LIBRARIES

Discover the excitement at your King County Library System libraries this fall! Explore our diverse lineup of in-person and virtual events for children, teens, and adults on our calendar at www.kcls.org/events. From browsing books to utilizing computers and printers, our KCLS library locations have it all. Plus, unlock a treasure trove of resources on our website, including homework assistance, engaging songs and rhymes by children's librarians, access to online tutors, and a wealth of digital books, movies, and music.



Fall City Library
33415 SE 42nd Place
Fall City
425-222-5951

North Bend Library
115 E 4th Street
North Bend
425-888-0554

Snoqualmie Library
7824 Center Blvd SE
Snoqualmie
425-888-1223

STORY TIMES

Come for fun story times at the Fall City, North Bend and Snoqualmie Libraries! Enjoy stories, music, movement, and rhymes that develop your child's early literacy skills. All young children welcome with adult. Schedule at <https://1.kcls.org/StoryTimesFC-NB-SN>.

BOOK GROUPS

Open to new members -- new voices and perspectives are always welcome! <https://1.kcls.org/bookgroups>

FALL CITY

SILENT BOOK GROUP

3rd Tuesdays, 2PM

Step into a haven of literary tranquility at Aroma Coffee. Indulge in the serenity and comforting aroma, as words weave a tapestry of quiet joy and shared serenity. Enjoy the company of fellow readers with no assigned reading or questions to discuss. <https://1.kcls.org/SilentBookGroup>

NORTH BEND LIBRARY

CHESS CLUB

2nd and 4th Saturdays, 1-3PM

Join us for an exciting chess session every second and fourth Saturday of the month, from 1-3pm. Players of all levels, aged 6 and up, are welcome to participate. Register at <https://1.kcls.org/chessclub> and unleash your inner chess master!

GAME ON!

2nd and 4th Fridays, 3-5:30PM

Come and enjoy various games, including ping pong, tabletop games, new and vintage game consoles, and most importantly, snacks! Ages 9-17. <https://1.kcls.org/gameon>

FICKS & FUN MOVIE NIGHT

3rd Tuesdays 5:30-7:30PM

Bring your blankets, pillows, comfy chairs, and indulge in movies and snacks! Adults and Teens, movies may be rated PG-13. <https://1.kcls.org/movienight>

SNO-VALLEY YOUTH COUNCIL

Get involved with Si View Metro Parks and the library to earn volunteer credit for co-creating events and projects that matter to you and your community! Meetings at the North Bend Library. More information at <https://1.kcls.org/youthcouncil>.

LEGO BUILDERS CLUB

Build together at an unstructured, creative play open house. Stay for the entire session or pop in for a few minutes. We supply bricks and other construction toys; you supply the imagination! <https://1.kcls.org/LEGO-NB-SN-FC>

SNOQUALMIE LGBTQIA+ YOUTH GROUP

The Snoqualmie LGBTQIA+ Youth Group is a free support group open to youth ages 22 and younger. Brought to you in partnership with Lambert House <https://www.lamberthouse.org/>. Before attending, please email kcggroups@lamberthouse.org to register.

VALLEY READS

September 24, 6:30PM

Come for a special visit from local author, Josh Tuininga! He will be discussing *We Are Not Strangers*, a historic original graphic novel that follows a Jewish immigrant's efforts to help his Japanese neighbors while they are unjustly incarcerated during World War II. Free copies will be available to pre-read for the event.

SNOQUALMIE LIBRARY

WEAVING CIRCLE

2nd Sundays, 2PM

Join a cozy afternoon of knitting, crocheting and more! Limited supplies are available to get started on a new project, however bringing your own work in progress or project is recommended. <https://1.kcls.org/weavingcircle>



LET'S LEARN BEGINNER SPANISH

Learn the basics of Spanish pronunciation, day-to-day Spanish phrases and vocabulary in a fun, relaxed environment. Meet once a week for four weeks. While attending each class is not required, it is highly encouraged to get the most out of the program. <https://1.kcls.org/beginnerspanishn>

WATERCOLOR PAINTING CLASS

Paint your very own watercolor masterpiece as Charlene Burley from the Snoqualmie Art Gallery guides you along the way. No previous painting experience required! All materials provided. In partnership with the City of Snoqualmie and the Snoqualmie Arts Commission <https://1.kcls.org/watercolorclassn>

