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#### **Photos Welcome!**

Do you have a favorite photo from a District program or a local park? We welcome submittals from our community for consideration in future publications. For more information, email mrudd@siviewpark.org.

#### **Photo Policy**

The Si View Metropolitan Park District reserves the right to photograph or videotape participants in Park District programs, facilities or parks for the District's promotional materials.

#### **Brochure Changes/Errors Disclaimer**

Due to the large amount of information available in the Si View Metro Parks program guide, errors and changes before and after publication may occur. We apologize for any errors in this brochure and will attempt to advise you of any changes as quickly as possible. Thank you for your patience and understanding when these situations arise. Please visit our website <a href="https://www.siviewpark.org">www.siviewpark.org</a> for program updates.



#### Welcome to Si View Metro Parks

#### Dear Si View Community,

Parks and recreation services are essential to thriving communities. As your local parks and recreation agency, we are committed to enhancing the quality of life for residents, supporting the health of families and youth, and contributing to the economic and environmental health of our Snoqualmie Valley community.

With the arrival of spring and the summer season, we encourage you to explore our parks and recreation activities. We take great pride in our programs and strive to provide a variety of experiences for all ages and interests. With the implementation of our community driven Recreation Program Plan our programming strategy, services and direction are uniquely and specifically catered to our community. This is reflected in more diverse offerings, more community events and more opportunity to engage in recreation activities with your community.

Our current workplan priorities follow the direction from our comprehensive plan, and include improving local trail connectivity, strategic acquisition of green spaces for parks and park development. As our community grows, trail connectivity between neighborhoods, parks and green spaces ensures residents have safe access to their favorite play spaces and points of interest. Our efforts in both building a comprehensive trail network that links greenspaces and preserving open spaces for parks is ongoing and strategic. Later this year, we'll be updating the comprehensive plan and seeking your input for future direction.

Coming up just shy of the required 60% super majority needed for a capital bond for a new aquatic center the District will now determine what the communities aquatic future holds. The current Si View Pool is 86 years old with the infrastructure nearing the end of their useful life. The pool was built to meet the needs of a much smaller community than what we are today. Currently, staff is working on custom solutions for the pool drains to meet the federally mandated Virginia Graeme Baker Act which requires improvements to the pool drains. A solution is required for Si View Pool's operating permit renewal in January 2025. This solution is only one of many fixes needed to maintain an operating public pool in the valley. The future of our current pool and access to a public aquatic facility is uncertain at the moment. A lot of hard decisions are going to need to occur regarding the pool over the course of this year.

Si View Metro Parks has been, and will continue to be, an endeavor guided by community input. We value your trust and will continually strive to earn it by acting in ways that are fiscally responsible and sustainable. Thank you for your foresight and for supporting your Park District.

Sincerely,



Travis Stombaugh, Executive Director

#### **About Us**

Si View Metro Parks strives to enhance the quality of life for residents in Snoqualmie Valley through recreation programs and parks. With an extensive array of activities and seasonal community events, the District connects with residents of all ages and abilities. Our main campus is located at Si View Park, in the heart of North Bend. With grand views of Mount Si, a historic Community Center, indoor pool, multiuse sports fields, picnic shelter and playgrounds, it is the only such regional recreational facility serving as the social, cultural and educational hub in the community. Through partnerships and cooperative arrangements, Si View Metro Parks actively manages, operates and schedules nearly 900 acres of parkland in the upper Snoqualmie Valley. In all, this system of parks, programs and trails supports a range of active and passive recreation experiences.

A five-member Board of Commissioners govern the Si View Metropolitan Park District serving as the legislative body responsible for adopting the District budget and developing goals, policies and regulations which guide the District's future.



**2024 Board of Commissioners** 

Mark Joselyn, Susan Kelly, Katie Klahn, Tim Noonan, Bud Raisio.

#### **Board Meetings**

The Park Commission holds regular meetings on the first and third Wednesday of each month at 5:00PM unless otherwise posted. Meetings are hosted in a hybrid format using Microsoft Teams platform. If you have suggestions or would like to observe how the Park District operates, we encourage your attendance. Meetings are held at the Si View Park North Annex, 219 E Park Street in North Bend. Board agendas, meeting links and minutes are posted on our website.



# **Registration Policies**

#### **Key Dates**

Summer activity registration for land-based activities opens **Friday April 5th**. Summer registration for aquatics opens **Wednes-day May 22nd**. Early registration is recommended as many popular programs fill quickly.

#### **Payments**

Pre-registration is required for all District programs that are not considered a drop-in activity. Unless otherwise noted, full payment is due at the time of registration, or when checking in for a drop-in activity. Payment plans for programs and activities can be provided upon request. All major credit cards are accepted. Make checks payable to Si View MPD. Si View Gift Cards are accepted online or in person.

#### **Resident and Non-resident Fees**

Si View Metro Parks welcomes all Snoqualmie Valley area residents to participate in offered programs. Residents living within the boundaries of the Park District directly support the operations of District programs and services through property taxes. The tiered resident/non-resident fee structure provides equitable contribution towards District operations by all patrons. Fees listed as **R** apply to those who reside within the boundaries of the Park District. Rates listed as **NR** apply to anyone residing outside Park District boundaries. District boundary map is available on the Registration section of our website.

#### **Priority Registration**

Si View aquatic programs allow priority registration to District residents during three annual open enrollment periods before registration opens to the public. The Si View Swim Lesson program priority enrollment sessions allow advance registration to families currently enrolled in those programs before registration opens to the public. Si View school year care program allows priority registration for currently enrolled families before registration opens to the public. See program listings for more information.

#### Deposits

Specific programs such as full day Si View summer camps and the Si View Before & After School Care program allow the payment of a deposit at the time of registration in lieu of full season payment to hold a space for the duration of the season. Deposits are non-transferrable and non-refundable unless the program is cancelled due to low enrollment.

#### Withdrawals/Transfers

Withdrawals requested 5 or more business days prior to the first class are subject to a \$10 administrative fee. Withdrawals requested less than 5 business days prior to the first class receive a 50% refund. No refunds are issued after the first day of class. Transfers must be requested at least 5 days before the first day of class and will be granted on a space available basis. Full refunds are issued for classes cancelled due to low enrollment. If a program is cancelled mid-session, a prorated refund will be issued.

#### **Waiting Lists**

When a student is interested in registering for a class that has been filled, they can be placed on a waiting list. This does not guarantee a spot for the student, but individuals will be contacted if a spot becomes available.

#### **Scholarships**

Everyone should have the opportunity to enjoy a recreational experience, even if money is a concern. Scholarships are available for youth and people with disabilities. Please be prepared to provide proof of residency in Snoqualmie Valley School District and income verification. Scholarship discounts are based on District resident prices. Contact us for more information and an application form. The forms are also available on our website.

#### **Contact Us**

#### **Mailing Address:**

PO Box 346

North Bend, WA 98045

#### **Physical Address:**

400 SE Orchard Drive North Bend, WA 98045

 Phone:
 425-831-1900

 Fax:
 425-831-1442

 Email:
 info@siviewpark.org

 Web:
 www.siviewpark.org

#### **Office Hours:**

9:00AM-5:00PM, Mon-Fri

#### Follow Us









siviewmetroparks

#### **How to Register**

#### **Online**

24/7 with any major credit card or Si View gift card at **www.siviewpark.org** 

#### Phone

Monday-Friday 9:00AM-5:00PM with any major credit card or Si View Gift Card at 425-831-1900

#### Walk Ir

In-person service is available in our administrative office Monday-Friday 9:00AM-5:00PM. The office is located at 400 SE Orchard Drive in North Bend.

#### **Si View Gift Cards**

Give the gift of recreation! Purchase one online or from our office, for any amount \$20 or more. Gift cards can be redeemed for all our programs but are not redeemable for cash.



#### Staff

#### **Administration**

**Travis Stombaugh**, Executive Director tstombaugh@siviewpark.org

**Scott Loos**, Finance & HR Manager sloos@siviewpark.org

**Melissa Pasley**, Administrative Support Specialist mpasley@siviewpark.org

#### **Maintenance and Operations**

**David Dembeck**, Operations Manager ddembeck@siviewpark.org

**Don Remley**, Maintenance Supervisor dremley@siviewpark.org

**Sara Posey**, Maintenance Technician sposey@siviewpark.org

**Brandon Schmid**, Maintenance Technician bschmid@siviewpark.org

**Riley Seebeck**, Maintenance Technician rseebeck@siviewpark.org

**Darren Zaccaria**, Maintenance Technician dzaccaria@siviewpark.org

#### **Recreation Programs**

Minna Rudd, Recreation Manager mrudd@siviewpark.org | 425-414-0768 **Travis James**, Recreation Supervisor tjames@siviewpark.org | 425-414-0766

**Tyler Burnett**, Recreation Coordinator tburnett@siviewpark.org | 425-414-0761

**Josh Conlee**, Recreation Coordinator jconlee@siviewpark.org | 425-414-0762

**Jill Rittenhouse**, Recreation Coordinator jrittenhouse@siviewpark.org | 425-414-0758

**Zach Todd**, Recreation Coordinator ztodd@siviewpark.org | 425-414-0672

**Sylvia Ketchum**, Recreation Specialist sketchum@siviewpark.org | 425-414-0760

#### Aquatics

**Bridget Verhei**, Recreation Supervisor byerhei@siviewpark.org | 425-414-0763

**Laurel Anderson**, Recreation Specialist landerson@siviewpark.org | 425-414-0764

# **Park and Facility Rentals**

## Visit the Rentals section of www.siviewpark.org for reservation details and rates.

#### **Si View Community Center**

400 SE Orchard Drive, North Bend



Book your private event at our centrally located activity hub! Whether you are planning an event or a business meeting our welcoming lobby, ample onsite parking, wi-fi access, AV equipment, tables/chairs, catering kitchen, and convenient location make Si View an ideal venue for your next event.

- Gymnasium capacity 250 | Classrooms capacity 29-49
- Full center capacity 375

#### **Meadowbrook Farm**

1711 Boalch Avenue, North Bend



The Interpretive Center and adjacent field spaces at Meadow-brook Farm provide the perfect venue for weddings, retreats, banquets, and other gatherings. Take advantage of the spectacular views of Mount Si and the serenity of Snoqualmie Valley. Call us for a personal tour!

Center capacity 125

#### **Si View Pool**

400 SE Orchard Drive, North Bend



Have a splashing good time with your friends at the Si View Pool. The pool is available to reserve on Saturday and Sunday afternoons, and we provide toys, life jackets and supervision. Looking to host a party? We offer the pool party package that includes an hour in the community center after swimming.

Pool capacity 60 swimmers

#### **Coming soon: Tollgate Farmhouse**

901 Bendigo Boulevard N, North Bend



The historic Farmhouse with Mount Si as the backdrop has been fully restored and provides an intimate setting for small meetings, celebrations and events. The open floorplan includes a meeting room with flexible seating and a kitchen.

#### **North Bend Train Depot**

205 McClellan Street, North Bend



The Train Depot is the ideal place for your next meeting or workshop. Centrally located in the heart of North Bend, the depot offers a meeting space, restrooms, and outside picnic area. Inquire about our nonprofit rates.

• Depot capacity 55

#### **South Fork Landing**

14303 436th Ave SE, North Bend



South Fork Landing boasts large open spaces great for an outdoor retreat, family reunion or corporate party. The park's unique feature is the 18-hole disc golf course, reservable for tournaments or private use. Plan your next visit soon!

# Picnic Shelter Rentals

Looking for the perfect outdoor gathering spot? Reserve one of the picnic areas at Si View, Torguson or Tollgate Farm Park! Shelters at Si View and Torguson are covered, so you can host events rain or shine. Enjoy exclusive park space next to our playground areas and field spaces. We now offer hourly rates!

#### **Si View Park**

400 SE Orchard Drive, North Bend



Are you looking to host an outdoor gathering or a sporting event? Si View Park has it all. The covered picnic shelter, and sport fields are available to reserve for your next party, practice, or game. The park also has nearby restrooms, an outdoor basketball/pickleball court and onsite parking.

#### **Torguson Park**

750 E North Bend Way, North Bend



Torguson Park offers many onsite resources including ballfields, a soccer field, a skate park, pump track, climbing wall and picnic shelter. Whether it's a birthday party or sporting event, Torguson is your venue. Onsite parking for 190 vehicles.

#### **Tollgate Park**

1300 W North Bend Way, North Bend



Enjoy the natural grass fields and picnic area at Tollgate Farm Park. With fantastic views of Mount Si, playground and gravel trails connecting visitors to the farmstead area, this park offers a great setting for birthday parties and other celebrations. The natural grass fields can accommodate youth and adult cricket, or two full size soccer fields.



# Si View News



#### **Tennant Trailhead Park Opens Soon**

Several years in the making, we are thrilled to share the good news with our community that the trailhead and trail systems are opening this Spring. Landscaping, installation of the trail kiosk, and directional signage are in the works while we await the arrival of the permanent restroom building. As soon as completed, the hiking and biking trails will be ready for exploring! Learn more about this exciting collaborative community project on our website.

#### Meadowbrook Prairie Loop Trail: In Design

The Cities of North Bend and Snoqualmie, in partnership with Si View Metro Parks, and Meadowbrook Farm Preservation Association, are increasing the number of



pedestrian trails at Meadowbrook Prairie. This project includes trail connections through Meadowbrook Prairie to Snoqualmie Middle School, Centennial Fields Park, and the Meadowbrook Farm Interpretive Center. Under a separate grant, new interpretive signage was prepared in consultation with the Snoqualmie Tribe that helps to tell the rich history of the original Snoqualmie Prairie, baqwab, and its importance, management, and use by the Snoqualmie Tribe throughout history. The project design considers impacts to the Prairie Lands and wildlife, encouraging individuals using trails to be mindful and respectful while visiting the Prairie. This project is partially funded by King County Parks Levy Grant Program. Construction is planned for 2025.

#### South Fork Landing Update



With grant funding support from the King County Parks Levy Grant program, a phased implementation of the South Fork Landing master plan will launch this summer. In this phase, we'll work to complete the full designs of proposed amenities in preparation for construction. Proposed future amenities include a large adventure playground, a

compact gravel 4-mile trail system within the park, and a new entrance and parking area off 436th Avenue SE. You can view South Fork Landing master plan on our website.

#### **Administration Office Construction**

Si View administration team has outgrown the space in the caretaker's cottage that has served as the District office for 21 years. Moving the administration office to a property across the street from Si View Park, between Orchard Drive SÉ and Cedar Falls Way, will make way for expanded programming space adjacent to the community center. This project is now in permitting, with construction slated for Summer 2024-Spring 2025.



#### Si View Pool: What's Next?

The Si View Commission is carefully considering all possibilities from minimal repairs to a renovation of the current Si View Pool as an alternative to a new facility. While a new aquatics facility has been the highest priority for District residents and efforts to fund the project have had over 57% of voter support, the reality is that without passing a capital measure (which requires a 60% supermajority) the options are limited. The priority today is to determine what is a fair level of investment to make in an 86-year-old aquatic facility. This is a complicated process as there are few firms supplying replacement parts for such old equipment and any level of repair or renovation will require custom solutions adding to typical costs. The district staff is researching costs for all potential options as well as possible funding sources.

In the meantime, Si View Pool will continue to operate and serve the community as long as it is sustainable to do so. Maintaining an old facility is increasingly expensive, and there will be a point where repairs won't be feasible. If you would like to receive updates on the pool status as next steps are determined, please follow our website and subscribe to our e-mail list



#### **Coming Soon: Comprehensive Plan Update**

At the core of our mission is our work in partnership with the community to enhance the quality of life for residents through parks and recreation programs. In 2024, we will be updating the Comprehensive Plan and will need your input. Please be on the lookout this summer for information about a community needs survey and



community meetings where you can share your ideas. Our Comprehensive Plan, last updated in 2017, provides a vision for the District's park and recreation system, goals and objectives, a capital improvements and investment program, and implementation strategies for parks, natural areas and trails. The Comprehensive Plan was created through input from public surveys, community meetings and stakeholder meetings reflecting our local community interests and establishing longterm goals and priorities for land acquisition, facility development, recreation programming and parks management.

#### **Do You Know Our Board of Commissioners?**

The District's future is in excellent hands with the leadership of the elected Board of Commissioners. The five member Si View Park Commission works tirelessly guiding the District's vision and mission, approves the budget process and policy decisions for the future of parks and recreation in our community. The members of the Commission serve six year terms and are truly dedicated to serving the community's needs in the best possible ways.

Current commissioners are Mark Joselyn, Susan Kelly, Katie Klahn, Tim Noonan, and Bud Raisio. Tim Noonan is the newest member of the Commission, elected by District residents to serve for the 2024-2030 term.

As your representative, I will work to make our park and programs more accessible to our district residents. Providing strong maintenance programs insures that our park will continue to serve the residents far into the future, creating good, living wage career jobs while assuring that our tax dollars are properly invested in our park. Transparency is important to me, so please feel free to let me know your thoughts.

Tim Noonan, 425 219-8002

Your input and feedback are welcome. When you see commissioners out and about in the community, please stop to say 'Hello!' You can reach out to the commissioners by email, phone or mail, or attend Commission meetings. Meetings are held every first and third Wednesday of the month, 5PM at the North Annex of Si View Community Center. You can also join meetings remotely.





Let's Connect 🔞





We love to hear from you, whether it's a new program idea or a need in our park system, please reach out. Give us a call at (425) 831-1900 or email info@siviewpark.org.

Get the latest news and updates delivered to your inbox by subscribing to Si View E-news. Sign up form is available on our website. And if you follow social media, find us on Facebook, Instagram and NextDoor platforms.

# **Special Events**

#### **Mom and Son Date Night**

Calling moms, sons and community members for an evening of Supermom and Super kiddo fun. Events include Superhero themed games, crafts, and more! Don your cape and superhero wear (optional) and fly on over to Si View Community Center for a super time! Additional family members welcome!

Mom and Son Date Night Location: Si View Community Center Cost per couple: R \$32.00 | NR \$38.50 Cost addl. child: R \$11.00 | NR \$13.50 Age: 3+ SA Apr 20 6:30PM –8:30PM

#### **Food Trucks at the Park**

As spring and summer are approaching, weekly food trucks are back! Pair your park visit or evening walk with a dinner stop at the food truck. Get your meal to go or enjoy it at the picnic tables at Si View Park. Our rotating truck schedule is available on our website.

Food Trucks at the Park Location: Si View Park Cost: varies by truck

Age: All TH May 02-30 4:30PM-7:30PM



#### **Story Time at Si View Park**

Our local libraries are bringing a story time outdoors. Join us for lively storytelling and activities while we discover new books and let the imagination run wild. Story time at Si View Park is sponsored by KCLS and part of the Summer Reading Program.

Story Time at Si View Park Location: Si View Park Picnic Shelter Cost: Free, registration required Age: All W May 22 10:30AM

#### **Outdoor Adventure Jamboree**

Come join this FREE community event to get your kids excited about recreation and play! Si View Metro Parks is hosting the Outdoor Adventure Jamboree at Meadowbrook Farm (1711 Boalch Ave N, North Bend). Come play outside, explore activity stations and meet local recreation service providers.



Outdoor Adventure Jamboree Location: Meadowbrook Farm Cost: Free, registration required Age: All W Jun 26 11:30AM-3:30PM

#### **Summer Movies**

Free, family friendly matinee films play at our local movie theatre in North Bend each week of summer break! Check out the series schedule at <a href="https://www.northbendtheatre.com">www.northbendtheatre.com</a>. Summer matinee films are sponsored by Si View Metro Parks.

Summer Movies Location: North Bend Theatre Cost: Free Age: All W, TH, F Jun 26-Aug 23 11:00AM

#### **Theater in the Park**

#### Charlotte's Web

A magical performance at Si View Park's outdoor stage featuring an adaptation of "Charlotte's Web." Follow Wilbur the pig, Charlotte the spider, and their friends as they showcase the timeless themes of friendship, courage, and selflessness amidst adversity. Pre-registration required to secure your spot. This program is brought to you in partnership with Valley Center Stage and Si View Metro Parks. Suggested donation \$10/family.

Theatre in the Park Age: All Location: Si View Park SA-SU Jul 20-21 Cost: Free, registration required 10:30AM

#### **Story Walk**

Bring the kids and take a stroll through our beautiful community parks while enjoying illustrated temporary story boards along the park paths. Begin your self guided outdoor story time adventure at the designated starting point in the park. Suitable for all ages, no registration necessary. Sponsored by KCLS and Si View Metro Parks.

