

## **Meet Tollgate Farm Park Farmers**

Tollgate Farm Park in North Bend is uniquely suited to connect the community with food through farm-based experimental learning opportunities including vegetable farming and growing small livestock, u-pick opportunities for the public, youth programs and camps, workshops for adults and operating a farm stand. Si View's Farmland Leasing Program works to make farmland and infrastructure accessible to new/beginning, and small farmers.





**Feral Woman Farm** is a woman-owned, regenerative farm business coming into its 6th season of operation. With over 10 years experience in agriculture, butchery and food service, our farmher, Lulu, manages the farm with her daughter Rosie at her side, and the support of her amazing farmhands, friends and community.

We lovingly raise pork and chicken on pasture, with a focus on feeding high-quality, locally-milled feeds, and creating beneficial relationships between our animals, our farming practices and the land. Our exceptionally flavorful and succulent meats are available

as CSA style meat shares, direct to our customers.

In addition to raising our pastured meats, we're passionate about offering hands-on educational experiences to the community. Throughout the year, we will be hosting workshops geared towards the curious homesteader or new farmer. Our goal is to help empower others to build valuable self-sufficiency skills and create a broader network of local producers.

We love engaging youth in agriculture and offering opportunities for them to interact with the animals. We're excited to be joining the Tollgate Farm barn space where we'll be able to offer animals for public viewing in the new barn, and book private farm tours, birthday parties and offer kids programming to the public. Find us online at <a href="https://www.feralwomanfarm.com">www.feralwomanfarm.com</a>!





#saladgetsyouripped

Frisky Girl Farm is a 5-acre, woman owned/operated vegetable and flower farm in North Bend. We use sustainable growing practices to grow fresh, healthy food for our community. Farmers Ellen and Ashley along with a small but mighty team grow over 40 varieties of vegetables and 20 varieties of flowers for our 200 member CSA, restaurants, the North Bend Farmers Market and our roadside farm stand

located at 9905 428th Ave SE in North Bend. Our farm stand is self-serve and open daily May-October.

We believe in growing food that is good for people and the planet; we never use any synthetic pesticides, herbicides or fertilizers and practice organic techniques such as composting, crop rotation and cover cropping.

This season we are growing on an additional 3 acres at Tollgate Farm where we plan to operate a U-pick sunflower patch and pumpkin patch. The sunflower patch will be open weekends mid-August through mid-September and the pumpkin patch will open in late September. Check out our website, <a href="https://www.friskygirlfarm.com">www.friskygirlfarm.com</a> for updates!



**Circle River Flowers** is a small-plot, family-owned, and neighborhood-based flower farm operated by family and good friends! Our flowers are grown locally and feature a variety of high-quality and affordable blooms and products. Each bouquet is designed to bring beauty and joy to your loved ones and your kitchen table.

This year, we are excited to expand our growing space with flower rows at Frisky Girl Farms and the garden behind Tollgate Farmhouse. With an emphasis on community and the art of gathering people, we are looking forward to hosting workshops, garden parties, u-pick opportunities, and other events open to the community. To pick up or order your bouquet, visit our stand at the North Bend Farmer's Market on Thursdays or the Frisky Girl Farm Stand on the weekends. Made-to-order bouquets, flower buckets, and bouquet subscriptions are also available on our website: circleriverflowers.com.





**The Whitaker Family** has been raising cattle on the family farm near Echo Lake for generations. During the last 5 years, with the help of Ron Crouch, Bill's cattle have happily been grazing on the 25-acre Tollgate Farm pasture through the summer months.

If you get a chance to stop by, say hello to Hearty, the cow with the heart on her forehead, (pictured here in 2023), and Reddy, the red cow who answers to her name. Keep an eye out for a new calf sometime this summer.