YOUTH WRITERS GROUP

For ages 12 and up! Share and practice your writing with other teen writers! Whether you're a beginner looking for some tips from your peers or have a work in progress in need of some feedback, writers of any skill or genre are welcome. In partnership with North Bend Art & Industry. <https://1.kcls.org/youthwritersgroup>

TEEN GAME NIGHT

Come play video games on Nintendo Switch! We have Super Smash Bros. Ultimate, Mario Kart, and more! We also have board games like Clue, Scrabble and Uno. Snacks provided while you play. Don't miss out! Sponsored by the Friends of the Snoqualmie Library. <https://1.kcls.org/teengamenightsn>



FACEBOOK:

[/FallCityLibrary](https://www.facebook.com/FallCityLibrary)
[/NorthBendKCLS](https://www.facebook.com/NorthBendKCLS)
[/SnoqualmieKCLS](https://www.facebook.com/SnoqualmieKCLS)



INSTAGRAM:

[@kclsfallcitylibrary](https://www.instagram.com/kclsfallcitylibrary)
[@kclsnorthbendlibrary](https://www.instagram.com/kclsnorthbendlibrary)
[@kclssnoqualmielibrary](https://www.instagram.com/kclssnoqualmielibrary)

Lunch at Mt. Si Senior Center

Mon-Fri at noon

A delicious, nutritious meal served daily.

Adults 50+ and their guests are welcome.

AgesFee
60 & olderSuggested donation of \$5
Under 60\$8

Special Lunches

Birthdays 2nd Th each month

"Taste Of" Culinary Adventure 3rd Th each month

Celebration Lunches: Senior Center Month (9/27), Halloween (10/31), Veteran's Day (11/8), Thanksgiving (11/25), Christmas (12/23), New Year's Eve (12/30)



Mt. Si Senior Center

Programs for adults 50 and older

411 Main Avenue S • North Bend WA 98045

www.mtsiseniorcenter.org • 425-888-3434

Senior Center Hours Monday—Friday 9AM—4PM

MSSC enhances the quality of life for adults age 50+ through its social, recreational, health & wellness, nutritional, information/referral, transportation, and housing programs.

HEALTH, WELLNESS, INFORMATION & ASSISTANCE

Call 425-888-3434 to make an appointment for these programs.

Senior Advocacy / Information and Assistance: We can help with questions, resources, and paperwork to access financial assistance, food assistance, affordable senior housing, and other senior services.

Medicare Optimized: Been on Medicare for years, new to the program, working after 65, or have special needs? Know your rights and options.

Senior Mobile Medical Outreach: Free mobile health care for chronic conditions provided onsite. **1st & 3rd Mon each month 10am—2pm**

Foot Care: by appointment call 425-888-3434

SPECIAL PROGRAMS

ESL/Spanish 101 / ESL/Español: Learn to speak Spanish and English in this 6 week class. **Aprende a hablar inglesa en esta clase de 6 semanas. Fee/La Tarifa \$50. Tue/Martes 9/24 to 10/29. Contact/Contacto 425-888-3434**

Programming in Spanish / Programación en español: SeaMar provides Spanish language programming. SeaMar brinda programación en español. **2nd Tu each month | 2do martes de cada mes. Contacto: ClemenciaRobayo@seamarchc.org 425-373-6587 o 206-764-4700**

Breakfast Bites: Enjoy a light breakfast and coffee/tea with friends. **Tu & F each week 9am - 11am. \$3 Suggested Donation**

Tea @ Three: British High Tea with twist. **3rd Wed each month. \$3**

A Little Lunch Music: Lunch time musical performances. **Each month 1st Wed guitar, 2nd Th piano, 4th Tu flute, 4th Wed Sleepwalk**

Encompass Kinship Care Group: Weekly support group for grandparents raising grandkids. **Wed 1-2 pm via Zoom (with some in-person options) | Email: laura.lewis@encompassnw.org**

Chai & Chat: Join us at MSSC for Chai, socializing & friendship! Hosted by Indian American Community Services at MSSC. Every quarter.

AFFORDABLE SENIOR HOUSING

Mt. Si Senior Center owns two affordable senior apartment buildings for income eligible seniors. Contact the apartment manager directly for information.

Sno Ridge Apts: 425-888-2793 sno.ridge@ad-west.com
Cascade Park Apts: 425-888-0410 cascade.park@ad-west.com

Fitness Classes Win prizes through our Shape-Up program!