Story Walk Age: All Location: Varies M-SU Jul 15-21 Cost: Free Daylight hours

#### Festival at Mt Si

Si View Metro Parks is excited to serve as the host site for this long-time community favorite. The festival is organized by community volunteers through a non-profit organization NBECA. Learn more about this year's event schedule and how you can get involved at <a href="https://www.festivalatmtsi.org">www.festivalatmtsi.org</a>.

Festival at Mt Si
Location: Si View Park
Age: All
SA-SU Aug 12-13

#### **Si View Hoop Shoot Contest**

Join us at the Festival at Mt. Si for our annual Hoop Shoot Contest! The Hoop Shoot Contest consists of a minute long game to test your shooting skills. The contest is open to anyone, kid to adult, come find us at the Si View Park Outdoor Basketball Court and put your skills to the test! Prizes will be given out to all who participate. Registration is encouraged as it helps us prepare the space, but not mandatory.

29453 Si View Hoop Shoot (Festival) Location: Si View Outdoor Court Cost: Free Age: All SA Aug 10 12:00PM-2:00PM





#### Movie in the Park

If you have not yet attended our outdoor movie event, you are missing out! For this event, a giant inflatable screen is set up at the park, and an all-ages movie will start soon after dusk. Pack along blankets and popcorn, snacks, and drink, and be sure to visit the Farmer's Market before the movie starts. Check our website for more details. Suggested donation \$10/family.

Movie in the Park Age: All Location: Si View Park TH Aug 22 Cost: Free, registration recommended 8:20PM Movie

#### **Farmers Market at Si View Park**

The Farmers Market at Si View Park offers the perfect setting for the summer season of healthy fun. With beautiful park grounds, there is plenty of room for kids to play, enjoy a picnic and live concerts, and abundant choices of delicious produce, specialty products, fresh cut flowers, tasty treats and unique gifts. The market participates in EBT/SNAP and E-FMNP programs. \*No market on TH Jul 4. Aug 29-Sep 12 market hours are 3:30PM-7:30PM.

North Bend Farmers Market Location: Si View Park Cost: Free Age: All TH Jun 06-Sep 12 4:00PM-8:00PM\*

#### **Kids Power of Produce Club**

The kids Power of Produce (PoP) Club is an exciting FREE program at the North Bend Farmer's Market. The PoP Club teaches children about fruits and vegetables, local food systems, and healthy food preparation through fun activities during the peak growing season. Register online or at the farmers market Information Booth.

Kids Power of Produce (PoP) Club Location: Si View Park Cost: Free, registration required Age:4-12 TH Jul 11-Aug 15 4:00PM-7:00PM

#### **Summer Concerts at Si View Park**

Come catch live tunes at the park! Bring a picnic blanket, grab dinner from the farmers market vendors and enjoy a summer evening at the park. For the schedule, please see <a href="www.siview-park.org/summer-concerts.phtml">www.siview-park.org/summer-concerts.phtml</a>. \*NO concert on TH Jul 4. Aug 29-Sep 12 concert hours are 5:30PM-7:00PM.

Summer Concerts Location: Si View Park Cost: Free Age: All TH Jun 6-Sep 12 6:00PM-7:30PM\*





#### Parent-Child

#### **Stroller Striders**

Calling all new parents! It is time to get outside and get moving! Time to lace up your walking shoes and get striding with your little ones. This new walking group aims to bring together parents to social-



ize, encourage new friendships, and be active with their stroller bound children. Join Si View on these Stroller friendly walks as we explore the beautiful parks and trail system right here in North Bend. Walks will happen every other Wednesday. Register now for email updates on routes and meeting locations.

29428 Stroller Striders Age: All W May 08-Aug 28 Min: 2 Max: 45 Instructor: Si View Staff 11:30AM-12:30PM Location: Si View Community Center Free

#### Soccer Stars: Parent and Me

Parent and Me is a caregiver-toddler pre-soccer and movement program for toddlers. Experienced early childhood instructors along with puppet friends take caregivers and toddlers through a world of exciting physical activity. Individualized attention, positive reinforcement and engaging original music help develop pre-soccer skills that have toddlers balancing, running, kicking and playing - all while having a blast!

29429 Parent & Me Soccer with Soccer Stars Age: 1-2 1/2 F May 17-Jun 21 Min: 4 Max: 12 Instructor: Soccer Stars 9:30AM-10:15AM Location: Si View Community Center R: \$168.00 | NR: \$201.60

#### **Soccer Stars: Toddler Intro**

Our coaches introduce 2 and 3 year olds to soccer using gross motor skills such as running, jumping, and kicking. Through the use of cones and squishy balls, fun imagery-based themes, and soccer activities, 2-3 year olds will develop basic soccer skills. Each unique weekly class expands upon skills from previous classes allowing toddlers to become familiar with the soccer ball while improving coordination, balance, and stability. This is a parent-child activity.

29430 Soccer Stars Toddler Intro to Soccer Age: 2-3 F May 17-Jun 21 Min: 4 Max: 12 10:30AM-11:15AM Instructor: Soccer Stars Location: Si View Community Center R: \$168.00 | NR: \$201.60

#### **Sensory Play**

Music and movement help the mind and body work together. Come explore in this interactive musical class. You and your little will create sounds and beats with your hands and feet. This class is wonderful for socialization, music movement exposure, and inspiring imagination. A parent or caregiver is required, a maximum of 2 children per adult. Siblings over 8 months must be registered.

Age: 9-24 months 29434 Sensory Play #3 M May 06-20 Min: 4 Max: 12 Instructor:Erin Perea 9:30AM-10:20AM R: \$60.00 | NR: \$72.00 Location: Si View Community Center

29435 Sensory Play #4 Age: 2-3 Min: 4 Max: 12 M May 06-20 Instructor:Erin Perea 10:30AM-11:20AM Location: Si View Community Center R: \$60.00 | NR: \$72.00

# **Preschool**

#### Fun at the North Bend Pump Track

Calling all kiddos on balance bikes! Learn some tips and tricks to have more fun and more confidence at the pump track. Build foundational skills that will carry over to eventual progression on a pedal bike. Have fun with other kiddos in this 3 week class. Parents must attend with their child; participants are required to provide their own bike & helmet.

Fun at the North Bend Pump Track Min: 4 Max: 8 Instructor: Evergreen MTB Location: North Bend Pump Track

Age: 2-5 W Jun 12-26 4:30PM-5:30PM R: \$120.00 | NR: \$144.00

# Preschool

#### **Cascade FC Futures Summer Camp**

Cascade FC Futures Program offers young children, ages 3-5, the perfect introduction to the world's most popular sport! Our unique games-based approach to teaching soccer provides every child the opportunity to develop motor skills, social skills, coordination and general athletic ability in a fun, motivating, educational environment. All participants 5 and older are required to wear shin guards. (Shin guards are optional but encouraged for ages 3-4) Cascade FC is the premier youth soccer club for the Snoqualmie Valley Youth Soccer Association. Come play with us!

Cascade FC Futures Camp Min: 6 Max: 14 Instructor: Cascade FC Location: Si View Park

Cascade FC Futures Camp Min: 6 Max: 14 Instructor: Cascade FC Location: Si View Park

Cascade FC Futures Camp Min: 6 Max: 14 Instructor: Cascade FC Location: Si View Park

Cascade FC Futures Camp Min: 6 Max: 14 Instructor: Cascade FC Location: Si View Park

Cascade FC Futures Camp Min: 6 Max: 14 Instructor: Cascade FC Location: Si View Park

Cascade FC Futures Camp Min: 6 Max: 14 Instructor: Cascade FC Location: Si View Park

Age: 3-5 M.T.W.TH.F Jun 24-28 9:00AM-10:30AM R: \$105.00 | NR: \$126.00

Age: 3-5 M,T,W,TH,F Jun 24-28 10:45AM-11:45AM R: \$105.00 | NR: \$126.00

Age: 3-5 M,T,W,TH,F Jul 29-Aug 02 9:00AM-10:30AM R: \$105.00 | NR: \$126.00

Age: 3-5 M,T,W,TH,F Jul 29-Aug 02 10:45AM-11:45AM R: \$105.00 | NR: \$126.00

Age: 3-5 M,T,W,TH,F Aug 05-09 9:00AM-10:30AM R: \$105.00 | NR: \$126.00

Age: 3-5 M,T,W,TH,F Aug 05-09 10:45AM-11:45AM R: \$105.00 | NR: \$126.00

#### **Soccer Stars Camp**

Soccer Stars uses soccer as a vehicle to help children develop self-confidence and improve gross motor skills all while introducing basic soccer skills. Our dynamic coaches help to develop teamwork in a fun, nurturing, and educational environment using specially designed, age-specific curriculum



29069 Soccer Stars (2) Min: 6 Max: 18 M,T,W,TH,F Aug 12-16 Instructor: Soccer Stars 9:00AM-12:00PM Location: Si View Community Center R: \$225.00 | NR: \$270.00

#### See Agricultural Fun on page 13!

#### **Little Flips Gymnastics Camp**

Our preschool camps will help young children learn the basic skills of gymnastics in a fun and playful environment while improving their motor skills. We encourage



them to try new things and build on skills they have already learned. Camps are designed to provide young boys and girls with the opportunity to develop basic gymnastic and tumbling ability through exercises focusing on coordination, balance, strength, and fun! Activities include, arts and crafts, games and musical activities to get the children running, tumbling, jumping and more!

29317 Little Flips Gymnastics Camp Min: 6 Max: 12 Instructor: Jet's Gymnastics Express Location: Si View Community Center

29316 Little Flips Gymnastics Camp Min: 6 Max: 12 Instructor: Jet's Gymnastics Express Location: Si View Community Center R: \$235.00 | NR: \$282.00

R: \$235.00 | NR: \$282.00 Age: 3-5 M,T,W,TH,F Jul 29-Aug 02 9:00AM-12:00PM

M,T,W,TH,F Jun 24-28

9:00AM-12:00PM

Age: 3-5



# Si View Indoor Playground

Ready. Set. Play! Si View Indoor Playground is a great opportunity for young kids ages 0-5 to practice social skills while their grownups make connections with local families during the school year. The spacious indoor setting offers lots of room to run and jump, opportunities for imaginative play, and best of all, new friendships. Indoor Playground season is open in April and May. \*Note that the program does not operate during school breaks.

Age: 0-5 with caregiver Location: Si View Gym 9:30AM-11:00AM M/W Apr 01-May 22\*

#### You can register in two ways:

- Pre-register for the calendar month, this gives you a carefree option to come any day or all days that work for your family schedule. R \$14.00 | NR \$16.80 per month (includes
- Drop-in for a single day visit to fit your family schedule. Daily visit cost is R \$2.50 | NR \$3.00.

# **School Year**

#### School Year Care

2024-2025 school year care registration opens Thursday June 6th at 12PM for new families to the program.

Si View Before & After School Program offers a safe and enriching place for K-5 students attending NBE, OES and FCE. This is a great program for kids who want to be active and academically successful. Through enrichment activities and homework time, participants gain new skills, create lasting friendships, and develop healthy habits.

We offer morning care and transportation to NBE/OES, and after care including early release days. Additional programs are available on no school days and school breaks (not included in school care fee). Registration options include monthly rates and single day sign-ups with a two days per week minimum. Financial need-based scholarships are available.

2024-2025 school care options tentatively include the following sites, subject to minimum enrollment:

- Si View: Before and after care (NBE, OES students)
- NBE: After care (NBE students) before care with transportation is available from Si View
- FCE: After care (FCE students)

Registration opens on Thursday June 6th, 12PM for new families to the program. You can register online <a href="www.siv-iewpark.org">www.siv-iewpark.org</a>, by phone (425) 831-1900 or in-person at Si View Community Center (400 SE Orchard Dr. North Bend). At the time of registration, you will need to pay an annual registration fee of \$50. This fee holds a space in the program for your child for the school year. Monthly tuition for school care is due by the fifth business day of each month with first invoice due by Sep 5th.

2024-2025 School care rates are posted on our website on May 31st. Rates are based on operating hours of 6:30AM-8:30AM school start and 4PM school release-6:30PM. Monthly rates are based on the total number of school days in a year divided to equal monthly payments, except for December, when rates are 50% the normal. Rates are subject to change if program hours need to be adapted.

For more information about this program, please contact Josh Conlee <u>jconlee@siviewpark.org</u>.



#### **No School Day Camps**

School is out for the day, come to Si View and play! Our no school day camps are open to all K-5th grade students and include a full day of activities. Structure camp activities run 9AM to 4PM, extended care from 6:30AM to 6:30PM included. Be sure to pack a lunch and snacks for a busy day of playing!

 27356 No School Day - 6/19
 Grade: K-5

 Min: 10 Max: 30
 W Jun 19

 Instructor:Si View Staff
 6:30AM-6:30PM

 Location: Si View Community Center
 R: \$87.00 | NR: \$104.40

#### **Chess at FCE**

All About Chess classes are tailored to the ability of the students, all skill levels are welcome. A typical class begins with a relaxed practice game to warm up. We then go on to a focused lesson that will build on lessons throughout the session. This can include basic opening strategies, tactics, and many of the major checkmate patterns. Then, depending on the week students practice what they have been learning with games against their peers, play fun variant chess games, solve puzzles, or practice their checkmate patterns. Sportsmanship is stressed throughout.

 Chess
 Grade: K-5

 Min: 10 Max: 30
 F Apr 19-Jun 07

 Instructor: Brad Stensland
 1:45PM-2:45PM

 Location: Fall City Elementary
 NR: \$160.00

#### **Yoga at FCE**

In this yoga/mindfulness class, children will learn valuable tools to self-regulate, calm anxiety, improve coordination & balance, and develop strength & flexibility. Each class will consist of a different theme or adventure to keep kids engaged. Growth mindset coaching will be incorporated into the class through the use of storytelling and meditation. Yoga also brings children a sense of peace and empowerment to manage their bodies and emotions in fun and creative ways!

Yoga Grade: K-5
Min: 5 Max: 20 TH Apr 18-Jun 06
Instructor: Karen Kane 3:45PM-4:45PM
Location: Fall City Elementary NR: \$211.20

#### **Drama Club at FCE**

An introductory storybook theater drama class, working together to put on a play adapted from your favorite fairy tales. Performance for family and friends during the final class.

Drama Club Grade: K-5
Min: 5 Max: 30 T Apr 16-Jun 04
Instructor: Meghan Thompson 3:45PM-5:45PM
Location: Fall City Elementary NR: \$300.00

#### **Coding with Kids at FCE**

Do you love playing games and telling stories? If you do, then this course is perfect for you! Get ready to learn how to code and express your creativity. We'll be using Scratch, a fun drag-and-drop coding tool which lets you create cool games, animations, and interactive stories. In this course, you will build exciting projects like games where characters jump and run on scrolling platforms, stories where you can navigate through a maze, and even multiplayer games to play with your friends! If you're just starting out, we'll begin by learning the basics of coding games. We'll teach you how to make things happen in your games using loops, conditions, and variables. Returning students will move on to more interesting concepts like using special conditions and making functions that can do different tasks. For those who want an extra challenge, we'll explore advanced topics like game physics, working with arrays (a way to store lots of information), and even adding artificial intelligence to your games!

Coding with Kids Grade: 3-5
Min: 7 Max: 10 W Apr 17-Jun 05
Instructor: Coding with Kids 3:45PM-4:45PM
Location: Fall City Elementary NR: \$240.00

#### **Bike Club at NBE**

After School Programs

Students will have an awesome time learning about bicycle safety as we bike to and explore a variety of local parks. Meet at the bike rack outside the NBE library with your helmet and bike!

Bike Club Grade: K-5
Min: 6 Max: 18 T Apr 16-May 21
Instructor: Tom Fladland 3:45PM-4:45PM
Location: North Bend Elementary R: \$120.00 | NR: \$144.00

#### **Awesome Art at NBE**

In this 5-week creative arts class, students will have the opportunity to learn about art concepts and terminology and apply the elements and principles of art while exploring a variety of art media — including acrylic and watercolor paints, oil and chalk pastels, clay, and textiles. Designed for students of different ages and abilities, young artists will learn techniques and gain new skills to create unique and expressive works of art each day. There might even be some fun homework! No previous experience necessary. Class fee includes all child-friendly materials. Creating art can be messy — please have your artist dress appropriately!

 Awesome Art
 Grade: K-5

 Min: 6 Max: 12
 T Apr 16-May 14

 Instructor: Sam Sinanan
 3:45PM-4:45PM

 Location: North Bend Elementary
 R: \$150.00 | NR: \$180.00

#### **Jr Robotics at NBE**

Students will use LEGO Education's WeDo robotics system for budding engineers to explore the different aspects of robotics and programming through several fun and easy builds. Spinning tops, drumming monkeys, and snapping crocodiles are just a few of our fun builds.

 Jr Robotics
 Grade: K-5

 Min: 8 Max: 16
 TH Apr 18-Jun 06

 Instructor: Robot U
 3:45PM-4:45PM

 Location: North Bend Elementary
 R: \$208.00 | NR: \$249.60

#### **Drama Club at NBE**

An introductory storybook theater drama class, working together to put on a play adapted from your favorite fairy tales. Performance for family and friends during the final class.

Drama Club Grade: K-5
Min: 5 Max: 30 W Apr 17-Jun 05
Instructor: Meghan Thompson
Location: North Bend Elementary R: \$250.00 | NR: \$300.00





# **Summer Camps**



#### Camp Si View

**New for 2024:** Si View Summer Day Camps provide great opportunities for your **K-3rd graders** to create wonderful memories! Register your camper based on their grade level for the school year 2024-2025. Each group is capped at 20 students and spends time in both the grade level groups as well as together with the full Camp Si View group.

Camp Si View days are full of fun and excitement as we explore sports, arts & crafts, outdoor games, swimming, a weekly walking field trip to see a G/PG-rated movie at the North Bend Theatre, and so much more. We promote positive social interactions and problem-solving skills by supporting children in making friends and developing age-appropriate social skills. Camp Si View staff are energetic, compassionate people who will be a positive influence on your child's life.

Each camp week offers new activities with themes such as Animal Planet, Talent Week, Splish Splash and more. Weekly themes are available on our website. Camp activities take place 9AM-4PM, extended onsite morning and afternoon care is in-

cluded. Camp spots may be reserved with a nonrefundable/nontransferable deposit of \$50 per week due at the time of registration. Each week must be paid in full on the Monday prior to the week of camp you plan to attend. Please remember to send your camper dressed for the weather with a nutritious lunch and snack and sunscreen and bring a swimsuit and towel on swim days.



Week 01	M-F Jun 24-28
Week 02	M-F Jul 01-05 (No 7/4)
Week 03	M-F Jùl 08-12
Week 04	M-F Jul 15-19
Week 05	M-F Jul 22-26
Week 06	M-F Jul 29-Aug 02
Week 07	M-F Aug 05-09
Week 08	M-F Aug 12-16
Week 08	M-F Aug 19-23







**RECREATION, ADVENTURE & DISCOVERY-** Outdoor focused camp for students entering grades 3-5 for the 2024-25 school year. This day camp meets at Meadowbrook Interpretative Center Monday-Thursday and at Torguson Park on Fridays. Camp RAD includes lots of hands-on outdoor experiences that keep kids active and learning throughout the summer. Campers will participate in a variety of group activities, projects, and other exciting adventures including biking, walking field-trips, rock climbing and others.

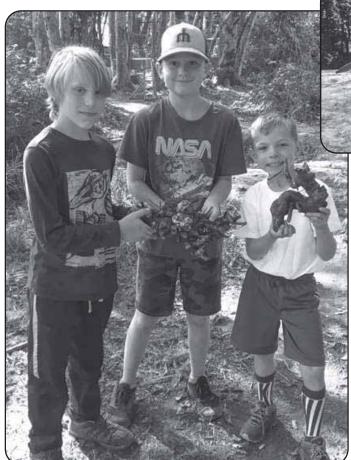
Camp activities take place 9AM-4PM, extended onsite morning and afternoon care is included. Camp spots may be reserved with a nonrefundable/nontransferable deposit of \$50 per week due at the time of registration. Each week must be paid in full on the Monday prior to the week of camp you plan to attend. Please remember to send your camper dressed for the weather for outdoor play and with a nutritious lunch and snack and sunscreen.

