



Station #1 - Review Directions & Warm Up
Station #2 - Discuss Throw (frisbee)
Station #3 - Long Jump/Broad Stretch

Station #4 - Torch Making Station
Station #5 - Sprint Station
Station #6 - Landshark Activity

Station #7 - Cycling
Station #8 - Freestyle
Station #9 - Celebratory Photo with your Torch!