Class	Days	Times	Fee
Huff and Puff	M, W, F	9:00 AM	Donation
Cardio Dance / Fit	M-W-F	10:00 AM	\$5 per class
Chair Yoga	M, W, F	11:00AM	Donation
Tai Chi	T, Th	9:00 AM	\$5 per class
Strong at Any Age	T, Th	10:00 AM	\$5 per class
Line Dancing	T, Th	11:00AM	\$5 per class
Afternoon Tai Chi	M & W	1:00 PM	\$5 per class

Tabletop Games Afternoons 1:00PM - 4:00PM Come with friends or join others

Activity	Games	Days
Tiles	Rummykub, Mahjong, Dominoes	M
Cards	Pinocle, Cribbage, Bridge	Tu
Dice	Hand & Foot, BUNCO!	W, F
Cards	Pinocle, Cribbage, Bridge, Dominoes	Th
Strategy	Rummykub, Chess, Checkers, Chinese Go, Hand & Foot	F

Social & Recreational Activities Join us for fun all day long!

Activity	Days	Times	Fee
Calling All Puzzlers	M, T, W, Th, F	All Day	Free
Crafter's Corner	M	12:30 PM to 4:00 PM	Free
Yarn Therapy	W	11:00 AM to 4:00 PM	Free
SnoValley Quilters	W	11:00 AM to 4:00 PM	Free
Adult Coloring Club	M, T, W, Th, F	1:00 PM	Free
Trivia Time	4 th W ea month	1:30 PM—3:00 PM	Free
4th Fri Book Club	4 th F ea month	9:15 AM	Free
Calling all Volunteers Small Project Day	4 th Tu ea month	1:00 PM - 3:00 PM Anyone may join	Free

Mt. Si Senior Center Rentals
 Contact programs@mtsiseniorcenter.org

Find out what's going on!
 Pick up a newsletter, visit our website, or like Mt. Si Senior Center on Facebook

Snoqualmie Valley Transportation
 is your local bus company
 We offer both fixed route and door-to-door service M-F for \$1
Call 425-888-7001



VOLUNTEER

Join us for **OUT-rageous fun.**

- Serving lunches
- Making calls
- Fundraising
- Landscaping
- Website design
- And more!

Volunteer application and info at www.mtsiseniorcenter.org

Mt. Si Senior Center • 411 Main Ave. S • North Bend



EXPAND YOUR WORLD
Mt. Si
 senior center

SHAPE UP!
 50+

For a Healthy Independent Lifestyle

Exercise classes every day
 for every fitness level
 for every pocket book

New or returning to a fitness routine? Ask about the \$10 introductory Shape Up discount

Public Health
 Seattle & King County
 Division of
Emergency Medical Services
 King County
PARKS
 Your Big Backyard

MSSC fitness classes funded through grants from King County Parks and King County Public Health Emergency Medical Services.



Mt. Si Senior Center • Join the Community, Join the Fun

SANTA BREAKFAST AT MT SI SENIOR CENTER

411 Main Ave S, North Bend ~~Pole~~

Sat Dec 7th * 8:30 am - 11 am

Photos with Santa FREE

Enjoy this Valley tradition with the whole family

HOLIDAY BAKE SALE

Si View Community Center

Sat Dec 7th * 9 am - 3 pm

All proceeds benefit Mt. Si Senior Center



More info: www.mtsiseniorcenter.org



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North Bend, WA 98045

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VALLEY CENTER STAGE

Live Theater & Performing Arts

~ FULL STAGE PERFORMANCES ~

Arsenic & Old Lace

Oct 4th – 20th

A CHRISTMAS CAROL

Dec 6th – 22nd

Treasure Island

Feb 14th – Mar 2nd

In the Next Room

April 4th – 20th

Comedy of Errors

June 6th – 22nd

~ DRAMATIC READINGS ~

Actors dramatically read in character from scripts. Minimal costumes, lighting, props and set.

The Zoo Story

8/16, 8/17 and 8/18th Matinee

Dracula

10/26th -Halloween Costumes welcome!

And Then There Were None

4/25, 4/26 Black Tie,* and 4/27 Matinee

5 Lesbians Eating Quiche - 6/28th

*black tie event - details to come

TICKET PRICES:

\$25 - General, \$18 - Senior/Military,
\$14 - Students, \$10 - 10 & under

**Season Tickets: All 9 shows +
2 concessions each show
only \$125** General

Senior/Military \$90, Students \$70, and 10 & Under \$50



VCS
VALLEY CENTER STAGE
valleycenterstage.org

1060 STILSON AVE. SE., NORTH BEND, WA 98045