 Min: 8 Max: 30
 Grade: 3-5

 Hours: 6:30AM-6:30PM
 Cost: R \$317.00 | NR \$380.40 per week\*

 Location: Meadowbrook Farm/Torguson Park
 \*Week 2 R \$253.60 | NR \$304.32

Week 01	
Week 02	M-F Jul 01-05 (No 7/4)
Week 03	M-F Jul 08-12
Week 04	
Week 05	M-F Jul 22-26
Week 06	M-F Jul 29-Aug 02
Week 07	M-F Aug 05-09
Week 08	M-F Aug 12-16
Week 06	M-F Aug 19-23





# **Sno-King Ice Arena**



SNOQUALMIE/35323 SE Douglas ST, Snoqualmie, WA 98065

Get your glide on with ice skating and hockey programs in Snoqualmie! Sno-King Ice Arenas is proud to serve the Snoqualmie Valley community with a state of the art, NHL-size twin sheet ice sports and recreation facility. We offer a variety of seasonal and year round ice skating and hockey programs for all skills levels and ages. See you on the ice!



#### **LEARN TO SKATE**

**Tots 1:** Ages 4–5. The Tots beginner ice skating class introduces basic moves to young children and is designed to keep little ones engaged and excited about skating! This class will develop preliminary coordination and strength to move around on the ice. Price \$39 per class. Skate rentals included. No classes 5/18, 5/27 and 6/1.

Day	Start Day	End Date	Time	Classes
Mon	April 15	June 24	5:45-6:20pm	10
Wed	April 17	June 19	5:45-6:20pm	10
Thurs	April 18	June 20	5:45-6:20pm	10
Sat	April 20	June 22	10:30-11:05am	8
Sat	April 20	June 22	11:15-11:50am	8
Mon	July 8	August 19	5:45-6:20pm	7
Wed	July 10	August 21	5:45-6:20pm	7
Thurs	July 11	August 22	5:45-6:20pm	7

**Youth Basic 1:** Ages 6-16. The Basic Skills curriculum is for skaters who are taking their first steps on the ice. Instructors use engaging activities to teach the FUNdamentals of ice skating. The six progressive levels introduce forward and backward skating, stops, edges, crossovers and turns with agility, balance, coordination and speed as main focuses. Price 539 per class. Skate rentals included. No class 5/18, 5/27 and 6/1.

Day	Start Day	End Date	Time	Classes
Mon	April 15	June 24	5:45-6:20pm	9
Mon	April 15	June 24	6:25-7:00pm	9
Wed	April 17	June 19	5:45-6:20pm	10
Wed	April 17	June 19	6:25-7:00pm	10
Thu	April 18	June 20	5:45-6:20pm	10
Thu	April 18	June 20	6:25-7:00pm	10
Sat	April 20	June 22	10:30-11:05am	8
Sat	April 20	June 22	11:15-11:50am	8
Sat	April 20	June 22	12:00-12:35pm	8
Mon	July 8	August 19	5:45-6:20pm	7
Mon	July 8	August 19	6:25-7:00pm	7
Wed	July 10	August 21	5:45-6:20pm	7
Wed	July 10	August 21	6:25-7:00pm	7
Thu	July 11	August 22	5:45-6:20pm	7
Thu	July 11	August 22	6:25-7:00pm	7

**Adult Basics:** Ages 17+. The adult basic skills curriculum is designed for beginner skaters who wish to learn to skate. Participation in the program will help promote physical fitness and improve balance and coordination while teaching proper skating techniques and progress at their own pace. This is an exciting program for adults who are looking for skating as an enjoyable part of a fit and healthy lifestyle. Price \$39 per class. Skate rentals included. No class 5/18, 5/27 and 6/1.

Day	Start Day	End Date	Time	Classes
Mon	April 15	June 17	6:25-7:00pm	9
Wed	April 17	June 19	5:45-6:20	10
Thu	April 18	June 20	6:25-7:00pm	10
Sat	April 20	June 22	10:30-11:05am	8
Mon	July 8	August 19	6:25-7:00pm	7
Thu	July 11	August 21	6:25-7:00pm	7

**Family Learn to Skate:** Ages 3-5 and one parent/guardian. Learn together on the ice! This flexible and fun environment allows one guardian and one child to learn basic skills together through games and activities. This format is perfect for our youngest skaters who may not be ready for individual or group lessons. Pricing is \$58 per class for 2 skaters. Skates are included. No class 5/18/2024, 6/1/2024.

Day	Start Day	End Date	Time	Classes
Sat	April 20	June 22	12:00-12:35	8
Thu	July 11	August 21	6:25-7:00pm	7

**Public Skating:** Ages 3+. We offer year-round public skating sessions weekdays and weekends so grab your friends and family members and come in for some fun! All ages and skating levels, from beginner to advanced, are welcome. If you don't own a pair of skates, we offer skate rentals.

Parties & Group Events: Lace up your skates and let's celebrate! Whether you're planning a small birthday celebration with some close friends or a large party, we are happy to bring your special occasions to life with an ice skating party. Parties include 1 hour party room rental, public skate admission, skate rental. Party



packages start at \$300. Visit website for details.



#### **LEARN TO PLAY HOCKEY**

**Try Hockey FREE:** Ages 4-17. These events provide a free opportunity to experience playing hockey for the first time. Coaches will be on the ice to assist participants in learning the basics. Kids do not need any previous skating or hockey experience. FREE to participate. Skate rentals included. A helmet is required (e.g. bike, ski) and gloves are recommended.

Day	Date	Time	Cost
Sun	June 9	12:00-1:00pm	FREE
Sun	August 11	10:00-11:00am	FREE

Learn to Hockey Skate: Ages 4-17. This class is a group skating curriculum designed to teach the basics of skating to prepare kids to transition into our Learn to Play



program. Skaters progress at their own rate and advance to the next level after skill mastery is demonstrated. Weekly classes are a combination of skill acquisition and practice sessions. \$39 per class. Skate rentals included. No class 5/27.

Day	Start Day	End Date	Time	Classes
Mon	April 15	June 24	10:15-10:45am	10



**Adult Learn to Play Hockey 1:** Ages 18+. This class is for adults who have never played hockey before or for those who have very little experience. Each week participants will progress on the basics of the forward and backward skating stride, stopping, puck control, passing and shooting. Prerequisites: No skating or hockey experience required. Skates and equipment are not included. \$35 per class. No class 5/12, 5/26.

Day	Start Day	End Date	Time	Classes
Sun	April 7	June 23	5:45-6:45pm	10
Sun	July 14	August 25	5:45-6:45pm	7



# **Special Interest**



#### **Robotics Camp**

Build from plans or design your own. Campers spend a full five days building or creating incredible working, sensing, moving ROBOTS! All elementary ages welcome. They will have their choice of sets to work with, from simple to complex, LEGO WeDO for the young ones and MINDSTORMS for the ones that need maximum capabilities. Build from over 100 plans or create your own. We have instructors to help.

 Robotics Camp
 Age: 6-12

 Min: 8 Max: 15
 M, T, W, TH, F Jun 24-28

 Instructor: Robot U
 9:00AM-12:00PM

 Location: Si View Community Center
 R: \$260.00 | NR: \$312.00

 29378 Robotics Camp
 Age: 6-12

 Min: 8 Max: 15
 M,T,W,TH,F Jul 22-26

 Instructor: Robot U
 9:00AM-12:00PM

 Location: Si View Community Center
 R: \$260.00 | NR: \$312.00

 29377 Robotics Camp
 Age: 6-12

 Min: 8 Max: 15
 M,T,W,TH,F Aug 12-16

 Instructor: Robot U
 9:00AM-12:00PM

 Location: Si View Community Center
 R: \$260.00 | NR: \$312.00

#### **STEM Camp**

Each day is a new adventure with our rotating STEM Camp. You'll enjoy Sphero, a robotic prismatic ball of wonder, programming your own video game from scratch with SCRATCH! MIT's own graphical programming program. LEGO Power Functions! Build incredible contraptions that you can remote control. Minecraft...play on a private local server with other campers. Instructor choice Friday.

 STEM Camp Full Day
 Age: 6-12

 Min: 8 Max: 15
 M,T,W,TH,F June 24-28

 Instructor: Robot U
 9:00AM-4:00PM

 Location: Si View Community Center
 R: \$400.00 | NR: \$480.00

 STEM Camp Half Day
 Age: 6-12

 Min: 8 Max: 15
 M,T,W,TH,F June 24-28

 Instructor: Robot U
 1:00PM-4:00PM

 Location: Si View Community Center
 R: \$260.00 | NR: \$312.00

 29381 STEM Camp Full Day
 Age: 6-12

 Min: 8 Max: 15
 M,T,W,TH,F Jul 22-26

 Instructor: Robot U
 9:00AM-4:00PM

 Location: Si View Community Center
 R: \$400.00 | NR: \$480.00

29382 STEM Camp Half Day Age: 6-12
Min: 8 Max: 15 M,T,W,TH,F Jul 22-26
Instructor: Robot U 1:00PM-4:00PM
Location: Si View Community Center R: \$260.00 | NR: \$312.00

 29379 STEM Camp Full Day
 Age: 6-12

 Min: 8 Max: 15
 M,T,W,TH,F Aug 12-16

 Instructor: Robot U
 9:00AM-4:00PM

 Location: Si View Community Center
 R: \$400.00 | NR: \$480.00

29380 STEM Camp Half Day Age: 6-12
Min: 8 Max: 15 M,T,W,TH,F Aug 12-16
Instructor: Robot U 1:00PM-4:00PM
Location: Si View Community Center R: \$260.00 | NR: \$312.00

#### Adventures in STEM

Let your imagination run wild with tens of thousands of LEGO parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO building system.

 29020 Adventures in STEM
 Age: 5-8

 Min: 10 Max: 16
 M,T,W,TH,F Jul 15-19

 Instructor: Play Well
 9:00AM-12:00PM

 Location: Si View Community Center
 R: \$222.00 | NR: \$266.40

#### **Pokemon Master Engineering**

LEGO Master, I choose you!! In the race to be crowned the Ultimate Pokemon Champion, we need your help! Learn to build your favorite Pokemon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokemon Masters so you can make it to the top!

29022 Pokemon Master Engineering
Min: 10 Max: 16
Instructor: Play Well
Location: Si View Community Center
R: \$222.00 | NR: \$266.40

#### **Minecraft Engineering**

Venture into the world of Minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO with a trained Play-Well instructor.

 29019 Minecraft Engineering
 Age: 5-8

 Min: 10 Max: 16
 M,T,W,TH,F Aug 05-09

 Instructor: Play Well
 9:00AM-12:00PM

 Location: Si View Community Center
 R: \$222.00 | NR: \$266.40

#### **Bash'em Bots**

Design your custom LEGO bot to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs. Combine these with tools like drills, hammers, and battering rams as you refine your masterpiece by sparring with friends and overcoming obstacles. Apply real-world engineering and physics concepts to help you bash and crash your way to victory.

 29021 Bash'em Bots
 Age: 7-12

 Min: 10 Max: 16
 M,T,W,TH,F Aug 05-09

 Instructor: Play Well
 1:00PM-4:00PM

 Location: Si View Community Center
 R: \$222.00 | NR: \$266.40

#### **Coding with Kids: Little Coders**

Our Little Coders camp is an opportunity for young children to develop their computational thinking skills, build their first programs, and have fun with new friends! The curriculum is designed specifically for early readers and takes into account cognitive abilities as well as the attention span typical for ages 5–7. We use age-appropriate online tools, including Lightbox Kodable, and Scratch to introduce basic coding skills. After the camp, students will be able to share their projects with family and friends and continue programming at home with their Coding with Kids Scratch account.

Little Coders (1) Age: 5-7
Min: 7 Max: 16 M,T,W,TH,F Jul 08-12
Instructor: Coding with Kids 9:00AM-12:00PM
Location: Si View Community Center R: \$249.00 | NR: \$298.80

Little Coders (2) Age: 5-7
Min: 7 Max: 16 M,T,W,TH,F Jul 29-Aug 02
Instructor: Coding with Kids 1:00PM-4:00PM
Location: Si View Community Center R: \$249.00 | NR: \$298.80

#### **Coding with Kids: Robotics**

Looking for a hands-on STEM course your Little Coder will love? In this course, students will have a blast while learning about robots and how they work. Through visual programming, students will learn computational thinking and basic programming concepts such as: pseudo-coding, code structure, variables, and loops. Students will participate in fun and engaging activities to practice problem-solving and creative thinking. They will complete interactive projects and code their robots to perform tasks like turning the robot's lights on and off, playing music, moving, and detecting sound.

Robotics (1) Age: 5-7
Min: 7 Max: 16 M,T,W,TH,F Jul 08-12
Instructor: Coding with Kids 1:00PM-4:00PM
Location: Si View Community Center R: \$259.00 | NR: \$310.80

Robotics (2) Age: 5-7
Min: 7 Max: 16 M,T,W,TH,F Jul 29-Aug 02
Instructor: Coding with Kids 9:00AM-12:00PM
Location: Si View Community Center R: \$259.00 | NR: \$310.80



#### **Robotics: Intro**

Learn to code with your very own robot! Students will learn the basics of programming a robot and learn how to use code along with hardware to open up so many more possibilities with technology. Through a block-based, visual programming platform, coders will learn introductory concepts, such as code structure, variables, and loops. They will apply these concepts, along with problem-solving and creative thinking, to program their robot to complete mission challenges, such as avoiding obstacles, light sensing and following a path.

 Robotics: Intro (1)
 Age: 8-12

 Min: 7 Max: 16
 M,T,W,TH,F Jul 08-12

 Instructor: Coding with Kids
 9:00AM-12:00PM

 Location: Train Depot
 R: \$259.00 | NR: \$310.80

 Robotics: Intro (2)
 Age: 8-12

 Min: 7 Max: 16
 M,T,W,TH,F Jul 29-Aug 02

 Instructor: Coding with Kids
 1:00PM-4:00PM

 Location: Train Depot
 R: \$259.00 | NR: \$310.80

#### **Scratch: Game Development**

Create your own games and embark on a coding adventure! This course introduces students to coding using Scratch, a fun drag-and-drop coding environment. They will learn coding fundamentals like Variables, Loops, and Conditionals while unleashing their creativity by designing characters, creating scenes, and adding sounds. Students will apply these concepts to build exciting games, stories, and animation projects, including Pet and Ball, Shark and Fish, and Snowman Maze. Let's code the fun way together!

Scratch: Game Development (1)
Min: 7 Max: 16
Instructor: Coding with Kids
Location: Train Depot

Age: 8-12
M,T,W,TH,F Jul 08-12
1:00PM-4:00PM
R: \$249.00 | NR: \$298.80

 Scratch: Game Development (2)
 Age: 8-12

 Min: 7 Max: 16
 M,T,W,TH,F Jul 29-Aug 02

 Instructor: Coding with Kids
 9:00AM-12:00PM

 Location: Train Depot
 R: \$249.00 | NR: \$298.80

# **Special Interest**

#### **Action Stop Motion Flix**

Use stop motion tricks to create fires, explosions, and even floods, as your characters can battle it our or work together to save the day in this action packed stop motion class. You'll work in small groups to storyboard, create the action, film, and voice-over these exciting movies. Flix emailed within a month after camp ends.

29066 Action Stop Motion Flix Age: 7-12
Min: 2 Max: 8 M,T,W,TH,F Jun 24-28
Instructor: IncrediFlix Staff 1:00PM-4:00PM
Location: Si View Community Center R: \$311.00 | NR: \$373.20

#### **Animation Flix**

In this fast paced class, you'll create up to four new stop motion movies using a different medium each day! Animate cares, film with screeen, and new for 2024 you create a 2D Mario movie, and more! Flix emailed within a month after camp ends.

29065 Animation Flix Age: 7-12
Min: 2 Max: 8 M,T,W,TH,F Jun 24-28
Instructor: IncrediFlix Staff 9:00AM-12:00PM
Location: Si View Community Center R: \$311.00 | NR: \$373.20

29067 Incrediflix Combo - Full Day Age: 7-12 Min: 2 Max: 8 M,T,W,TH,F Jun 24-28 Instructor:IncrediFlix Staff 9:00AM-4:00PM Location: Si View Community Center R: \$586.00 | NR: \$703.20



#### **Art Camps**

In these creative arts camps, students will learn about art concepts and terminology and apply the elements and principles of art while exploring a variety of art media – including acrylic and watercolor paints, oil and chalk pastels, regular colored and watercolor pencils, clay, and textiles. Designed for new and returning students of different ages and abilities, young artists will learn techniques and gain new skills to create unique and expressive works of art each day. There might even be some fun homework! No previous experience necessary. Class fee includes all child-friendly materials, and your child will receive an art kit to keep. Creating art can be messy; please have your artist dress appropriately!

29011 Artworks Summer Camp	Age: 6-12
Min: 6 Max: 24	M,T,W,TH,F Jun 24-28
Instructor: Sam Sinanan	9:00AM-11:30AM
Location: North Bend Train Depot	R: \$260.00   NR: \$312.00

 29012 Artworks Summer Camp
 Age: 6-12

 Min: 6 Max: 24
 M,T,W,TH,F Aug 19-23

 Instructor: Sam Sinanan
 2:00PM-4:30PM

 Location: North Bend Train Depot
 R: \$260.00 | NR: \$312.00

#### **Youth Dance Camps**

Our 4-day summer dance camps are full of movement and imagination for all. We will dance, create arts and crafts, play games, and make new friends! Please pack a snack and water bottle each day. Sunscreen is advised. \*Each camp has an additional supply fee due to the instructor on the first day of camp\*

#### Sample Schedule:

9:00-9:15	Warm up and ice breakers
9:15-10:15	Dance with Miss Emmy
	Snack break and outdoor time
10:45-11:15	Arts and crafts
11:15-11:30	Prep for share out
11:30-12:00	Share-out

#### **Dance Explorers**

Learn new styles of dance every day! From ballet to salsa, contemporary, hip hop, jazz, tap, partnering and more! We'll play dance and movement games, create beautiful art projects, and make new friends! Can't wait to see you there!

29450 Dance Explorers Age: 4-11
Min: 5 Max: 20 M,T,W,TH Jul 08-11
Instructor:Emmy Fansler 9:00AM-12:00PM
Location: Si View Community Center R: \$124.00 | NR: \$148.80

# Color My World Dance Camp

A watercolor themed week of dance and art! We'll create beautiful watercolor pieces together to inspire our dance and play times! Parents, walk through our "gallery" when you pick your child up on Thursday!

29452 Color My World Dance Camp
Min: 5 Max: 20
Instructor:Emmy Fansler
Location: Si View Community Center

Age: 4-11
M,T,W,TH Aug 12-15
9:00AM-12:00PM
R: \$124.00 | NR: \$148.80



# Agricultural Programs

#### **Guided Goat Walks**

Join us for an adventurous walk along the Tollgate Farm Park loop trail. Each participant will have a four legged buddy - goat, sheep, or alpaca (depending on availability) to accompany you on your stroll. This is a group activity, with up to 6 participants per outing. Spice up your stroller outing with the kids, or invite a date! This is fun for kids of all ages. Walks last approximately 45 minutes. Participating children must be accompanied by an adult who will be responsible for leading your animal companion.

Guided Goat Walks 1	Age: All
Min: 4 Max: 6	F Åpr 19
Instructor: Feral Woman Farm	3:30PM-4:30PM
Location: Tollgate Farm Park	Adult R: \$32.50   NR: \$39.00
,	Child R: \$19.50   NR: \$23.40

 Guided Goat Walks 2
 Age: All

 Min: 4 Max: 6
 F May 10

 Instructor: Feral Woman Farm
 3:30PM-4:30PM

 Location: Tollgate Farm Park
 Adult R: \$32.50 | NR: \$39.00

 Child R: \$19.50 | NR: \$23.40

 Guided Goat Walks 3
 Age: All

 Min: 4 Max: 6
 F Jun 07

 Instructor: Feral Woman Farm
 3:30PM-4:30PM

 Location: Tollgate Farm Park
 Adult R: \$32.50 |NR: \$39.00

 Child R: \$19.50 | NR: \$23.40

Guided Goat Walks 4 Age: All
Min: 4 Max: 6 F Aug 16
Instructor: Feral Woman Farm
Location: Tollgate Farm Park Adult R: \$32.50 | NR: \$39.00
Child R: \$19.50 | NR: \$23.40

#### **Farm Animal Encounters**

Join us for a one-hour animal encounter with our resident Alpacas, Goats, Sheep, Piglets, Ducks, Bunnies and Chickens at the Tollgate Farm Barn. Each participant will have an opportunity to feed, snuggle and scratch our farm friends. We'll answer all your questions and share some fun farm facts. Participating children must be accompanied by an adult.



Animal Encounters 1 Age: All Min: 4 Max: 6 F Apr 12 Instructor: Feral Woman Farm Location: Tollgate Farm Park Adult R: \$32.50 | NR: \$39.00 Child R: \$19.50 | NR: \$23.40

Animal Encounters 2 Age: All
Min: 4 Max: 6 F Apr 26
Instructor: Feral Woman Farm
Location: Tollgate Farm Park
Location: Tollgate Far

Animal Encounters 3 Age: All
Min: 4 Max: 6 F May 24
Instructor: Feral Woman Farm
Location: Tollgate Farm Park
Child R: \$19.50 NR: \$23.40

Animal Encounters 4
Min: 4 Max: 6
Instructor: Feral Woman Farm
Location: Tollgate Farm Park
Adult R

Age: All F Aug 02 3:30PM-4:30PM Adult R: \$32.50 | NR: \$39.00 Child R: \$19.50 | NR: \$23.40



# **Youth Sports**

#### **SVTC All Comers Track Meets**

Kids, parents and family members are all invited to attend our All Comers track meets hosted by the Snoqualmie Valley Track Club. Participants may enter up to 5 events at each meet. Events include a variety of running distances and possible field events such as running long jump and turbo javelin. Sign up for each weekend or pre-register prior to our meets begin!

28333 All Comers Track Meet - April Age: 3-14
Min: 8 Max: 40 SA Apr 13
Instructor: SVTC Coaches 11:00AM-12:30PM
Location: Twin Falls Middle School R: \$12.00 | NR: \$14.40

28336 All Comers Track Meet - May Age: 3-14
Min: 8 Max: 40 SA May 18
Instructor:SVTC Coaches 11:00AM-12:30PM
Location: Twin Falls Middle School R: \$12.00 | NR: \$14.40



#### **Snoqualmie Valley Track Club**

Join the Snoqualmie Valley Track Club this summer! Meets with other eastside track teams are on Thursdays, schedule will be available prior to season start date. Running events include distances from 25m to 1600m. Field events include long jump and turbo javelin. Registration fee includes a club t-shirt.

 28337 Snoqualmie Valley Track Club
 Age: 5-14

 Min: 10 Max: 70
 T,TH Jun 04-Jul 18

 Instructor:SVTC Coaches
 5:00PM-6:30PM

 Location: Mount Si High School
 R: \$110.00 | NR: \$132.00

#### **Basketball Class**

Train with Kelsey Taylor, one of our most experienced basketball coaches in the Valley. Kelsey has been coaching basketball in the community for the past year and works well with all ages. These sessions will focus on basketball fundamentals such as shooting with proper form, dribbling, footwork, passing, and defense. Whether you are a beginner or an experienced player, Coach Taylor will help your youngster hone their skills and improve their techniques.

28332 Middle School Basketball Clinic Grade: 7-9
Min: 4 Max: 15 W Apr 24-May 29
Instructor: Kelsey Taylor 6:00PM-7:00PM
Location: Si View Community Center R: \$135.00 | NR: \$162.00

#### **Big Flips Gymnastics Camp**

Learn gymnastics or improve your current gymnastics skills. Our grade school camp provides basic to intermediate gymnastics training. Gymnastics builds strength, balance, coordination, flexibility and confidence, a valuable athletic foundation to excel in a variety of sports. Each student will experience gymnastics including tumbling, bars, beam and vault progressing at his or her own level. Classes are non-competitive and focus on general fitness, self-esteem, and fun!

29315 Big Flips Gymnastics Camp
Min: 6 Max: 16
Instructor: Jet's Gymnastics Express
Location: Si View Community Center

M,T,W,TH,F Jun 24-28
1:00PM-4:00PM
R: \$235.00 | NR: \$282.00

29314 Big Flips Gymnastics Camp
Min: 6 Max: 16
M,T,W,TH,F Jul 29-Aug 02
Instructor: Jet's Gymnastics Express
Location: Si View Community Center
R: \$235.00 | NR: \$282.00



#### **Volleyball**

The Volleyball program is coached by Cristin Stahlberg. A former Tumwater HS and collegiate player at Seattle University. In her 8th year running youth volleyball programs, Coach Stahlberg introduces the sport to kids prior to their middle school years and those kids involved with clubs or school teams. The sessions conclude with a mini-tournament on the final day. Come join the fun!

28320 May Volleyball Grade: 2-5
Min: 4 Max: 14 W May 01-29
Instructor: Cristin Stahlberg 6:00PM-7:00PM
Location: Si View Community Center R: \$137.50 | NR: \$165.00

28321 May Volleyball Grade: 6-8
Min: 4 Max: 14 W May 01-29
Instructor: Cristin Stahlberg 7:00PM-8:00PM
Location: Si View Community Center R: \$137.50 | NR: \$165.00

28322 June Volleyball Grade: 2-5
Min: 4 Max: 14 W Jun 05-12
Instructor: Cristin Stahlberg 6:00PM-7:00PM
Location: Si View Community Center R: \$55.00 | NR: \$66.00

 28323 June Volleyball
 Grade: 6-8

 Min: 4 Max: 14
 W Jun 05-12

 Instructor: Cristin Stahlberg
 7:00PM-8:00PM

 Location: Si View Community Center
 R: \$55.00 | NR: \$66.00

28330 Spring Volleyball Grade: 2-5
Min: 4 Max: 14 S Jun 02-23
Instructor: Cristin Stahlberg 11:30AM-1:00PM
Location: Si View Community Center R: \$165.00 | NR: \$198.00

28331 Spring Volleyball Grade: 6-8
Min: 4 Max: 14 S Jun 02-23
Instructor: Cristin Stahlberg 1:15PM-2:45PM
Location: Si View Community Center R: \$165.00 | NR: \$198.00

# Sports Camps

#### **Soccer Stars**

Soccer Stars uses soccer as a vehicle to help children develop self-confidence and improve gross motor skills all while introducing basic soccer skills. Our dynamic coaches help to develop teamwork in a fun, nurturing, and educational environment using specially designed, age-specific curriculum in a non-competitive environment.

 29070 Soccer Stars (1)
 Age: 6-7

 Min: 6 Max: 18
 M,T,W,TH,F Jul 08-12

 Instructor: Soccer Stars
 9:00AM-12:00PM

 Location: Si View Park
 R: \$225.00 | NR: \$270.00

 29071 Soccer Stars (2)
 Age: 6-7

 Min: 6 Max: 18
 M,T,W,TH,F Aug 12-16

 Instructor: Soccer Stars
 9:00AM-12:00PM

 Location: Si View Park
 R: \$225.00 | NR: \$270.00

#### Volleyball

Some of you may know Cristin Stahlberg from our school year Volleyball Program. We couldn't be more excited to have her onboard for Volleyball summer camps. Cristin, who is a former Tumwater HS and collegiate player at Seattle University, brings her expertise to youth players with a fun and interactive program.

29154 Volleyball Camp Grade: 2-5
Min: 6 Max: 20 M,T,W,TH,F Jul 22-26
Instructor: Cristin Stahlberg 9:00AM-11:00AM
Location: Si View Community Center R: \$250.00 | NR: \$300.00

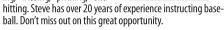
29156 Volleyball Camp Grade: 2-5
Min: 6 Max: 20 M,T,W,TH,F Aug 19-23
Instructor: Cristin Stahlberg 9:00AM-11:00AM
Location: Si View Community Center R: \$250.00 | NR: \$300.00

29155 Volleyball Camp Grade: 6-8
Min: 6 Max: 20 M,T,W,TH,F Jul 22-26
Instructor: Cristin Stahlberg 11:30AM-1:30PM
Location: Si View Community Center R: \$250.00 | NR: \$300.00

29157 Volleyball Camp Grade: 6-8
Min: 6 Max: 20 M,T,W,TH,F Aug 19-23
Instructor: Cristin Stahlberg 11:30AM-1:30PM
Location: Si View Community Center R: \$250.00 | NR: \$300.00

#### **Pro Baseball**

Any kids looking to improve their skills with Steve Goucher who was a former Atlanta Braves pitcher and scout, this is your calling! Steve's camps work all aspects of baseball and softball including throwing, fielding, pitching, and



 29048 Pro Baseball Camp
 Age: 8-13

 Min: 6 Max: 12
 M,T,W,TH Jun 24-27

 Instructor: Steve Goucher
 9:00AM-12:00PM

 Location: Si View Park
 R: \$188.00 | NR: \$225.60

 29049 Pro Baseball Camp
 Age: 8-13

 Min: 6 Max: 12
 M,T,W,TH Jul 08-11

 Instructor: Steve Goucher
 9:00AM-12:00PM

 Location: Si View Park
 R: \$188.00 | NR: \$225.60

 29050 Pro Baseball Camp
 Age: 8-13

 Min: 6 Max: 12
 M,T,W,TH Jul 22-25

 Instructor: Steve Goucher
 9:00AM-12:00PM

 Location: Si View Park
 R: \$188.00 | NR: \$225.60

 29051 Pro Baseball Camp
 Age: 8-13

 Min: 4 Max: 12
 M,T,W,TH Aug 12-15

 Instructor: Steve Goucher
 9:00AM-12:00PM

 Location: Si View Park
 R: \$188.00 | NR: \$225.60

 29052 Pro Baseball Camp
 Age: 8-13

 Min: 4 Max: 12
 M,T,W,TH Aug 19-22

 Instructor: Steve Goucher
 9:00AM-12:00PM

 Location: Si View Park
 R: \$188.00 | NR: \$225.60

 29053 Pro Baseball Camp - Night Camp
 Age: 8-13

 Min: 4 Max: 12
 M,T,W,TH Aug 19-22

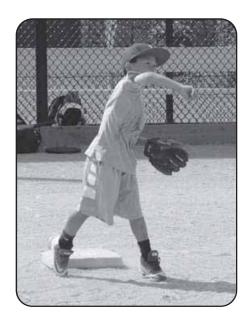
 Instructor: Steve Goucher
 5:00PM-8:00PM

 Location: Si View Park
 R: \$188.00 | NR: \$225.60

#### **Pro Baseball Private Lessons**

Elevate your baseball skills with some 'One on One' training. Whether you're a beginner or looking to enhance your game, Coach Goucher will develop your skills in Hitting, Fielding, and Pitching. See website for 30-minute private lesson schedules.

# **Youth Sports**



#### **Skyhawks Mini-Hawk**

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. Participants should bring a water bottle, two snacks, sunscreen (outdoor camps) and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks

29135 Skyhawks Mini Hawk M,T,W,TH,F Jun 24-28 Min: 8 Max: 18 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM R: \$195.00 | NR: \$234.00 Location: Si View Park

29134 Skyhawks Mini Hawk Age: 4-7 M.T.W.TH.F Jul 15-19 Min: 8 Max: 18 9:00AM-12:00PM Instructor: Skyhawks Sports Academy R: \$195.00 | NR: \$234.00 Location: Si View Park

29136 Skyhawks Mini Hawk Age: 4-7 M,T,W,TH,F Aug 19-23 Min: 8 Max: 18 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM Location: Si View Park R: \$195.00 | NR: \$234.00

#### Skyhawks Basketball (Half Day)

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-baased curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages. Participants should bring a water bottle, two snacks, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

29141 Skyhawks Basketball Age: 6-12 M.T.W.TH.F Jul 22-26 Min: 8 Max: 32 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM Location: Si View Community Center R: \$195.00 | NR: \$234.00

29142 Skyhawks Basketball Age: 6-12 Min: 8 Max: 32 M,T,W,TH,F Jul 22-26 Instructor: Skyhawks Sports Academy 1:00PM-4:00PM Location: Si View Community Center R: \$195.00 | NR: \$234.00

#### Skvhawks Soccer

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills. Participants should bring a water bottle, two snacks, lunch, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

29147 Skyhawks Soccer Camp (Full Day) Age: 6-12 M,T,W Jul 01-03 Min: 8 Max: 32 Instructor: Skyhawks Sports Academy 9:00AM-3:00PM R: \$150.00 | NR: \$180.00 Location: Si View Park

29148 Skyhawks Soccer Camp (Half Day) Age: 6-12 Min: 8 Máx: 32 M,T,W Jul 01-03 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM R: \$120.00 | NR: \$144.00 Location: Si View Park

#### Skyhawks Flag Football

Experience the excitement of America's favorite sport with Skyhawks Flag Football. Using a curriculum developed by USA Football, coaches teach skills like passing, receiving, kicking and flag pulling while gaining confidence and learning life lessons in a fun, positive environment.

29150 Flag Football (Full Day) Age: 6-12 Min: 8 Max: 32 M,T,W,TH,F Jul 29-Aug 02 Instructor: Skyhawks Sports Academy 9:00AM-3:00PM Location: Si View Park R: \$235.00 | NR: \$282.00

29149 Flag Football (Half Day) Age: 6-12 M,T,W,TH,F Jul 29-Aug 02 Min: 8 Max: 32 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM R: \$195.00 | NR: \$234.00 Location: Si View Park

#### **Skyhawks Beginning Golf**

Skyhawks Beginning Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. The unique, games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. Participants should bring a water bottle, two snacks, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

29143 Skyhawks Beginning Golf Age: 6-10 M,T,W,TH,F Aug 05-09 Min: 8 Máx: 32 9:00AM-12:00PM Instructor: Skyhawks Sports Academy R: \$195.00 | NR: \$234.00 Location: Si View Park



#### **Skyhawks Multi-Sport**

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork. Participants should bring a water bottle, two snacks, lunch, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

29146 Skyhawks Multi-Sport (Full Day) Age: 6-12 M,T,W,TH,F Aug 05-09 Min: 8 Max: 32 9:00AM-3:00PM Instructor: Skyhawks Sports Academy R: \$235.00 | NR: \$282.00 Location: Si View Park

29145 Skyhawks Multi-Sport (Half Day) Age: 6-12 Min: 8 Máx: 32 M,T,W,TH,F Aug 05-09 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM Location: Si View Park R: \$195.00 | NR: \$234.00

#### **Skyhawks Tennis**

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Participants should bring a water bottle, two snacks, sunscreen and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks

29140 Skyhawks Tennis Age: 6-12 M,T,W,TH,F Jun 24-28 Min: 8 Máx: 32 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM R: \$195.00 | NR: \$234.00 Location: EJ Roberts Park

29139 Skyhawks Tennis Min: 8 Máx: 32 M,T,W,TH,F Jun 24-28 Instructor: Skyhawks Sports Academy 1:00PM-4:00PM Location: EJ Roberts Park R: \$195.00 | NR: \$234.00

29138 Skyhawks Tennis Age: 6-12 M,T,W,TH,F Jul 08-12 Min: 8 Max: 32 9:00AM-12:00PM Instructor: Skyhawks Sports Academy R: \$195.00 | NR: \$234.00 Location: EJ Roberts Park

29137 Skyhawks Tennis Age: 6-12 Min: 8 Máx: 32 M,T,W,TH,F Aug 12-16 Instructor: Skyhawks Sports Academy 9:00AM-12:00PM Location: EJ Roberts Park R: \$195.00 | NR: \$234.00





# **Teen Programs**

#### **Snoqualmie Valley Youth Council**

Snoqualmie Valley Youth Council is a group of local middle and high school students that plan and participate in community events and service projects. Come meet new friends, have your voice heard, and help make a difference! Joining the group is free, and new students are welcome to join all school year. We meet twice per month, September-June. If you are looking for volunteer opportunities this group could be right for you.

Sno-Valley Youth Council Grade: 6-12
Min: 5 Max: 25 2nd & 4th Tu each month
Instructor: Zach Todd 5:00PM-6:00PM
Location: North Bend Library Free

#### **Teen Night**

Teen Nights offer fun times for 6-8th graders! Join Si View crew for an awesome night of games such as dodgeball, basketball, minute to win it style challenges, trivia, socializing and more! Don't miss out on this middle school only event! Snacks are available for purchase. Pre-registration is required. Limited space for walk-ins.

29375 Teen Night: NERF War! Grade: 6-8
Min: 10 Max: 50 F May 10
Instructor: Si View Staff 7:00PM-9:30PM
Location: Si View Community Center R: \$10.00 | NR: \$12.00

#### **Teen Trips**

Teen Trips are a new outlet for our local Teens! Join Si View as we go on field trips similar to summer camps! These trips will allow students the chance to explore new interests, see and do activities different than the typical school experience. No need to sit at home on a screen all day. Grab your friends and join us on an adventure! Be sure to bring a water bottle.

 Teen Trip: Mini Golf
 Grade: 6-8

 Min: 4 Max: 10
 F May 03

 Instructor: Si View Staff
 5:00PM-9:30PM

 Location: Meet at Si View
 R: \$65.00 | NR: \$78.00

#### **Homeschool Trip**

Let's go on a field trip! Join Si View as we get out of the classroom and go experience something new. Homeschool field trips is a new program geared to help your student learn more about the world around them, while also having a day of fun! Remember to bring lunch and water bottle for this adventure.

 Homeschool Trip: Zoo day
 Grade: 6-9

 Min: 4 Max: 10
 F May 31

 Instructor: Si View Staff
 1:00PM-7:00PM

 Location: Meet at Si View
 R: \$65.00 | NR: \$78.00

#### **Sewing Class**

Get started with basic sewing and machine skills while stitching fun projects. Build on what you've learned each week to make pot holders, tote bags, aprons and PJ pants and more if time allows. Included are patterns and fabric plus the use of sewing machines and supplies (Shears, pins, thread, seam gauge, seam ripper, tape measure, highlighter) while attending the class.

29152 Beginning Sewing Age: 12-18
Min: 3 Max: 8 SA Jul 13-Aug 24
Instructor: Bonnie Gudaitis 10:00AM-11:30AM
Location: Si View Community Center R: \$90.00 | NR: \$108.00



#### **TRAC Camp**

TEEN RECREATION ADVENTURE CAMP (TRAC) is the ultimate in summer fun for students entering grades 6-9 (2024-25 school year). Participants experience a variety of outdoor adventures while making new friends and memories that last forever. Camp spots may be reserved with a nonrefundable/nontransferable deposit of \$50 per week, due at the time of registration; each session must be paid in full on the Monday prior to the week of camp you plan to attend. Camp runs Monday-Thursday. TRAC campers participate in a wide variety of activities including: hikes, field trips to lakes, water parks, movies, entertainment venues, camp games, crafts, community service, onsite entertainers, and more! TRAC is located at South Fork Landing Park at Exit 32.

TRAC Camp Grade: 6-9
Min: 10 Max: 20 7:30AM-5:30PM
Location: South Fork Landing R \$353.00 | NR \$423.60 per week\*

\*Week 2 R \$264.75 | NR \$317.70

M-Th Jun 24-27
M-W Jul 01-03
M-Th Jul 08-11
M-Th Jul 15-18
M-Th Jul 22-25
M-Th Aug 05-08
M-Th Aug 12-15
M-Th Aug 19-22

#### **TOAD Friday Hikes**

Teen Outdoor Adventure Days get youth outdoors exploring the easy to moderate trails while making new friends and building leadership, team, and outdoor skills. Learn trail etiquette, leave no trace principals, and basic safety skills for hiking and camping. Schedule may change due to weather. Lead by Wilderness First Aid certified staff. The program meets at South Fork Landing, just past the General Store (14319 436th Ave SE, North Bend, WA 98045) Please arrive before 9:30 so we can get our adventure started!

TOAD Hikes	Grade: 6-9
Min: 10 Max: 20	9:00AM-3:30PM
Location: South Fork Landing	R \$73.50   NR \$88.50 per day

TOAD 01:	Poo Poo Point	F Jun 21
TOAD 02:	Aircraft Peak Loop	F Jun 28
TOAD 03:	Tenneriffe Falls	F Jul 12
TOAD 04:	Annette Lake	F Jul 19
TOAD 05:	Talapus Lake	F Jul 26
TOAD 06:	Denny Creek	F Aug 02
	Lodgé Lake	
TOAD 08:	Cherry Creek Falls	F Aug 16
	Twin Falls	

#### **Counselor in Training Course**

Si View facilitates some of the best recreation programs in Snoqualmie Valley and we want you to join in! The Counselor in Training program is designed to set your child up for success. We train youth to be strong leaders by teaching them a variety of techniques and skills using a hands-on approach. We start the week off by getting to know each other and breaking down barriers between individuals by having fun, we then begin learning about what it takes to be a leader and how to handle a wide varitey of situations that will come up while working with kide Participants who have successfully completed our CIT program will have the opportunity to apply for a CIT position with our summer camps for the remainder of the summer, or for seasonal staff positions when minimum age requirement is met.

29426 Counselor in Training Age: 14-16
Min: 4 Max: 8 T,W,TH Jul 09-11
Instructor:Si View Staff 9:00AM-3:00PM
Location: Si View Community Center R: \$231.00 | NR: \$277.20



#### **Teen Hikes**

Teen Outdoor Adventure Days are back! Join us on early release Fridays as we explore local trails in the surrounding area. Transportation will be provided from Twin Falls Middle School. We will hike easy to moderate trails while making new friends and outdoor skills. Come learn trail etiquette, leave no trace principles, and basic safety skills for hiking and recreating outdoors. Schedule may change due to weather.

Teen Hike: Mine Creek Trestle Grade: 6-8
Min: 4 Max: 10 F May 24
Instructor: Zach Todd 1:00PM-6:30PM
Location: Twin Falls Middle School R: \$55.00 | NR: \$66.00

#### **Homeschool Day Hikes**

Is your student looking to expand their knowledge and experience with the outdoors? Come join us as we explore local trails in the surrounding area. We will hike easy to moderate trails while making new friends and building leadership and outdoor skills. Come learn trail etiquette, leave no trace principled, and basic safety skills for hiking and recreating outdoors. Led by wilderness first aid certified staff. Schedule may change due to weather.

 Twin Falls
 Age: 11-17

 Min: 4 Max: 10
 F May 17

 Instructor: Si View Staff
 2:00PM-6:30PM

 Location: Meet at Si View
 R \$45.00 | NR \$54.00

 Little Si
 Age: 11-17

 Min: 4 Max: 10
 F Jun 14

 Instructor: Si View Staff
 2:00PM-6:30PM

 Location: Meet at Si View
 R \$45.00 | NR \$54.00

#### **Bike Adventure Days!**

Join Si View staff for a day of adventuring on our bikes! Bike adventure days will start at the Si View community center. We will then head out on adventures around North Bend using local trails. Students will learn basic safety and bike maintenance. Plan on bringing a backpack to carry snacks, water and any other materials needed for the day! We will make stops at places like The Line, The General store, Rattlesnake Lake and more! If you do not have a bike, Bike rentals are available at The Line Experience, here in North Bend.

 Bike Adventure Day 01
 Age: 10-15

 Min: 4 Max: 10
 W Jul 17

 Instructor: Si View Staff
 1:00PM-6:00PM

 Location: Meet at SVCC
 R: \$55.00 | NR: \$66.00

 Bike Adventure Day 02
 Age: 10-15

 Min: 4 Max: 10
 W Jul 31

 Instructor: Si View Staff
 1:00PM-6:00PM

 Location: Meet at SVCC
 R: \$55.00 | NR: \$66.00

 Bike Adventure Day 03
 Age: 10-15

 Min: 4 Max: 10
 W Aug 07

 Instructor: Si View Staff
 1:00PM-6:00PM

 Location: Meet at SVCC
 R: \$55.00 | NR: \$66.00

Bike Adventure Day 04 Age: 10-15
Min: 4 Max: 10 W Aug 21
Instructor: Si View Staff 1:00PM-6:00PM
Location: Meet at SVCC R: \$55.00 | NR: \$66.00

# **Outdoor Programs**



#### **Pump Track Dig and Ride**

#### North Bend Community stewardship day with Evergreen Mountain Biking

Join Evergreen and Si View Parks for an evening at the North Bend Pump Track! Whether you're an expert rider, or just getting started in the mountain biking world, we would love to have you join us for an evening of community building and riding. There will be some treats available to volunteers!

Thursday May 16, 5:30PM-8:30PM Torguson Pump Track, 750 E North Bend Way All ages and anyone interested in biking or using the pump track is welcome!

**5:30PM Meet the team and other volunteers!** Evergreen brings out professional trail builders to help keep the pump track in good shape. They will help us pick out what to work on as well as make sure we all know how to use the tolls properly and safely.

6:00PM We dig! Help repair berms, clear drains, and make sure we help the pump track recover from winter and be prepared for a busy summer season!

**8:00PM We ride!** Enjoy the fruits of your labor with some laps around the freshly manicured track!

#### **Experience Bike Maintenance**

Knowing how to keep your bike in shape is essential to handle the trails and explore our great outdoors. Learn basic preventative maintenance, what to check before and after your ride, and how to confidently handle flat tires and other mishaps during rides.

Bike Maintenance April	Age: 14+
Min: 4 Max: 12	TH Apr 18
Instructor: The Line Experience	5:00PM-6:00PM
Location: The Line/1130 E North Bend Way	R: \$10.00   NR: \$12.00

Bike Maintenance May Age: 14+
Min: 4 Max: 12 TH May 16
Instructor: The Line Experience 5:00PM-6:00PM
Location: The Line/1130 E North Bend Way R:\$10.00 | NR:\$12.00

Bike Maintenance June Age: 14+
Min: 4 Max: 12 TH Jun 20
Instructor: The Line Experience 5:00PM-6:00PM
Location: The Line/1130 E North Bend Way R:\$10.00 | NR:\$12.00

Bike Maintenance July Age: 14+
Min: 4 Max: 12 TH Jul 18
Instructor: The Line Experience 5:00PM-6:00PM
Location: The Line/1130 E North Bend Way R:\$10.00 | NR:\$12.00

Bike Maintenance August Age: 14+
Min: 4 Max: 12 TH Aug 15
Instructor: The Line Experience 5:00PM-6:00PM
Location: The Line/1130 E North Bend Way R: \$10.00 | NR: \$12.00

#### **Intro To Outdoor Climbing**

This course is an introduction to outdoor climbing. Come check out this fun outdoor activity close to North Bend. Perfect for if you have never climbed before, or mostly climbed in a gym. We'll cover climbing movement, climbing knots, and top rope belaying. We have some harnesses and helmets to loan out, but participants will need to have or rent their own shoes.

Intro to Outdoor Climbing 01 Age: 18+
Min: 3 Max: 6 SA Jun 29
Instructor: The Climbing School
Location: DH Balcony Trailhead R: \$195.00 | NR: \$234.00

Intro to Outdoor Climbing 02

Min: 3 Max: 6

Instructor: The Climbing School
Location: DH Balcony Trailhead

Age: 18+

SA Aug 10

9:00AM-5:00PM

R: \$195.00 | NR: \$234.00

#### **Sport Climbing Course**

This course is the first step to becoming an independent dimber. We will teach you the skills to be able to start leading sport climbs on your own, including knots, anchor building, leading techniques, belaying, and cleaning/rappelling. This is a good course for anyone who has a bit of experience climbing, either in the gym or outdoors and wants to be able to explore all the dimbing North Bend and surrounding areas has to offer. We have some harnesses and helmets to loan out, but participants will need to have or rent their own shoes.

Sport Climbing Course 01	Age: 18+
Min: 2 Max: 4	SA-SU Jun 01-02
Instructor: The Climbing School	9:00AM-5:00PM
Location: DH Balcony Trailhead	R: \$475.00   NR: \$570.00

Sport Climbing Course 02 Age: 18+
Min: 2 Max: 4 SA-SU Jul 06-07
Instructor: The Climbing School
Location: DH Balcony Trailhead R: \$475.00 | NR: \$570.00

Sport Climbing Course 03 Age: 18+
Min: 2 Max: 4 SA-SU Aug 03-04
Instructor: The Climbing School
Location: DH Balcony Trailhead R: \$475.00 | NR: \$570.00

#### Mando's Disc Golf Academy

A week-long Disc Golf Camp designed for all skill levels! This course will cover the basics of disc golf rules, techniques for backhand and forehand throws, and mastering the art of putting. Equipment and prizes provided.

 Disc Golf Camp
 Ages: All

 Min: 8 Max: 20
 M,T,W,TH,F June 03-07

 Instructor: Mando's Disc Golf
 9:00AM - 10:30AM

 Location: South Fork Landing
 R: \$120.00 | NR: \$144.00

#### Plogging Club

Plogging is a new sustainable initiative invented in Sweden which combines sports like jogging with caring for the environment. The idea of this sustainable initiative is simplicity itself: the participants, 'ploggers', take to the streets with rubbish bags to pick up the litter they come across while exercising. The word 'plogging' comes from the Swedish plocka upp (pick up) and the English word jogging, join our new Si View group as we aim to get some exercise while also cleaning up our community! Walkers and joggers of all skill levels welcome! Organized meet ups every 1st and 3rd Tuesday of the month! Trash bags and gloves provided.

Plogging Club Age: 15+
Min: 2 Max: 50 T May 07-Aug 20
Instructor: Si View Staff 5:30PM-6:30PM
Location: local parks & trails Free



#### **Si View Walking Club**

Si View is excited to continue getting out and stepping with the Si View Walking Club! Walks will take place at various parks and trails throughout North Bend. Participants will have the opportunity to socialize while getting their steps in. Walks will be a blend of Si View staff lead and selfguided outings. Preregistration required for communications of route maps and meeting locations.

29427 Si View Summer Walking Club
Min: 2 Max: 20
Instructor: Si View Staff
Location: Si View Community Center

Age: 16+
T May 07-Aug 27
11:30AM-12:30PM
Location: Si View Community Center

#### **Adult Guided Hikes & Lunch**

Are you looking to expand on your usual walking fitness to the great outdoors? Living in North Bend gives us great access to our extended backyard! Join us on these easy to moderate hikes as we add some elevation to your normal walking! Followed by a lunch trip to a local restaurant! Led by Si View's Outdoor Rec. Coordinator. Transportation provided to/from trailhead and restaurant. Please meet at Si View Community Center. \*Fee does not include lunch\*

Adult Hike: Little Si / Little Si Restaurant
Min: 4 Max: 8 M May 20
Instructor: Si View Staff 9:30AM-2:00PM
Location: Si View Community Center R: \$10.00 | NR: \$12.00

Adult Hike: Twin Falls / Scotts Dairy Freeze Age: 18+
Min: 4 Max: 8 M Jun 17
Instructor: Si View Staff 9:30AM-2:00PM
Location: Si View Community Center R: \$10.00 | NR: \$12.00

Adult Hike: Rattlesnake Ledge / Twedes
Min: 4 Max: 8
Instructor: Si View Staff
Location: Si View Community Center
R: \$10.00 | NR: \$12.00

Adult Hike: Teneriffe Falls / Rio Bravo
Min: 4 Max: 8 M Aug 19
Instructor: Si View Staff
Location: Si View Community Center
R: \$10.00 | NR: \$12.00

#### **Coming Soon: parkrun!**

parkrun is a free, weekly, timed 5K walking and running event led by community volunteers with guidance from parkrun USA organization. Si View Metro Park is thrilled to be supporting local coordination and to serve as a host site for a parkrun here in Snoqualmie Valley. Work is underway for confirming course details, and series start date. Events take place at 9AM every Saturday morning, unless otherwise noted. You can visit nearby parkrun events in Redmond and Renton to learn more about this inclusive and fun community building program. The new North Bend parkrun is currently seeking community volunteers to help support the weekly event, share information with neighbors and of course to participate! Please contact local coordinator Cathryn Burby for more information cathryn. burby@parkrun.com.



# **Martial Arts**



#### Mt Si School of Karate

Welcome to our martial arts training for youth and adults! We believe and teach the concept that our students need to be well-rounded, educated, competent individuals. We believe that encouragement works better than threats in motivating students to work harder and to push themselves through mental plateaus encountered in their training. We are systematic in acknowledging our students' achievements, whether in the martial arts or in their outside lives. Life skills are incorporated to our curriculum throughout the year, for application at home, in school, and in their martial arts training including:

All students will need a karate uniform. Uniforms can be purchased from the instructor; cost is \$40, payable to the instructor in cash or check. Students have opportunities for belt testing in the Fall and Spring. Tournaments are held several times a year, participation is optional.

Our classes are open to students ages 6 to adult, and all skill levels. This class structure allows families to train together, and a supportive setting where younger students gain knowledge from older, more experienced students. Group size is limited to 12 students per class.

weather permits (indoors at the community center in inclem-

ent weather). Students can register for classes on a month-to-

month basis, or for the full 4-month semester. Month to month

registration and payment is required by the first day of each

new month to stay active in the program. 4-month enrollment

registration and payment for the Summer session is due by

May 10. The 4-month rate includes a 20% discount. No classes

Summer Class Schedule (May-August)
Summer classes are held outdoors at Si View Park when



"Sensei Michael is amazing with the kids, he has the right mixture of kindness, understanding and discipline. He focuses on the kids as a

whole and has a class instead of just

on the moves - he really understands

"I like the accessibility of the program.

the individuals in the classes."

#### are scheduled for May 27, Jun 19, Jul 4, Aug 10. **Monthly Tuition**

Due by 1st day of each month R \$132.00 | NR \$158.40

4-Month Enrollment

Due by May 10 R \$422.40 | NR \$506.88

#### **Class Options**

We offer several options for class times to meet the needs of families. It is important that students attend the days and times that they are registered for. Choose from these options:

Mon & Wed	4:30PM-5:30PM
Mon & Wed	5:45PM-6:45PM
Mon & Wed	7:00PM-8:00PM
	4:30PM-5:30PM
Tue & Thu	5:45PM-6:45PM
Tue & Thu	7:00PM-8:00PM
	9:00AM-11:00AM

#### **Class Communications**

Mt Si School of Karate shares information through Si View Metro Parks email system. Please make sure your email is set to accept messages from siviewpark.org and Dashplatform.com to ensure notices are not going to junk mail. We also ask that you check in with Si View staff when you arrive to class at the beginning of each month to confirm your registration status and communication preferences.

#### **Karate Summer Camp**

Interested in martial arts? Join our weeklong summer camps with Sensei Michael Morris. These camps offer a great introduction to the Mt Si School of Karate programs as well as an option for current students to practice their skills. Weather permitting, we'll train outdoors, wear comfortable athletic clothes and bring a water bottle.

29313 Karate Camp Age: 6-14
Min: 4 Max: 12 M,T,W,TH,F Jul 29-Aug 02
Instructor: Mt Si School of Karate 9:00AM-11:30AM
Location: Si View Park R: \$170.00 | NR: \$204.00

 29312 Karate Camp
 Age: 6-14

 Min: 4 Max: 12
 M,T,W,TH,F Aug 05-09

 Instructor: Mt Si School of Karate
 9:00AM-11:30AM

 Location: Si View Park
 R: \$170.00 | NR: \$204.00

29310 Karate Camp Age: 6-14
Min: 4 Max: 12 M,T,W,TH,F Aug 12-16
Instructor: Mt Si School of Karate Location: Si View Park R: \$170.00 | NR: \$204.00

29311 Karate Camp
Min: 4 Max: 12 M,T,
Instructor: Mt Si School of Karate
Location: Si View Park R: \$17

Age: 6-14 M,T,W,TH,F Aug 19-23 9:00AM-11:30AM R: \$170.00 | NR: \$204.00



#### I like the flexibility of the people - in the class and at Si View. I like that it feels like 'family.'"

# **Adult Programs**

# Specialized Recreation

We are pleased to offer Specialized Recreation programs for community members with disabilities. Our goal is to provide an inclusive environment for specialized programming, and



we encourage participation from all. Parents & caregivers are welcome to join at no cost. For more information about our specialized recreation program, please contact Zach Todd at 425-414-0672.

#### **Specialized Recreation Spring Series**

Come join us for fun activities, each week includes a different activity. See schedule below.

Spring Series Age: 18+
Min: 4 Max: 10 M Apr 22-Jun 03
Instructor: Si View Staff 5:00PM-7:00PM
Location: Si View Community Center R: \$84.00 | NR: \$100.80

#### Specialized Recreation Spring Schedule

April 22	Games Night
April 29	
May 6	
May 13	Movie and Treats
May 20	
May 27	
June 3	

#### **Games Night:**

Calling all competitors! Come join us for a few rounds of Si View Bingo and then time to play your favorite boardgames from the past and present! You won't want to miss out on this fun! First Bingo game starts at 5:15 and play ends at 7pm.

#### Spaghetti Dinner Party

It's a Dinner Party! We will be cooking up some yummy pasta, French bread, and salad! Join us for a great family style dinner and help by bringing your things to add to your spaghetti or the dinner overall like a dessert!

#### Mother's Day Crafts

Join us for an evening of celebrating the moms! Tonight, we will be making crafts for the upcoming Mother's Day! Bring a sack dinner to enjoy before we start crafting. This night is sure to be full of great company, laughs, and fun! We will begin the fun at 5pm and finish by 7pm.

#### **Movie & Treats**

Join us for a movie and popcorn! Dress comfortably and bring any snacks or dinner to enjoy while we watch! The movie starts at 5pm. We will have some treats to enjoy!

#### Spring Crafts

Time to be crafty! Today we are making a craft that will LIGHT up your night! We will provide all the materials; you bring your imagination and creative energy! Feel free to bring dinner to enjoy in the company of friends before we get started!

#### Picnic in the Park

Come join us for an evening stroll and dinner. First, we will eat our sack dinner in the park (weather permitting). Then we will walk to Scott's for a milkshake! Picnic goers will need to bring a sack dinner and money for a milkshake. Dinner starts at 5pm and we will wrap up by 7pm.

#### Dance

#### **Ballet**

Explore the art of Ballet in this class for new or beginning students! Develop an understanding of terminology, alignment, balance, and artistry through barre, center and traveling exercises. A fun and non-competitive way to immerse yourself in the beauty of dance. Wear comfortable clothes and ballet slippers or socks.

 29408 Beginning Adult Ballet
 Age: 18+

 Min: 3 Max: 10
 W May 01-29

 Instructor: Cris Coffing
 12:00PM-1:00PM

 Location: Si View Community Center
 R: \$70.00 | NR: \$84.00

Beginning Adult Ballet W Jun 05-12 Instructor: Cris Coffing 12:00PM-1:00PM Location Si View Community Center R: \$28.00 | NR: \$33.60

#### **Line Dance**

You don't need a partner or any previous experience to have a great time line dancing! Learn 1-2 new dances to current country and pop hits each week, with time for practice and review. Cowboy/girl boots are encouraged, but any leather soled shoe will work! This class accepts daily sign ups, if the course has not sold out. Cost for single class visit is \$12 R | \$14.40 NR, payable at the time of check-in.

29406 Adult Line Dancing
Min: 6 Max: 24
Instructor: Amanda Johnson
Location: Si View Community Center
Adult Line Dancing
Instructor: Amanda Johnson

Adult Line Dancing
R: \$50.00 | NR: \$60.00

We Jun 05-26
Result Structor: Amanda Johnson

Word Structor: Amanda Johnson

R: \$30.00 | NR: \$36.00

1:15PM-2:15PM

#### **Tap Dance**

Location: Si View Community Center

Come join the fun in adult tap and let yourself go in either intro to tap or advance tap. All ages welcome. Learn the steps and rhythm, travelling steps and shuffles. Wear comfortable clothing and bring your tap shoes. Registration is required.

 29404 Intro/Beginner Adult Tap
 Age: 15+

 Min: 3 Max: 10
 W May 01-29

 Instructor: Cris Coffing
 1:15PM-2:15PM

 Location: Si View Community Center
 R: \$48.00 | NR: \$57.60

 Intro/Beginner Adult Tap
 W Jun 05-12

Location: Si View Community Center

29402 Intermediate/Advance Adult Tap
Min: 4 Max: 10
Instructor: Cris Coffing
Location: Si View Community Center

R: \$24.00 | NR: \$28.80

Age: 15+
T May 07-28

1:00PM-2:00PM

R: \$60.00 | NR: \$72.00

Intermediate/Advanced Adult Tap T Jun 04-11 Instructor: Cris Coffing 1:00PM-2:00PM Location: Si View Community Center R: \$24.00 | NR: \$28.80

#### **Ballroom Dance**

Instructor: Cris Coffing

Want to learn to dance for weddings, cruises, taverns/clubs, or parties? Or, heard that learning to dance is good for your body, your brain, and your spirit? We have options! Learn slow partner dancing with Foxtrot and Waltz basics, where partners are recommended but not required. Non-sticky soled shoes and casual dress recommended.

29401 Foxtrot Age: 15+
Min: 6 Max: 20 TH May 30-Jun 13
Instructor: John Gibson 11:00AM-11:45AM
Location: Si View Community Center R: \$36.00 | NR: \$43.20

# Special Interest

#### **Memoir Writing Group**

Writing What Wants To Be Written: A guided and structured environment for developing a writing practice. Using prompts and some relaxation techniques, we will explore the process of letting ourselves write about that which has personal meaning. We will also have opportunities for sharing with each other. Course is led by Bonnie Novakov Lawlor, M.A., author of Safe To Fall, Memoir of A Mind-Body Healer.

29047 Memoir Writing Group Age: 19+
Min: 2 Max: 18 T May 07-Jun 18
Instructor: Bonnie Lawlor 1:30PM-3:00PM
Location: Si View Community Center R: \$91.00 | NR: \$109.20

#### **Beginning Sewing**

Get started with basic sewing and machine skills while stitching fun projects. Build on what you've learned each week to make pot holders, tote bags, aprons and PJ pants and more if time allows. Included are patterns and fabric plus the use of sewing machines and supplies (Shears, pins, thread, seam gauge, seam ripper, tape measure, highlighter) while attending the class.

29153 Beginning Sewing Age: 19+
Min: 2 Max: 8 SA Jul 13-Aug 24
Instructor:Bonnie Gudaitis 10:00AM-11:30AM
Location: Si View Community Center R: \$90.00 | NR: \$108.00

### Agricultural

#### Sheep & Goats 101 – Husbandry

Sheep and Goats are an excellent source of a variety of homestead products; meat, milk, fiber and lawn care. In this handson workshop we'll discuss the basics of husbandry including feeding, breeding, healthcare, and routine maintenance (including hoof trimming).

 Sheep & Goats 101
 16+

 Min: 6 Max: 15
 SA Apr 13

 Instructor: Feral Woman Farm
 10:30AM – 12:00PM

 Location: Tollgate Farm Park
 R: \$75.00 | NR: \$90.00

#### Sheep & Goats 102 - Goat Milking

Goat milk has the closest protein structure to human milk, and is subsequently the most easily digested by the human body. Those with lactose intolerance are often able to drink goats milk with our negativeside effects. Join us for an hour of demonstration and hands-on experience milking our small herd of goats. We'll discuss food safety, best practices, milk processing and technique.

 Sheep & Goats 102
 Age: 16+

 Min: 6 Max: 15
 SA Apr 13

 Instructor: Feral Woman Farm
 9:00AM - 10:00AM

 Location: Tollgate Farm Park
 R: \$55.00 | NR: \$66.00

# "Out Standing" In the Field - Raising Livestock On Pasture

Join our resident farmer as we walk our fields and discuss our pasture-based livestock system. This is an excellent primer for learning about the basics of portable electric fencing, portable pasture shelters, and some of the benefits and challenges of raising livestock on pasture.

Raising livestock Age: 16+
Min: 6 Max: 15 SA Jun 08
Instructor: Feral Woman Farm 10:30AM – 12:00PM
Location: Tollgate Farm Park R: \$75.00 | NR: \$90.00



# **Adult Sports**

#### Intro to Pickleball: 3 Hour Clinic

Interested in learning to play pickleball, the fastest growing sport in the country? Join this 3-hour clinic to learn all of the basics you'll need to play. We'll cover pickleball rules and court positioning, and practice basic paddle strokes (dink, volley, serve, return). You'll leave with confidence to start playing pickleball. This clinic is designed for brand new players. Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPR certified pickleball coach Chris Fagan and her husband Marty Fagan.

29319 Intro to Pickleball: 3 Hour Clinic	Age: 16+
Min: 4 Max: 12	SÃ Jun 08
Instructor: Chris Fagan	1:00PM-4:00PM
Location: Si View Community Center	R: \$35.00   NR: \$42.00

29320 Intro to Pickleball: 3 Hour Clinic	Age: 16+
Min: 4 Max: 12	SĂ Jun 22
Instructor: Chris Fagan	9:00AM-12:00PM
Location: Si View Community Center	R: \$35.00   NR: \$42.00

29321 Intro to Pickleball: 3 Hour Clinic	Age: 16+
Min: 4 Max: 12	SĂ Jul 13
Instructor: Chris Fagan	9:00AM-12:00PM
Location: Si View Community Center	R: \$35.00   NR: \$42.00

29322 Intro to Pickleball: 3 Hour Clinic	Age: 16+
Min: 6 Max: 12	SĂ Jul 27
Instructor: Chris Fagan	9:00AM-12:00PM
Location: Si View Community Center	R: \$35.00   NR: \$42.00

#### **Coed Softball**

Calling all softball enthusiasts! It's time to gear up for another exciting season of our Adult Coed Softball League! Get ready for some thrilling action on the diamond. Our Coed League offers a fantastic opportunity for teams to showcase their skills with double-headers each week. Games will be scheduled on Tuesday or Thursday evenings, ensuring flexibility for everyone. All games will take place at either Torguson Park or Si View Park, providing convenient and accessible locations for all participants. Team Captain is responsible for registration of the team. For more information, please contact Tyler Burnett at tburnett@siviewpark.org. Don't miss out on the chance to be a part of the excitement of our softball league this season!

29397 Adult COED Softball (Captain Registration) Age: 18+
Min: 4 Max: 10 T,TH Jun 20-Aug 17
Instructor:NA 6:00PM-8:30PM
Location: Si View/Torquson R: \$1000.00 | NR: \$1200.00

Coed Softball Free Agent Registration: For those who do not have a team, please register yourself as a free agent. We will compile the free agent registration and form a Free Agent team. Please contact Tyler Burnett at <a href="mailto:tburnett@siviewpark.org">tburnett@siviewpark.org</a> for more information.

#### **Cornhole League**

Join us at South Fork for our second annual Cornhole League, brought to you by Si View Metro Parks. Gather your friends, family, and neighbors for a summer of fun and friendly competition! Our league format includes 6 regular season games followed by 2 weeks of playoffs. 1 registration per team. A team consists of a team captain, a primary partner, and two subs, ensuring flexibility throughout the season. Don't miss out on this chance to join the Cornhole League and make some lasting memories this summer! Food and beverage from the restaurant may not be brought out to the park. Please enjoy dinner before and after the games. Thank you!

 29399 Adult Cornhole League
 Age: 18+

 Min: 6 Max: 12
 W Jul 10-Aug 20

 Instructor: NA
 6:00PM-8:00PM

 Location: South Fork Landing Park
 R: \$80.00 | NR: \$96.00

#### **Pickleball Skills: Up Your Game!**

Are you an advanced beginner to intermediate pickleball player who wants to improve your skills? Join this 5-week clinic to up your game. We use fun and effective drills, live ball scenarios, and mini-games to help each player improve. Limited to 12 people with a low 6:1 student to coach ratio. Taught by PPR certified pickleball coach Chris Fagan and her husband Marty Fagan. Week 1: Dinking (form, strategy) and volleys (punch volley, block volley). Week 2: Third shot drop, third shot drive, and approaching the kitchen. Week 3: Serve and return technique and strategies. Week 4: Lob and overhead technique and strategies. Week 5: Advanced offensive and defensive play

29323 Pickleball Skills: Up Your Game!	Age: 16+
Min: 4 Max: 12	F Jun 07-28
Instructor: Chris Fagan	5:30PM-7:30PM
Location: Si View Community Center	R: \$80.00   NR: \$96.00

29324 Pickleball Skills: Up Your Game! Age: 16+ Min: 4 Max: 12 F Aug 02-23 Instructor: Chris Fagan 5:30PM-7:30PM Location: Si View Community Center R: \$80.00 | NR: \$96.00

#### **Si View Pickleball Leagues**

Get ready for an exhilarating season of outdoor Pickleball at Si View Park during our upcoming Spring and Summer Leagues! Our Recreation League is perfect for players rated between 1.0 and 3.0, offering a relaxed and enjoyable atmosphere for friendly matches. If you're looking for a more competitive edge, our Competitive League is designed for those rated between 3.5 and 5, where the intensity and excitement of the game are at their peak. Both leagues feature a doubles format. Each team consists of a team captain, primary partner, and two substitutes, ensuring flexibility throughout the season. Team captains are responsible for registration of their team, 1 registration per team. Single players, please reach out to Tyler Burnett at tburnett@siviewpark.org for team placement. Team placement is not guaranteed. Join us for a season filled with excitement, camaraderie and thrilling competition!

29394 Pickleball League Competitive	Age: 18+
Min: 6 Max: 18	M May 13-Jun 24
Instructor:NA	5:45PM-8:00PM
Location: Si View Park	R: \$100.00   NR: \$120.00

29395 Pickleball League Recreation	Age: 18+
Min: 4 Max: 18	W May 15-Jun 26
Instructor:NA	5:45PM-8:00PM
Location: Si View Park	R: \$100.00   NR: \$120.00

 29392 Pickleball League Competitive
 Age: 18+

 Min: 6 Max: 18
 M Jul 15-Aug 19

 Instructor:NA
 5:45PM-8:00PM

 Location: Si View Park
 R: \$100.00 | NR: \$120.00

 29393 Pickleball League Recreation
 Age: 18+

 Min: 6 Max: 18
 W Jul 17-Aug 28

 Instructor:NA
 5:45PM-8:00PM

 Location: Si View Park
 R: \$100.00 | NR: \$120.00

#### **Si View Pickleball Tournaments**

Come and join the fun at the Festival at Mount Si Pickleball Tournament! Our tournament features a round-robin doubles format, offering a relaxed and enjoyable atmosphere for players of all skill levels. With just one registration required per team, it's easy to sign up and be a part of the excitement. Don't miss out on the chance to participate in this fantastic event filled with friends and good times. See you there!

29396 Pickleball Tournament at Festival at Mt Si Age: 18+
Min: 6 Max: 12 SA Aug 10
Instructor:NA 3:00PM-5:00PM
Location: Si View Park R: \$40.00 | NR: \$48.00

# Open Gym

#### **Drop-in Activities**

Please note open gym schedule is subject to change during league play, school breaks and special events. Joining opengym sessions is easy. You can either pay a single day drop-in rate at the time of check-in, or purchase a 10-visit pass that is valid for all open gym sports at Si View Community Center. Passes are valid for one year from the date of purchase.

#### **Pickleball Open Gym**

Come have fun with friends and fellow community members playing pickleball. Open gym times allow attendees to freely play games and compete with others onsite. This is self-organized activity. 3 courts are available to maximize your opportunity to play each day.

#### **Basketball and Volleyball Open Gym**

Open gym basketball and volleyball are times for pick-up games with other community members on site. These are self-organized activities where attendees coordinate games and include all attendees in rotations. Si View Gym can be set up for full court play or half court play. See the schedule for days and times for each sport.

#### Spring 2024 Open Gym Schedule\*

May 1-June 20

Closures: May 27, Jun 13, 14, 19

Monday	Pickleball	12:00PM-3:00PM	3 courts
Monday	.Basketball	8:30PM-9:45PM	Full court
Tuesday	Pickleball	12:30PM-3:00PM	3 courts
Wednesday.	Pickleball	1:15PM-3:30PM	3 courts
		8:15PM-9:45PM	
		9:00AM-11:30AM	
Saturday	Basketball	9:00AM-10:00AM	Full court

#### Summer 2024 Open Gym Schedule\*

June 21-August 26

Closures: Jun 22, Jun 27, Jul 4, Aug 10

Monday	Basketball.	6:30PM-8:00PM	l Full cour
Tuesday	Pickleball	7:00PM-8:30PM	l 3 court
Wednesday.	Basketball.	6:30PM-8:00PM	l Full cour
Thursday	Vollevball	7:00PM-8:30PM	Full cour
		9:00AM-11:00A	
,	,		

<sup>\*</sup>Open gym schedule is subject to change during league play.

#### **Open Gym Rates**

Drop-in, valid for pickleball, basketball or volleyball.

Adults	\$5
Youth/Senior	\$4

# 10-visit punch pass, valid for 12 months from date of purchase

Adults (18-54)R: \$40.00	NR: \$48.00
Seniors (55+)R: \$32.00	NR: \$38.40

# What adult classes would you like to see on the schedule?

We are constantly evaluating our class offerings and looking to serve the needs of the community. Are you interested in additional fitness classes or sports leagues? We'd love to hear from you! Please contact Tyler at <a href="mailto:tburnett@siviewpark.org">tburnett@siviewpark.org</a> today.

# Adult Fitness

#### **Gong Yoga Nidra**

Gong Yoga Nidra uses voice and the sound of the gong along with breath and body awareness and guided meditation to achieve a deep state of relaxation. The guided meditation will segway into an extended gong sound bath. Gong Yoga Nidra can help assist with heightened awareness, relaxation, accelerating healing and therapeutic change within all levels of the physical body, energy body, emotional body, knowledge body and bliss body. Yoga Nidra participants are invited to relax on their back on yoga mats (please bring your own mat) and encouraged to bring a water bottle with closed lid, blankets, yoga props and pillows to keep the body comfortably still. Single day registration available please reach out to Tyler at tburnett@siviewpark.org for information.

29045 Gong Yoga Nidra Age: 18+ Min: 4 Max: 10 T May 07-28 Instructor: Aimee Arendsee 2:00PM-3:00PM Location: Meadowbrook Farm R: \$60.00 | NR: \$72.00

Age: 18+ 29044 Gong Yoga Nidra Min: 4 Max: 10 T Jun 04-18 2:00PM-3:00PM Instructor: Aimee Arendsee Location: Meadowbrook Farm R: \$80.00 | NR: \$96.00

#### Hips, Core, and Pelvic Floor

Are jumping jacks your arch nemesis after childbirth? Do you feel like you never really figured out how to use your core well after kids? Come to this course to learn how to optimize your pelvic health and re-learn how to use your core, all while getting a good workout! Each session will have an educational component directed at pelvic floor health (which includes core function!) as well as a workout focused on making gains in the hips, core, and pelvic floor. Exercises will draw from yoga, barre, and HIIT-type movements as well as gradually progressive impact. \*This course is appropriate for 10 weeks to many years postpartum. Please bring your own yoga mat.

29420 Hips, Core, and Pelvic Floor Age: 18+ Min: 2 Max: 12 W May 08-Jun 12 4:30PM-5:30PM Instructor: Linsey Tracy Location: Meadowbrook Farm R: \$120.00 | NR: \$144.00

Age: 18+ M May 06-Jun 17 29527 Hips, Core, and Pelvic Floor Min: 2 Max: 12 10:00-11:00AM R: \$120.00 | NR: \$144.00 Instructor: Linsey Tracy Location: Meadowbrook Farm

#### Tai Qi and Qi Gong

Tai Qi and Qi Gong are mind-body forms of movement orginally derived from Chinese Martial Arts and are related to the Meridians and points used in Chinese Medicine. They are practiced for flexibility, grounding, increased strength and balance, coordination, more mindful breathing, and enhanced energy flow. The Qi Gong includes many movements based on The Animals which are delightful as they train the body and imagination. All of the movements will be standing and can be modified according to the needs of each individual. These forms are famous for cultivating a fluidity of movement that grows out of increasing our core strength.

29046 Tai Qi and Qi Gong Age: 18+ Min: 2 Max: 15 T,W May 01-Jun 12 10:00AM-11:00AM Instructor: Bonnie Lawlor Location: Si View Community Center R: \$70.00 | NR: \$84.00

See Outdoor Programs on page 17 for more activities!

#### **Sound Healing Sessions**

Relax into deep meditation while bringing your mind, body and spirit into vibrational energetic balance through the sounds of crystal singing bowls, planetary tuned gongs, ocean drums, Koshi chimes and more. Sound healing has been shown to reduce stress, anxiety, depression and blood pressure while creating a deeper state of relaxation and meditation. It cleanses and balances the chakras and promotes mental and emotional balance. Studies have shown sound healing also stimulates and balances the immune, glandular, and nervous systems. Please bring a water bottle, yoga mat/sleeping pad, blanket and pillow (if desired). Doors open at 6:15pm. Doors close at 6:30pm for the start of the event.

29041 Sound Healing Session (1) Min: 2 Max: 20 6:30PM-8:00PM Instructor: Aimee Arendsee Location: Meadowbrook Farm R: \$30.00 | NR: \$36.00

29042 Sound Healing Session (2) Min: 2 Max: 20 Instructor: Aimee Arendsee R: \$30.00 | NR: \$36.00 Location: Meadowbrook Farm

29043 Sound Healing Session (3) Age: 18+ Min: 2 Max: 20 Ť Jun 11 Instructor: Aimee Arendsee 6:30PM-8:00PM Location: Meadowbrook Farm R: \$30.00 | NR: \$36.00

#### Women's Boot Camp

Come join an 8-week women's-only bodyweight circuit class series designed to build strength and improve cardiovascular endurance. This fun and dynamic group class will keep you motivated and help you reach your summer fitness goals in a supportive, judgment-free environment. Whether you're a seasoned gym-goer, a new mom returning to a fitness routine, or a brand new participant, this series is for you. All fitness levels are welcome, modifications will be provided.

Women's Boot Camp Min: 6 Max: 10 Instructor: Hayley Shevlyagin Location: Si View Park

Age: 18+ W Jul 03-Aug 21 7:30AM-8:15AM R: \$90.00 | NR: \$108.00

Age: 18+

T May 14

T May 28

6:30PM-7:30PM

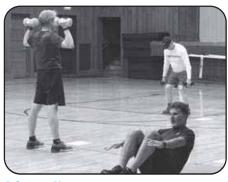


#### **Fitmates**

Are you game for a challenge? Come workout with the Fitmates group! We will be torching calories, toning muscles, and building endurance; all in an energetic setting with a challenge by choice approach. Fitmates will keep you motivated and coming back for more!

Min: 3 Max: 10 Instructor: Michael Gaudio Location: Si View Community Center 10 punch passes, valid for 6 months

Age: 18+ T/TH May 02-Aug 29 6:00PM-7:00PM R \$67.50 | NR \$92.00



#### Ashtanga Yoga

Ashtanga Yoga, the "Eight Limbs of Yoga" is a slow flow, meditative physical practice (3rd limb) infused with breath work (4th limb), yoga philosophy (limbs 1 and 2) and the various levels of meditation (limbs 5-8). Yoga is a way of life which complements your belief system whether you are atheist, agnostic, spiritual or religious. The goals of this practice are to feel more relaxed and centered, flexible and strong and better able to take on all that your life entails. Practicing yoga together builds a strong support system and sense of belonging. The class levels are adapted to suit your experience with yoga, general health and conditioning. The instructor is happy to assist you with deciding on the particular practice to join. Yoga mat required; other props recommended but not necessary.

Instructor: Judy Baldwin Age: 18+ Location: Meadowbrook Farm Min: 4 Max: 15

Ashtanga Yoga Class Schedule				
Class	Day	Dates	Time	Cost R   NR
Gentle yoga	М	May 06-20	4:30PM-5:30PM	\$30 \$36
Gentle yoga	М	Jun 03-17	4:30PM-5:30PM	\$30 \$36
Beginner yoga	М	May 06-20	6:00PM-7:00PM	\$30 \$36
Beginner yoga	М	Jun 03-17	6:00PM-7:00PM	\$30 \$36
Mat/Chair yoga	TH	May 02-30	4:30PM-5:30PM	\$50 \$60
Mat/Chair yoga	TH	Jun 06-13	4:30PM-5:30PM	\$20 \$24
Intermediate yoga	TH	May 02-30	6:00PM-7:00PM	\$50 \$60
Intermediate yoga	TH	Jun 06-13	6:00PM-7:00PM	\$20 \$24
All level yoga	М	May 06-20	7:15PM-8:15PM	\$30 \$36
All level yoga	М	Jun 03-17	7:15PM-8:15PM	\$30 \$36
All level yoga	М	Jul 01-29	4:30PM-5:30PM	\$50 \$60
All level yoga	М	Jul 01-29	6:00PM-7:00PM	\$50   \$60
All level yoga	М	Jul 01-29	7:15PM-8:15PM	\$50 \$60
All level yoga	М	Aug 05-26	4:30PM-5:30PM	\$40 \$48
All level yoga	М	Aug 05-26	6:00PM-7:00PM	\$40   \$48
All level yoga	М	Aug 05-26	7:15PM-8:15PM	\$40   \$48



# Aquatics

# **Prop-In Programs**

Si View Pool is located at the Si View Community Center, 400 SE Orchard Drive. The pool dimensions are 17 yards in length; 8 yards in width with 5 yards of 3 ½ feet depth, and 12 yards of varying depth 5 feet to 9 feet. We currently offer both group and private swim lessons for all ages, water safety courses, aquatic fitness programs, facility rentals and open drop-in activity times.

For questions about Si View aquatic programs, please email us at poolstaff@siviewpark.org or call 425-414-0765.

# Spring/Summer Schedule

#### **Pool Closures**

May 2/	Memoriai Day
Julý 4	Fourth of July
	Festival at Mt Si (closing at 2PM on Aug 9)

#### **Modified Schedule**

May 25, Aug 31	Due to holiday weekend
Lap swim	11:00AM-1:00PM
Public swim	1:15PM-2:30PM

#### Lap swim

Lap swimming is a great way to workout at your own pace, towards your individual goals. Si View pool is 17 yards in length varying in depth from 3  $\frac{1}{2}$  feet to 9 feet. Drop-in rates, punch passes, and one to six month passes available.

#### Spring Schedule through Jun 23

M/W/F	5:45AM-7:30AM
Tu/Th	5:45AM-9:00AM
M-Th	11:45AM-12:45PM
M-Th	7:35PM-8:35PM
F	11:15AM-12:15PM
SA	7:00AM-8:00AM

#### Summer Schedule Jun 24-Aug 25

M-F	5:45AM-7:30AM
T/Th	7:30AM-8:30AM
M-Th	11:45AM-12:45PM
M-Th	7:30PM-8:30PM
SA	7:00AM-8:00AM
*Check <u>www.siviewpark.org/pupdates.</u>	<u>ool-schedule.phtml</u> for schedule
upuates.	



#### **Water Aerobics**

This class is a great cardiovascular workout for ages 12 and up. A no impact water exercise class, using buoyant and resistant equipment. The emphasis is on strength, range of motion and flexibility. It is a workout that can be adjusted to any participant level. Routines are diverse to hold participant interest. Drop-in rates or punch passes available.

M/W/F......7:35AM-8:35AM

#### **Gentle Water Exercise**

This class is geared for people with mobility and joint issues, but open to anyone interested in participating. The Gentle Water Exercise Program is designed to help ease the pain associated with joint and mobility issues through stretching, flexibility and warming movement while providing a fun and social opportunity. No swimming skills required. Drop-in rates.

Apr 15 – Jun 20           M/T/Th	10:30AM-11:30AN

Jun 25 – Aug 22	
T/TH	1:00PM-2:00PM
F	

#### **Public Swim**

Public swimming is a flexible time to come get in the water for exercise or play. Children under the age of 6 must have a parent in the water, within arm's reach, and little ones under the age of 3 and non-potty trained must wear a swim diaper. Drop-in rates, punch passes, and one to six month passes available.

#### Spring through Jun 23

SA	

E-1EDM C-20DM

#### Summer Jun 24-Aug 25

T/TH	3:30PM-4:55PM
F	3:45PM-5:15PM
SA	

Program type	Adult (18-54)	Family	Youth (3-17), Senior (55+), Disability
Drop in Lap/Public/Family Swim/Shower	\$5.25	\$12.75	\$4.25
Drop in Water Aerobics	\$7.00		\$6.00
10 Punch Water Aerobics*	R \$63.00/NR \$75.60		R \$53.50/NR \$64.20
1 month Water Aerobics	R \$70.00/NR \$84.00		R \$60.00/NR \$72.00
10 Punch Pass Lap Swim/Public Swim/ Family Swim/Shower*	\$ 47.25/NR \$56.70	R \$114.75/NR \$137.70	R \$38.25/NR \$45.90
1 Month Pass Lap Swim/Public Swim/ Family Swim/Shower	R \$52.50/NR \$63.00	R \$127.50/NR \$153.00	R \$42.50/NR \$51.00
3 Month Pass Lap Swim/Public Swim/ Family Swim/Shower	R \$141.75/NR \$170.10		R \$114.75/NR \$137.70
6 Month Pass Lap Swim/Public Swim/ Family Swim/Shower	R \$255.15/NR \$306.80		R \$206.55/NR \$247.86

<sup>\*</sup> Punch passes expire one year from date of purchase.

#### **Private Pool Rentals**

Si View Pool can be rented for private parties. Please visit <a href="www.siviewpark.org/si-view-pool-rental.phtm"><u>www.siviewpark.org/si-view-pool-rental.phtm</u></a> or contact <a href="mailto:Travis">Travis</a> James at tjames@siviewpark.org for information and to book your party.

Saturdays	Starting at 2:45PM
Sundays	

#### **Shower Hours**

Drop-in rates, punch passes, and one to six month passes available

M/F	7:30AM-8:35AM
M-Th	12:15PM-12:45PM
M-Th	
F	5:15PM-6:15PM (Summer 2:30PM-5:00PM)
SA	7:00AM-8:00AM
	1:15PM-2:15PM

#### **Pool Rules**

- Shower required prior to entering pool
- Swim test for anyone wanting to go into the deep water required; swim width of pool on front with face in the water and swim width of the pool on back
- Under age of 6 must have a parent in water, within arm's reach
- Under age of 3 and non-potty trained must wear a swim diaper

#### **Steps for Healthy Swimming**

Protection Against Recreational Water Illnesses (RWIs). RWIs are illnesses caused by germs that can contaminate water in pools. Practice the following stapes to protect yourself and others from getting sick. For additional information, please contact the pool staff.

- PLEASE don't swallow pool water. Blow bubbles instead.
- PLEASE wait at least 45 minutes after eating before entering the pool.
- PLEASE practice good hygiene. Shower with soap before swimming and wash your hands after using the toilet or changing diapers. Germs on your body end up in the water.
- PLEASE don't bring children to class if they have been vomiting in the last 24 hours.
- PLEASE take your kids on bathroom breaks or check diapers often. Waiting to hear "I have to go" may mean that it's too late.
- PLEASE change diapers in a bathroom or a diaper-changing area and not at poolside. Germs can spread in and around the pool.
- PLEASE wash your child thoroughly (especially the rear end) with soap and water before they go swimming. Invisible amounts of fecal matter can end up in the pool.
- PLEASE don't swim when you have diarrhea. You can spread germs in the water and make other people sick.

# **Aquatics**

# Learn to Swim Programs

For questions about Si View aquatic programs, please email us at poolstaff@siviewpark.org or call 425-414-0765.

Open enrollment for Summer sessions E, F, and weeklong sessions begins at 7:00AM on Wednesday, May 22 for residents and 12:00PM on Wednesday, May 22 for nonresidents. For Sessions C & D, please see the priority registration information listed below.

Si View Pool is an American Red Cross learn to swim facility. Our instructors are trained and certified to follow ARC learn to swim program course curriculum and criteria for each level. We encourage all new students to review skills covered at each level and the skills needed to pass a level prior to registering for a program. This information can be found online at <a href="https://www.siviewpark.org/aquatics.phtml">www.siviewpark.org/aquatics.phtml</a>. Our ability to make changes or transfer students when a session is in progress is very limited.

#### **Registering for Swim Lessons**

During open enrollment, lessons fill up quickly. We encourage you to register as soon as possible and use the waitlist option if a class has already filled. In the event of a cancellation, we will contact the waitlisted students.

#### Open enrollment sessions:

- · In December everyone can register for session A.
- In May everyone can register for sessions E, F, and the weeklong summer lessons.
- In August everyone can register for session G.

Due to high demand for swim lessons at Si View Pool, District residents have a priority registration period for open enrollment sessions. The next open enrollment is Wednesday May 22. Priority registration for residents will begin at 7:00AM and open enrollment begins at 12:00PM.

How can residency status be verified? To determine whether a residence is within the Park District, the boundary map can be viewed on our website. The Si View registration system assigns residency status based on the physical address associated with the customer account. District residents must have a physical address on file to access resident priority registration. If a PO Box was previously provided, physical address must be added to access resident priority registration. Updating address informaccess resident priority registration. Updating address informacces information is the customer's responsibility. Please contact us at (425) 414-0765 or email poolstaff@siviewpark.org to update your address information on file. Proof of residency such as a driver's license or utility bill, may be required. Account holders may also update their address online by logging in to the Si View registration.

#### Priority registration sessions:

- · Session B: For students enrolled in session A
- Session C: For students enrolled in session B
- Session D: For students enrolled in session C
- Session H: For students enrolled in session G
- Session I: For students enrolled in session H

Priority registration is available a day prior to open enrollment. Opening dates are announced at the beginning of each session. New students can join if space is available. The purpose of the priority registration is to allow students to complete a swim level which typically takes 10 hours of instructional time per level. This applies to both group and private lessons.

Please do not register for more than one day a week, as these limits opportunities for other students to enroll in lessons. If your child has taken time off from lessons, enroll them in a level where they will be comfortable and successful.

Specific swim lesson instructors may be requested. Accommodating requests is subject to staff availability, and not guaranteed.

Session	Priority for students in previous session	Open
С	Monday, April 8, 7:00AM	Tuesday, April 9, 7:00AM
D	Monday, May 20, 7:00AM	Tuesday, May 21, 7:00AM

\*No priority registration for Sessions E, F, and weeklong sessions.

#### **Lesson Options**

Group lessons are available for ages 6 months to adults. The infant-toddler programs require parent participation in the water, but not for students in puddle jumpers II (although sometimes parent assistance is necessary at this age), preschool and youth programs.

Adult lessons are offered for adults who already have comfort in shallow water. Three levels are available: beginner, intermediate and advanced. Adult lessons are offered when there is minimal programming scheduled at the pool.

**Private lessons** are an option. Sometimes group setting is not the best option for student success. We offer a limited number of private lessons throughout the year for students ages 3 and older. Please check the website for availability by session.

We also offer a *developmental swim* team that helps students get ready for USA Swimming Association teams. It is recommended that before joining the swim team, students have completed Youth 5. All group and private lessons, and the swim team follow the same registration cycles and session dates.

#### **Selecting a Course Level**

After reviewing the skills covered for the course level, select a class on the conservative side of the student's skills. It is preferable that they succeed in the appropriate class rather than struggle in one that is difficult. Students will progress through levels at different speeds depending on age, physical coordination, practice outside of class, etc. In most cases, completing a swim level takes 10 hours of lesson time. For students enrolling for lessons for the first time, also check the minimum age requirements for the level. If you are unsure of where to start, we encourage you to schedule an assessment. Swim assessments are free and take about 10 minutes. E-mail Bridget Verhei, bverhei@siviewpark.org.

<u>Students enrolled in courses beyond their skill level may be withdrawn by staff.</u>

#### **How to Register**

Swim lesson registration is available through our online portal. You can select the appropriate level to view all available courses. Visit <a href="www.siviewpark.org/aquatics.phtml">www.siviewpark.org/aquatics.phtml</a> to get started with registration. If you are new to Si View programs, you will need to create an online account prior to registration. You can also register by phone (425) 831-1900 or in-person at the pool or at our admin office. Be sure your account information is up to date and that you only have one account.

#### **Missed Classes or Withdrawals**

We do not offer make-up days for any class days that a student misses, but we do encourage attendance for the rest of the session. Sometimes we must cancel a class day due to inclement weather or contamination, in those cases we credit students for the cancelled class. If you need to withdraw from a course

that is in progress, **please see our refund policy on page 4 for details**. We are not able to transfer students from one class to another mid-session due to the large number of students enrolled in our programs.

#### **Scholarships**

Learning to swim is a critical life skill. Our goal is that everyone in our community can learn to swim. Financial need-based scholarships are available year-round. Please contact us for information and application before registering for a class. Scholarship applications take a week for approval.

#### **How to Prepare for Lessons**

For first time students, it is a good idea to visit the pool prior to session starting. The Public Swim times are perfect for familiarizing students with the facility, the locker rooms, and the pool deck. For your lessons, please arrive at least 5 minutes



before the start of your swimwear and bring a towel. If your child is not fully potty trained, please have them wear a swim diaper with snug fitting legs. It is best not to bring your child to a class with a full stomach, save snacks for the way home. Parents are welcome to stay on the bleachers during the lessons. It is helpful for parents to learn your child's instructor's name, and the swim class level (such as Pre 1 or Youth 1) prior to arrival. We have just a few minutes in between lessons for communication with parents, if you anticipate a longer conversation, please call 425-414-0765 or email <a href="mailto:bverhei@siviewpark.org">bverhei@siviewpark.org</a> to schedule a time to meet.

#### **Water Safety Tips for Recreating Outdoors**

Our community has many options for open water outdoor recreation. Swimming in a natural environment is different from swimming in a pool, with risks including currents, waves, and underwater obstructions. The water in our area is also cold, always watch for signs of hyperthermia.

- Designate one person in your group to be on active watch of swimmers in the water at all times. Accidents can happen quickly.
- Always enter unknown or shallow water feet first.
- It is important for everyone to learn how to swim to have skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely.
- Émploy layers of protection including barriers to prevent access to water, life jackets, and close supervision of children to prevent drowning.
- Know what to do in a water emergency including how to help someone in trouble in the water safely, call for emergency help and CPR.

Help Your Family Be Safer in and Around Water. Children and adults can learn to be safer in and around water with Swim by the American Red Cross. Learning to enjoy the water safely should be the first step for anyone who will be around water. Have fun learning water safety in an engaging way with video and activities for kids and families. Track your kids' progress with a FREE American Red Cross Swim App as they learn to swim. You can find it in the iTunes store and the Google Play store online. For more safety tips in, on and around the water, take the Colin's Hope Quiz:

www.colinshope.org/water-safety-resources/water-safety-quiz/



#### **Now Hiring Lifeguards!**

Si View Pool has immediate openings for qualified candidates for Lifeguard positions. Training is provided, see Lifeguard Training course for details. ARC certification fee of R \$50.00 | NR \$60.00 is the responsibility of the applicant. Lifeguarding is an excellent opportunity to build leadership skills and gain experience working in a busy setting.

#### American Red Cross Programs

#### **Lifeguard Class**

The purpose of the American Red Cross Lifeguarding course is to provide entry level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and illnesses until emergency medical services personnel take over. Upon successful completion of the course participants will be certified in Lifeguarding, CPR for the Professional Rescuer, Automated External Defibrillator and First Aid. Students will be e-mailed a link to do the book & video work at home (approx. 6 hours). Blended learning work should be completed before the start of each corresponding class session and MUST be done by the end of the course.

<u>Prerequisites</u> Must be 15 years old by last scheduled day of the class; swim 150 yards of front crawl and/or breaststroke continuously demonstrating breath control and rhythmic breathing, tread water for two minutes with no hands, swim 50 yards (all without stopping) and swim 20 yards, retrieve a 10-pound brick from 9 foot depth and swim 20 yards with the brick. Both hands must be on the brick. The course fee includes Red Cross certification fees, a libraried lifeguard training book and pocket mask. Please bring each day: swimsuit, towel, water & snacks and participant manual.

 Lifeguard Course
 Age: 15+

 Min: 3 Max: 9
 May 18-23

 Instructor: Si View Staff
 SA 12:00PM-7:30PM

 Location: Si View Pool
 M-Th 3:00PM-8:00PM

 R \$52.50 | NR \$72.00

#### **Junior Lifeguard class**

Must be able to swim 50 yards of crawl stroke or breaststroke. Students will be learning the skills for the American Red Cross Lifeguarding program and swim instruction. On the last day we will have a pizza party. What to bring each day: Swim suit, Towel, Snacks, Lunch, Container for water.

 Junior Lifeguard Class
 Age: 11-14

 Min: 3 Max: 9
 M-Th Jul 08-11

 Instructor: Si View Staff
 9:00AM-3:00PM

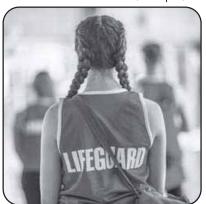
 Location: Si View Pool
 R \$125.00 | NR \$150.00

 Junior Lifeguard Class
 Age: 11-14

 Min: 3 Max: 9
 M-Th Aug 12-15

 Instructor: Si View Staff
 9:00AM-3:00PM

 Location: Si View Pool
 R \$125.00 | NR \$150.00



# Aquatics

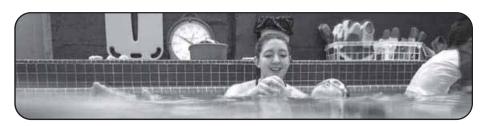
#### Swim Lesson Schedules

For questions about Si View aquatic programs, please contact us at <u>poolstaff@siviewpark.org</u> or call 425-414-0765.

Open enrollment for Session E, F, and weeklong swim lessons begins online at 7:00AM on Wednesday, May 22. 7:00AM for District residents, 12:00PM for non-residents.

#### See page 23 for registration information.

Please note that we do not offer refunds, credits or make-up classes for missed days. See page 4 for our refund policy.



#### **Weeklong Sessions**

Weeklong session is one week with classes offered 4-5 days in a row. Morning sessions are M-F, midday & evening sessions are M-Th.

Session	M-F (5 lessons*)	M-Th (4 lessons)
Week 1	June 24 – June 28	June 24 – June 27
Week 2	July 1 – July 5*(4)	July 1-July 3*(3)
Week 3	July 8 – July 12	July 8 – July 11
Week 4	July 15 – July 19	July 15 – July 18
Week 5	July 22 – July 26	July 22 – July 25
Week 6	July 29 – August 2	July 29 – August 1
Week 7	August 5 – August 9	August 5 – August 8
Week 8	August 12 – August 16	August 12 – August 15
Week 9	August 19 – August 23	August 19 – August 22

#### \*No lesson on Thursday, July 4

#### **Monthly sessions**

Month long sessions include lessons for levels Parent-Tot – Youth 5 once per week. See schedules on our website.

Once a week	Days	Dates (lessons)
Session E	М	June 24 – July 22 (5)
Session E	T	June 25 – July 23 (5)
Session E	W	June 26 – July 24 (5)
Session E	Th	June 27 – July 25 (4)*
Session E	SA	June 29 – Aug 3 (6)
Session F	М	July 29 – August 19 (4)
Session F	T	July 30 – August 20 (4)
Session F	W	July 31 – August 21 (4)
Session F	Th	August 1 – August 22 (4)

<sup>\*</sup>No lesson on Thursday, July 4

#### **Swim Lesson Fees**

Parent-Tot	Session length	Resident	Non-resident
	4 lessons	\$44.00	\$52.80
	5 lessons	\$55.00	\$66.00
	6 lessons	\$66.00	\$79.20
Preschool, Youth, Adult	Session length	Resident	Non-resident
	4 lessons	\$48.40	\$58.00
	5 lessons	\$60.50	\$72.50
	6 lessons	\$72.60	\$87.00
Swim Team	Session length	Resident	Non-resident
	4 lessons	\$57.40	\$68.80
	5 lessons	\$71.75	\$86.00
	6 lessons	\$86.10	\$103.20
Private Lessons	Session length*	Resident	Non-resident
	Cost per lesson	\$55.00	\$66.00

<sup>\*</sup>Must register for the full length of the session\*

# **Meadowbrook Farm**

Meadowbrook Farm is 460 acres of historic public open space on the Snoqualmie Valley floor, located within the cities of Snoqualmie and North Bend. The birthplace of the Snoqualmie tribe, this land was maintained for thousands of years by the Snoqualmies as a hunting and food-growing prairie. Early white settlers homesteaded the land for farms, and these were consolidated during the late 1800s to form the world's largest hop ranch. Subsequent farmers raised crops, dairy herds, green chop and hay.

The land was acquired as jointly owned public open space by the cities of Snoqualmie and North Bend in 1996 for wildlife habitat, historic and cultural interpretation, ongoing agriculture, and public recreation; today much of Meadowbrook Farm remains open field and wetland forest, as it has been for centuries. Come walk across the meadow and through the woods, come for a class or just admire the view of this beautiful place. Remember, Meadowbrook Farm area is ancestral land and sacred to the Snoqualmie People: please visit respectfully and care for the land, the wildlife and the native plants that live here.

#### Meadowbrook Farm is located at 1711 Boalch Avenue in North Bend.

- For additional information about classes, please contact Mary Norton by email <u>maryjoe4813@gmail.com</u>
- To learn more about the Meadowbrook Farm Preserve, please visit <u>www.meadowbrookfarmpreserve.org</u> or email info@meadowbrookfarmpreserve.org
- For facility rental information, please contact Si View Metro Parks, 425-831-1900.

#### **Snoqualmie 101**

Friday April 26, 7:00PM

Meadowbrook Farm Interpretive Center Fre

Enjoy an evening with Snoqualmie Valley Historical Museum's Cristy Lake and find out about the history of the town of Snoqualmie. From its geologic origins, thousands of years of tribal life, and early pioneers, gain a new appreciation for our special home place. See rare photos from the museum's collection and find out about the real people and their times in Snoqualmie. Families welcome!

#### **Choose to Coexist with Wildlife**

Friday May 3, 7:00PM

Meadowbrook Farm Interpretive Center Free

Choosing to live and recreate in Northwest forests means interactions with the wildlife who already live here. Spend the evening with Snoqualmie Tribe wildlife biologist Ezekiel Rohloff to learn strategies for thoughtful, peaceful coexistence with our local wildlife species. Personal safety information will be shared, as well as ways to best protect the animals we may encounter from becoming desensitized to people in their own habitat.

#### **Summer Bird Walk**

Saturday June 1, 9:00AM

Meadowbrook Interpretive Center Free

Join wildlife biologist and bird watcher Harold Erland for a walk on Meadowbrook to see and hear summer birds. Bring binoculars and dress for the weather, including boots for wet areas. Plan to learn some new bird calls! Children welcome.

#### Hike to the Big Cedar

Saturday June 8, 9:00AM

Meadowbrook Farm Interpretive Center

Walk through Meadowbrook's forested riparian woodlands to see an old growth cedar tree over 500 years old! Learn about what an important tree cedar was for Northwest Tribes and early pioneers and appreciate other native plants as we walk. Dress for the weather, with boots for wet areas. Children welcome; not suitable for strollers. Heavy rain or wind will cancel.

#### **Outdoor Adventure Jamboree**

Wednesday June 26, 11:30AM-3:30PM

Meadowbrook Farm Interpretive Center

Come explore many outdoor activities available in and around the Snoqualmie Valley. Play games, do crafts and more, from local outdoor-oriented groups and businesses. Families welcome; especially fun for children 3-12.

# Meadowbrook Farm Visit www.siviewpark.org for rental information

#### **Build Your Own Northwest Coast Drum**

July 6 and July 13 (attend both days to finish drums!) 9:00AM-11:00AM

Meadowbrook Farm Interpretive Center materials cost \$100, pay at first class.

Build your own Northwest Coast style wooden drum and beater using natural materials, guided by historian/educator Greg Watson. Use and enjoy for a lifetime! Limited to 8 students, high school or adults. Pre-register at <a href="mailto:redclayhalo@q.com">redclayhalo@q.com</a> to reserve materials for your drum.

#### North Bend 101

Friday August 30, 7:00PM

Meadowbrook Farm Interpretive Center

Fre

Join the Snoqualmie Valley Historical Museum's director Cristy Lake to find out about the history of North Bend. Beginning with the last ice age, discover why this valley has been important to people for thousands of years. Special photos from the Museum's collection will give vivid glimpses into North Bend's colorful past and personalities. Families welcome!

#### **Guided Hikes on Meadowbrook!**

Would you like a personalized hike or walk on Meadowbrook for your family, friends or troop? Have any area you would like to explore further? We will work with you to plan a unique hiking experience just for you! Email <a href="mailto:info@meadowbrookfarm-preserve.org">info@meadowbrookfarm-preserve.org</a> to learn more.



#### Wildlife Watching Tips

- Always observe from a distance, preferably downwind.
- · Use binoculars or spotting scopes.
- Talk and move quietly; minimize sharp sounds.
- Early morning and twilight are ideal times to see animals; also check nearby fields for herds.
- Do not disturb animals in mating season, particularly bull elk in the fall rutting season.
- Never come between a mother and her offspring.
- If an animal becomes nervous or moves away, you are too close.
- Pets should stay home.





# CITY OF NORTH BEND

# Your parks are growing...and you will the enhancements!



North Bend's numerous parks and trails provide multiple opportunities for enjoying team sports, hiking, fishing, bicycling, climbing, river sports, wildlife observation and scenic views, all within a short walk or bike ride from residents' front doors.



#### Coming to North Bend by spring 2024:

The new, four-acre Dahlgren Family Park connects to King County's Tanner Landing Park, providing direct access to the Middle Fork Snoqualmie River. Park development included a partnership with the State Department of Natural Resources. Amenities include a sand volleyball court, a picnic shelter, mountainviewing, playground equipment, and more.



The new 32-acre Tennant Trailhead Park will offer various levels of mountain biking and hiking trails. Eventually it will link to the Raging River trail system. This land was conserved with the help of Trust for Public Land, and involved work with many project partners, including the original stewards of the area, the Snoqualmie Tribe, Si View Metro Parks, the City of North Bend, King County Parks, and Evergreen Mountain Bike Alliance.

#### Want to help put some extra care into your favorite park?

The City has an Adopt-a-Park Program perfect for individuals or groups wishing to put a little extra 🤎 into our parks. Contact Mike McCarty: MMcCarty@northbendwa.gov, or call (425) 888-7649.

#### Summer Community Events in North Bend

#### Sip Suds and Si

#### May 18

Live music, mountain town shopping, and of course, local and regional wine and beer tasting return to downtown North Bend this spring. Support local businesses while enjoying our beautiful mountain town alongside neighbors and friends. For more information, visit www.northbenddowntown.org/

#### **Farmers Market and Concerts at Si View Park**

#### June 6 to September 12

Great community atmosphere in the heart of North Bend. The market, coordinated by Si View Metro Parks, is a summer tradition for many. Thursdays 4 to 8 p.m. with live music each week starting at 6 p.m.

#### Summer Movie Matinees

#### W, Th, Fr June 26-August 23

Come see free, family friendly films this summer at the local movie theatre. For the weekly schedule, visit www.northbendtheatre.com.







#### **Downtown Block Party**

#### July 20

Music and entertainment fans need look no further than North Bend Way to find a bevy of local and regional bands and other performances, along with a free Kid Zone, and many local artists and organizations from noon to 10 p.m. This event is designed to showcase the community. Don't miss this day in downtown North Bend, when the streets are filled with music, laughter, and art! For more information, visit www.northbenddowntown.org/events.

#### Movie in the Park

#### Aug 22

It's outdoor movie time! An all-ages movie will be shown at dusk at Si View Park. Pack along a picnic blanket or a lowsitting lawn chair. Come early to enjoy music and treats from the Farmers Market, movie starts around 8:20pm. Sponsored by King County Parks and Si View Metro Parks.

#### **Theater in the Park**

#### July 20-21

Experience live outdoor theater at Si View Park! Bring a picnic blanket or a lawn chair and come enjoy a production of Charlotte's Web, an action-packed, musical comedy for all ages! For show times, visit www.siviewpark.org.

#### Festival at Mt Si

#### Aug 10 - 11

The Festival at Mount Si honors the community spirit of North Bend as it preserves the past, celebrates the present, and embraces our future. For more information and a full list of the events, visit www.festivalatmtsi.org.



Visit www.NorthBendWa.gov to learn more about your parks, and www.NorthBendDowntown.org to learn more about North Bend community events!

PROTECT | RESPECT | RESTORE

# Snoqualmie Tribe Ancestral Lands Movement

The Ancestral Lands Movement seeks to raise awareness of the Snoqualmie people who have lived in the southern Salish Sea region since time immemorial and share the significance of these lands and provide information on how people can help the Tribe in respecting, restoring, and protecting these lands.

# Recreational Impacts on Tribal Lands

As the population has grown in the region, the Snoqualmie Tribe's Ancestral Lands have been heavily impacted by recreation. This impact is especially apparent at the popular trails in the Snoqualmie corridor area, where increased visitation has had a negative impact in many areas.

Through education and awareness, individuals can integrate land acknowledgement and respect for the Snoqualmie Tribe into their recreational practices and experiences.

# Where You Can Learn More

The Tribe has produced and shared a variety of resources for individuals to learn more about the importance of the Snoqualmie Valley to the Snoqualmie people, how individuals can recreate in mindful and respectful ways, and opportunities to contribute to the protection and restoration of these lands.

Scan this QR code with your phone to visit the webpage with resource links, or follow us on Facebook and Instagram to learn more about the Snoqualmie Tribe Ancestral Lands Movement.







@snotribeancestrallandsmovement



@SnoqualmieTribeAncestralLandsMovement







#### Locations

Rattlesnake Lake Recreation Area Open Daylight Hours

Watershed Education Center Thursdays and Fridays, 12-5pm Saturdays, 10am-5pm

17905 Cedar Falls Rd SE North Bend, WA 98045

From I-90 east, take exit 32. Go south on Cedar Falls Road for about 3 miles. Parking for Lake on right. Parking for Center about 3/4 mile ahead on right.

# Cedar River Watershed Education Programs



Connecting people to the source of Seattle's water supply. It's closer thank you think – come and see!

Connect with Us:

206-733-9421

crwprograms@seattle.gov Seattle.gov/utilities/crwec

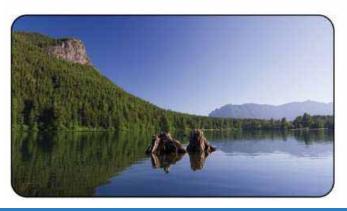
Facebook: @CRWprograms

Scan with your smartphone camera



#### Rattlesnake Lake Recreation Area

The Rattlesnake Lake Recreation Area is a day-use area located outside of the Cedar River Municipal Watershed. The recreation area includes the 111-acre lake, picnic areas, the Rattlesnake Ledge Trail, and parking access to miles of State Park and King County hiking, biking, and horse trails.



#### **Cedar River Watershed Education Center**

The Cedar River Watershed Education Center is a regional education facility connecting people with the source of their water. Nestled above the shores of Rattlesnake Lake in the Cascade foothills, the Center is a gateway to the Cedar River Municipal Watershed, which provides drinking water for 70% of the 1.5 million people in the greater Seattle area. managed by Seattle Public Utilities.



# **Snoqualmie Valley Libraries**

Come visit your King County Library System libraries and enjoy events and activities this winter. See our calendar at <a href="www.kcls.org/events">www.kcls.org/events</a> for more in-person and virtual events for children, teens and adults.

Visit KCLS library locations to browse for books, use computers and printers, and more. On our website, find resources to help with homework, songs and rhymes by children's librarians, and online tutors, in addition to books, movies and music online.



**Fall City Library** 33415 SE 42nd Place Fall City

425-222-5951

North Bend Library 115 E 4th Street North Bend 425-888-0554 **Snoqualmie Library** 7824 Center Blvd SE Snoqualmie **425-888-1223** 



#### **Story Times**

Come for fun story times at the Fall City, North Bend and Snoqualmie Libraries! Enjoy stories, music, movement, and rhymes that develop your child's early literacy skills. All young children welcome with adult. Schedule at <a href="https://l.kcls.org/StoryTimesFC-NB-SN">https://l.kcls.org/StoryTimesFC-NB-SN</a>.

#### **Lego Block Parties**

Build together at an unstructured, creative play open-house. Stay for the entire session or pop in for a few minutes. We supply the bricks and other construction toys; you supply the imagination! https://l.kcls.org/LEGO-NB-SN-FC

#### **Tales and Ales**

Join us on the third Wednesday of the month for a drink and a nice chat about books at different pubs around the area. Check out <a href="https://l.kcls.org/talesandales">https://l.kcls.org/talesandales</a> for booklists, locations, and more information. Ages 21 and up!

#### **Book Groups**

Open to new members -- new voices and perspectives are always welcome! https://1.kcls.org/bookgroups (Online groups at <a href="https://1.kcls.org/FTBG">https://1.kcls.org/FTBG</a>)



### North Bend Library

# Aging Well Learning Community at the Library and Online

The Aging Well Learning Community is an open learning community dedicated to aging well with consciousness, courage, and contribution. For more information see <a href="https://l.kcls.org/agingwell">https://l.kcls.org/agingwell</a>.

#### **Chess Club**

Play chess and have fun on the second and fourth Saturday of the month from 1-3pm. All levels are welcome, ages 6 and up. Register at https://l.kcls.org/chessclub.

#### **Family Day**

#### Saturday, June 29, 1-4pm

Games on the lawn, free ice cream, story time with special guest Pete the Cat, and a Foam Party!

#### **Family Game Night**

Come play plugged and unplugged games with the whole family! Check <a href="https://1.kds.org/gamenights">https://1.kds.org/gamenights</a> for dates and times!

#### **Snoqualmie LGBTQ+ Youth Group**

The Snoqualmie LGBTQ+ Youth Group is a free support group open to youth ages 22 and younger. Brought to you in partnership with Lambert House. Before attending, please email <a href="mailto:kcqroups@lamberthouse.org">kcqroups@lamberthouse.org</a> to register.

#### **Ultimate Hangout**

Play games, video games, ping pong or trivia, make crafts, watch movies, build something with Legos, do homework, or just hang out. Snacks and drinks provided. <a href="https://l.kcls.org/ultimatehangout">https://l.kcls.org/ultimatehangout</a>

# Fall City Library

#### **Ukulele Workshops**

Come for fun ukulele classes! Strum into the world of music! Check <a href="https://l.kcls.org/ukuleleclass">https://l.kcls.org/ukuleleclass</a> for dates and times.

#### Geocaching

More geocaching workshops this summer! Geocaching is the world's largest treasure hunting game, and go on a hunt for local geocaches. Look for programs at https://1.kcls.org/geocaching



# Snoqualmie Library

#### **Blood and Guts**

#### Tuesday, June 18, 4-7pm

Build a skeleton, test your senses, and see specimens up close in this exhibit set that tours the human body. Presented by the Pacific Science Center.

#### **Winnie the Pooh Puppet Show**

#### Saturday, June 22, 3:30pm

Join a wondrous Christopher Robin as his toys come to life in Thistle Theatre's production of "Winnie-the-Pooh".

#### **Youth Writers Group**

Share and practice your writing with other teen writers every first and third Monday at the Snoqualmie library! Writers of any skill or genre are welcome. Check out https://1.kcls.org/youthwritersgroup for more information.



Connect with us via social media!



#### Facebook:

/FallCityLibrary /NorthBendKCLS /SnoqualmieKCLS



#### Instagram:

@kclsfallcitylibrary@kclsnorthbendlibrary@kclssnoqualmielibrary



# Mt. Si Senior Center

#### Lunch at Mt. Si Senior Center

#### Mon-Fri at noon

A delicious, nutritious meal served daily. Adults 50+ and their guests are welcome.

Ages Fee 60 & older Sugg Under 60 \$8

Suggested donation of \$5

#### Programs for adults 50 and older

411 Main Avenue S • North Bend WA 98045

www.mtsiseniorcenter.org • 425-888-3434

Senior Center Hours Monday—Friday 9AM—4PM

#### **Special Lunches**

Birthdays 2nd Th each month "Taste Of" Culinary Adventure 3rd Th each month

<u>Celebration Lunches:</u> Cinco de Mayo (May 3), Mother's Day (May 10), Memorial Day (May 24), Father's Day (June 14), Summer Solstice (June 20), and 4th of July (Jul 3)

# ASPICIO CENTER

MSSC enhances the quality of life for adults age 50+through its social, recreational, health & wellness, nutritional, information/referral, transportation, and housing programs.

# Health, Wellness, Information & Assistance Call 425-888-3434 to make an appointment for these programs.

**Senior Advocacy** / **Information and Assistance**: We can help with questions, resources, and paperwork to access financial assistance, food assistance, affordable senior housing, and other senior services.

**Medicare Optimized:** Been on Medicare for years, new to the program, working after 65, or have special needs? Know your rights and options.

Senior Mobile Medical Outreach: Free mobile health care for chronic conditions provided onsite. 1st & 3rd Mon each month 10am—2pm

Foot Care: by appointment call 425-888-3434

#### **Special Programs**

Programming in Spanish / Programación en español: We partner with SeaMar to provide Spanish language programming and services. Nos estamos asociando con SeaMar para brindar programación y servicios en español. 2nd Tue each month | 2do martes de cada mes | Contacto: ClemenciaRobayo@seamarchc.org 425-373-6587 o 206-764-4700

**Breakfast Bites:** Enjoy a light breakfast and coffee/tea with friends. **Tu & F each week 9am - 11am. \$3 Suggested Donation** 

Tea @ Three: British High Tea with twist. 3rd Wed each month. \$3

A Little Lunch Music: Lunch time musical performances. Each month 1st Wed guitar, 2nd Th piano, & 4th Tu flute

Encompass Kinship Care Group: Weekly support group for grandpar-ents raising grandkids. Every Wed 1-2 pm via Zoom (with some in-person options) | Email: laura.lewis @encompassnw.org

**Chai & Chat:** Join us at MSSC for Chai, socializing & friendship! Hosted by Indian American Community Services at MSSC. Every quarter.

#### **Affordable Senior Housing**

Mt. Si Senior Center owns two affordable senior apartment buildings for in-come eligible seniors. Contact the apartment manager directly for information.

Sno Ridge Apts: 425-888-2793 sno.ridge@ad-west.com

Cascade Park Apts: 425-888-0410 cascade.park@ad-west.com

Fitness Classes	Win prizes through our Shape-Up program!		
Class	Days	Times	Fee
Huff and Puff	M, W, F	9:00 AM	Donation
Cardio Dance / Fit	M-W-F	10:00 AM	\$5 per class
Chair Yoga	M, W, F	11:00AM	Donation
Tai Chi	T, Th	9:00 AM	\$5 per class
Strong at Any Age	T, Th	10:00 AM	\$5 per class
Line Dancing	T, Th	11:00AM	\$5 per class
Ask us about the Shape introductory price			

Tabletop		1:00PM - 4:00PM ends or join others
Activity	Games	Days
Tiles	Rummykub, Mahjong, Dominoes	М
Cards	Pinochle, Cribbage, Bridge	Tu
Dice	Hand & Foot, BUNCO!	W, F
Cards	Pinochle, Cribbage, Bridge, Dominoes	Th
Strategy	Rummykub, Chess, Checkers, Chinese Go, Hand & Foot	: F

Social & Recreational Activities		Join us for fun all day long!	
Activity	Days	Times	Fee
Calling All Puzzlers	M, T, W, Th, F	All Day	Free
Crafter's Corner	М	12:30 PM to 4:00 PM	Free
Yarn Therapy	W	11:00 AM to 4:00 PM	Free
SnoValley Quilters	W	11:00 AM to 4:00 PM	Free
Adult Coloring Club	M, T, W, Th, F	1:00 PM	Free
Trivia Time	4th W ea month	1:30 PM—3:00 PM	Free
4th Fri Book Club	4th F ea month	9:15 AM	Free
Calling all Volunteers Small Project Day	4th Tu ea month	1:00 PM - 3:00 PM Anyone may join	Free

#### **Mt. Si Senior Center Rentals**

Contact programs@mtsiseniorcenter.org

#### Find out what's going on!

Pick up a newsletter, visit our website, or like Mt. Si Senior Center on Facebook

# Snoqualmie Valley Transportation is your local bus company

We offer both fixed route and door-to-door service M-F for \$1

Call 425-888-7001





# Mt. Si Senior Center

# community Needs Survey

# **WE WANT TO HEAR FROM YOU!**

Mt. Si Senior Center would like to hear from adults 45+ to learn about your community and what you'll need as you get older to make your community a great place to live. This survey is being conducted in support of Mt. Si Senior Center's Community Needs Assessment and Strategic Plan. Your views are important!

2 WAYS TO GET INVOLVED:



TAKE THE SURVEY



PROJECT WEBSITE OR CODE



TAKE THE SURVEY IN PERSON AT:

Mt. Si Senior Center

North Bend and Snoqualmie Libraries

Si View Metro Parks

**Snoqualmie Valley YMCA** 

\*ADDITIONAL IN-PERSON SURVEY LOCATIONS LISTED ON THE PROJECT WEBSITE

PRSRT STD U.S. POSTAGE **PAID** SEATTLE, WA PERMIT NO. 1





# Premier Recreation

YEAR-ROUND PROGRAMS!

snvysa.org // cascadefc.org







